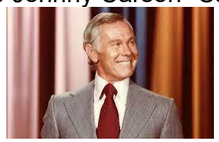
Morning

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:15 Sing Along -Dana 10:00 Move Your Body! -Dana **10:30 Music Therapy w/Dancia**	**2** 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:30 Rock N Roll Hall of Fame -Carl 	**3** 9:30 Sing Along -Erin 10:00 Fitness Frenzy -Erin 10:30 Country Hits Day -Erin **11:00 Divine Mercy in the Ponds** **11:00 Interfaith Service in Chapel**	**4** 9:30 Sing Along -Erin 10:00 Balloon Bop -Erin 10:30 Rock n' Roll Hall of Fame Anniversary -Erin 11:00 National Wildlife Day -Erin	**5** 9:45 Morning Stretch -Lori 10:15 EZ Does It Trivia -Lori 11:00 Olleyball -Lori
6 9:45 Morning Stretch -Lori 10:15 Kickball -Lori 11:00 Mass on TV	***Happy Birthday Barb B.!*** **7** 9:45 Kickball -Lori 10:15 What's My Job? -Lori 11:00 Sing Along -Lori Labor Day	**8** 9:15 Sing Along -Dana 10:00 S-T-R-E-T-C-H -Dana **10:30 Music Therapy w/Dancia** **12:00 Lunch Outing to Pizza Luce**	**9** 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:30 Shake Those Hips Day- Elvis on Ed Sullivan -Carl 	**10** 9:30 Sing Along -Erin 10:00 Fitness Frenzy -Erin 10:30 Bing Crosby's Life -Erin **11:00 Divine Mercy in the Ponds** **11:00 Interfaith Service in Chapel**	**11** 9:30 Sing Along -Erin 10:00 Fitness Frenzy -Erin **10:15 Music with Bobby** 11:00 Finish the Lyrics -Erin Rosh Hashanah Begins	**12** 9:45 Balloon Volleyball -Carl 10:15 Sing Along -Carl 10:45 Johnny Carson -Carl 
13 9:45 Balloon Volleyball-Carl 10:15 **Grandparents Day** -Carl 11:00 Mass from Washington DC -Carl Grandparents Day	**14** 9:30 Sing Along -Erin 10:00 Chair Dancing -Erin 10:30 Guess the Hollywood Star -Erin 11:00 Hollywood in the 50's -Erin 	**15** 9:15 Sing Along -Dana 10:00 S-T-R-E-T-C-H Dana **10:30 Music Therapy w/Dancia**	**16** 9:15 Balloon Volleyball -Carl 9:45 Elvis Sing Along -Carl 10:30 Viva Las Vegas -Carl 	**17** 9:30 Sing Along -Erin 10:00 Fitness Frenzy -Erin 10:30 Race Car Driver Paul Newman -Erin **11:00 Divine Mercy in the Ponds** **11:00 Interfaith Service in Chapel**	**18** 9:30 Sing Along -Erin 10:00 Fitness Frenzy -Erin 10:30 The Rat Pack and Las Vegas -Erin 11:00 All About Frank Sinatra -Erin 	**19** 9:45 Twist and Shout -Dana 10:15 Catch! -Dana 11:00 Mary Tyler Moore -Dana
20 9:45 Sing Along -Dana 10:15 Higher Heartbeats -Dana 10:45 Guess the Hymn -Dana 11:00 Mass on TV Yom Kippur Begins	**21** 9:30 Sing Along -Erin 10:00 Chair Dancing -Erin 10:30 *The Sound of Music* -Erin 11:00 Best of Big Bands -Erin	**22** 9:30 Sing Along -Erin 10:00 Move & Groove -Erin **10:30 Music Therapy w/Dancia** Autumn Begins	**23** 9:15 Sing Along -Dana 10:00 S-T-R-E-T-C-H -Dana 10:30 Women in Country Music -Dana 11:00 Rosary	**24** 9:30 Sing Along -Erin 10:00 Fitness Frenzy -Erin 10:30 Gene Kelly -Erin **11:00 Divine Mercy in the Ponds** **11:00 Interfaith Service in Chapel**	**25** ***Happy Birthday Marlene L.!*** 9:30 Sing Along -Dana 10:00 Reach High -Dana 10:30 All About Sandra Day O'Connor -Dana 11:00 Famous Sandys -Dana Sukkot Begins	**26** 9:45 Morning Stretch -Erin 10:15 Yellowstone National Park -Erin 11:00 All About Lucille Ball -Erin
27 9:45 Sing Along Exercise -Erin 10:15 Religious Trivia & Music -Erin 11:00 Mass on TV	**28** 9:15 Sing Along -Dana 10:00 Reach Higher -Dana 10:30 Babe Ruth -Dana 11:00 Baseball Terms -Dana	**29** 9:15 Sing Along -Dana 10:00 S-T-R-E-T-C-H -Dana **10:30 Music Therapy w/Dancia**	***Happy Birthday Joan L.!*** **30** 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:30 Fishing Game -Carl			

September 2026

***Any changes will be posted on the Daily Schedule**