



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 - Sunday Stretches with Laura 30 10:45 - Sunday Church Service with RA's (YouTube) 3:45 - Baking Bunch: Summer Truffle Surprises with Laura 6:15 - Sunday Sitcom Night with RA's - Please select a show from the list posted next to the TV to play for The Residents	9:30 - Accordion Music with Greg 31 10:30 - Music Therapy with Addie 11:15 - Bookends: Stories from Our Past: Anne of Green Gables with Alissa 1:30 - Musical Performance with The Monday Jammers - Chapel with Alissa & Laura and TV Channel 14 3:15 - Bingo with Volunteer Judi & Resident Volunteer Betty - Excelsior Dining Room with Alissa & Laura 6:15 - After Dinner Trail Mix Treats with Laura					9:30 - Guess How Old They Are Now Game with Kate 01 10:00 - Elvis's Greatest Hits with Kate 2:30 - Bingo with Volunteer Judi & Resident Volunteer Betty - Excelsior Dining Room with Kate 4:30 - Catholic Mass - Chapel with Kate & TV Channel 14 6:15 - Disney Movie Night with RA's: Treasure Island (Disney+)
9:30 - Sunday Stretches with Laura 02 10:00 - Courtyard Chats with Laura 10:45 - Sunday Church Service with RA's (YouTube) 3:45 - Snack Creations: National Ice Cream Sandwich Day! DIY Ice Cream Sandwich Bar with Laura 6:15 - Sunday Sitcom Night with RA's - Please select a show from the list posted next to the TV to play for The Residents	9:30 - Morning Stretches with RA's (YouTube) 03 10:30 - Music Therapy with Addie 11:15 - Bookends: Stories from Our Past: Anne of Green Gables with Alissa 1:30 - Musical Performance with The Monday Jammers - Chapel with Alissa & Laura and TV Channel 14 3:15 - Bingo with Volunteer Judi & Resident Volunteer Betty - Excelsior Dining Room with Alissa & Laura 6:15 - Guess The Celebrity Ages with Laura	9:30 - Live 2B Healthy Fitness Class 04 10:00 - Reminiscing on the Patio with Laura 10:45 - Craft: Friendship Bracelets with Laura 2:00 - Chocolate Chip Cookie Day with Kate 3:00 - Church Service with Gethsemane Lutheran Church - Chapel with Kate & Laura and TV Channel 14 4:15 - Bingo with Kate 6:15 - Titanic Trivia with Kate	9:30 - Morning Stretches with Laura 05 10:45 - Manicures with Kate - Garden Suites North Hall TV Lounge 2:15 - Fresh Popped Popcorn Delivered by Community Life Staff 3:30 - Bingo Called By Volunteers Becca & Reid - Excelsior Dining Room with Kate 6:15 - New York, Texas, or California: Guess The State Game with Kate	9:30 - Live 2B Healthy Fitness Class 06 10:15 - A Novel Time: Boxcar Children Series with Alissa 11:00 - Chair Yoga with Laura 1:30 - TENTATIVE - Outing: MN Landscape Arboretum Drive with Community Life 2:00 - Happy Birthday Luicille Ball: Life and Funniest Moments with Laura 3:45 - Karaoke with Kate & Laura - Cinema 4:15 - Roll The Dice and Say Something Nice with Laura 6:15 - Common Bonds Quiz with Laura	9:30 - Morning Stretches with Kate 07 10:15 - Donuts with Kate 10:30 - Flute Music with Alissa 11:15 - Prayer Group with Deacon Michael 1:30 - Pray The Stations of The Cross with Deacon Michael - Chapel with Alissa & Kate and TV Channel 14 2:30 - Music with Colleen Wold-Hiebeler - Chapel with Alissa & Kate and TV Channel 14 3:45 - Happy Hour Treats: Veggie & Dip Crudites with Alissa & Kate 4:00 - Friday Funday: The Game of If with Alissa & Kate 6:15 - Viola Music with Volunteer Kyle	9:30 - Elvis Trivia with Kate 08 10:30 - Cardio Drumming with Felicia - Chapel with Kate & TV Channel 14 2:30 - Bingo with Volunteer Judi & Resident Volunteer Betty - Excelsior Dining Room with Kate 4:30 - Catholic Mass - Chapel with Kate & TV Channel 14 6:15 - Disney Movie Night with RA's: Alice in Wonderland: Live Action Version (Disney+)
9:30 - Sunday Stretches with Laura 09 10:45 - Sunday Church Service with RA's (YouTube) 3:00 - Musical Performance with ARCO - Chapel with Laura & TV Channel 14 6:15 - Sunday Sitcom Night with RA's - Please select a show from the list posted next to the TV to play for The Residents	9:30 - Morning Stretches with RA's (YouTube) 10 10:00 - Confessions with Father Berger - Pastoral Care Office with Alissa 10:30 - Music Therapy with Addie 11:15 - Bookends: Stories from Our Past: Anne of Green Gables with Alissa 1:30 - Musical Performance with The Monday Jammers - Chapel with Alissa & Laura and TV Channel 14 3:15 - Bingo with Volunteer Judi & Resident Volunteer Betty - Excelsior Dining Room with Alissa & Laura 6:15 - US Nostalgic Slang Quiz with Laura	9:30 - Live 2B Healthy Fitness Class 11 2:00 - Church Service with Deacon Michael - Chapel with Kate & Laura and TV Channel 14 3:15 - Guess The Herb or Spice Game with Kate 4:15 - Stories on the Patio (Weather Pending) with Kate 6:15 - Whiteboard Word Games with Kate	9:30 - Morning Stretches with Laura 12 10:30 - Manicures with Kate - Garden Suites North Hall TV Lounge 2:15 - Fresh Popped Popcorn Delivered by Community Life Staff 3:30 - Bingo Called by Resident Volunteer Betty - Excelsior Dining Room with Laura 6:15 - Junk Drawer Detective Game with Kate	9:30 - Live 2B Healthy Fitness Class 13 10:15 - A Novel Time: Boxcar Children Series with Alissa 11:00 - Chair Yoga with Laura 2:30 - Fashion Show with Chosen Threads by Nicole with Kate & Laura - Chapel & TV Channel 14 4:15 - Whiteboard Games with Laura 6:15 - Finishing Lines with Laura	9:30 - Morning Stretches with Kate 14 10:15 - Donuts with Kate 10:30 - Flute Music with Alissa 11:15 - Prayer Group with Deacon Michael 1:30 - Pray The Stations of The Cross with Deacon Michael - Chapel with Alissa & Kate and TV Channel 14 3:30 - Happy Hour Treats: Italian Party Subs with Alissa & Kate 3:45 - Friday Funday: Laughter Is The Best Medicine: Jokes & Riddles with Alissa & Kate 6:15 - Viola Music with Volunteer Kyle	9:30 - The Price is Right: Lets Go on a Picnic Game with Kate 15 10:00 - True or False Trivia: British Wartime Foods with Kate 2:30 - Bingo with Volunteer Judi & Resident Volunteer Betty - Excelsior Dining Room with Kate 4:30 - Catholic Mass - Chapel with Kate & TV Channel 14 6:15 - Disney Movie Night with RA's: Pinocchio (Disney+)

* Activities are subject to change - please see Daily Sheets for any updates!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 - Sunday Stretches with Laura 16 10:45 - Sunday Church Service with RA's (YouTube) 3:45 - Baking Bunch: Southern Sweet Tea & Pimento Cheese Sandwiches with Laura 6:15 - Sunday Sitcom Night with RA's - Please select a show from the list posted next to the TV to play for The Residents	9:30 - Morning Stretches with RA's (YouTube) 17 10:30 - Music Therapy with Addie 11:15 - Bookends: Stories from Our Past: Anne of Green Gables with Alissa 1:30 - Musical Performance with The Monday Jammers - Chapel with Alissa & Laura and TV Channel 14 3:15 - Bingo with Volunteer Judi & Resident Volunteer Betty - Excelsior Dining Room with Alissa & Laura 6:15 - Travel Club: Massachusetts with Laura	9:30 - Live 2B Healthy Fitness Class 18 2:00 - Church Service with Deacon Michael - Chapel with Kate & Laura and TV Channel 14 3:00 - Resident Meeting - Chapel & TV Channel 14 4:15 - August Bingo with Kate 6:15 - Top 10 Most Surprising Antiques with Kate	9:30 - Morning Stretches with Laura 19 10:30 - Manicures with Alissa & Kate - Garden Suites North Hall TV Lounge 2:00 - Visits with Gen & North Star Therapy Dog Izzy 2:15 - Fresh Popped Popcorn Delivered by Community Life Staff 3:30 - Bingo Called By Volunteers Becca & Reid - Excelsior Dining Room with Kate & Laura 6:15 - Coloring Club: Marker Testing with Kate	9:30 - Live 2B Healthy Fitness Class 20 11:00 - Chair Yoga with Laura 2:00 - Visits with Gen & North Star Therapy Dog Izzy 3:15 - Active Game: Hula Hoop Toss with Kate & Laura 4:15 - Game Time with Laura 6:15 - Reminiscing about Radio on National Radio Day with Laura	9:45 - Piano Music with James Shaw 21 10:45 - Donuts with Kate 3:30 - Happy Hour Treats: Sliders & Shirley Temple Phosphates with Kate 3:45 - Friday Funday with Kate 6:15 - Viola Music with Volunteer Kyle	9:30 - Headbands Game with Kate 22 10:30 - Cardio Drumming with Felicia - Chapel with Kate & TV Channel 14 2:30 - Bingo with Volunteer Judi & Resident Volunteer Betty - Excelsior Dining Room with Kate 4:30 - Catholic Mass - Chapel with Kate & TV Channel 14 6:15 - Disney Movie Night with RA's: The Aristocats (Disney+)
9:30 - Sunday Stretches with Laura 23 10:45 - Sunday Church Service with RA's (YouTube) 3:45 - Baking Bunch: Sponge Cake with Laura 6:15 - Sunday Sitcom Night with RA's - Please select a show from the list posted next to the TV to play for The Residents	9:30 - Morning Stretches with RA's (YouTube) 24 10:30 - Music Therapy with Addie 1:30 - Musical Performance with The Monday Jammers - Chapel with Laura and TV Channel 14 3:15 - Bingo with Volunteer Judi & Resident Volunteer Betty - Excelsior Dining Room with Laura 6:15 - Travel Club: Maryland with Laura	9:30 - Live 2B Healthy Fitness Class 25 2:00 - Church Service with Pastor Dan Schultz from Zion Lutheran Church - Chapel with Kate & Laura and TV Channel 14 3:15 - National Parks Trivia with Kate 6:15 - Movie Night with RA's: The Happiest Millionaire (Disney+)	9:30 - Morning Stretches with Laura 26 10:30 - Manicures with Alissa & Kate - Garden Suites North Hall TV Lounge 2:15 - Fresh Popped Popcorn Delivered by Community Life Staff 3:30 - Bingo Called By Resident Volunteer Betty - Excelsior Dining Room with Kate 6:15 - The Woman Who Changed History Discussion with Kate	9:30 - Live 2B Healthy Fitness Class 27 10:15 - A Novel Time: Boxcar Children Series with Alissa 11:00 - Chair Yoga with Laura 3:30 - Birthday Treats: Marjorie Johnson's Blue Ribbon Winning Pie - Club Room with Community Life Team 6:15 - Finishing Lines with Laura	9:30 - Morning Stretches with Kate 28 10:15 - Donuts with Kate 10:30 - Flute Music with Alissa 11:15 - Prayer Group with Deacon Michael 1:30 - Pray The Stations of The Cross with Deacon Michael - Chapel with Kate & Alissa and TV Channel 14 3:30 - Happy Hour Treats: State Fair "On A Stick" Appetizers with Alissa & Kate 3:45 - Friday Funday: State Fair Trivia & Reminiscing with Alissa & Kate 6:15 - Viola Music with Volunteer Kyle	9:30 - Matching Game with Kate 29 10:00 - Hand Massages with Kate 2:30 - Bingo with Volunteer Judi & Resident Volunteer Betty - Excelsior Dining Room with Kate 4:30 - Catholic Mass - Chapel with Kate & TV Channel 14 6:15 - Disney Movie Night with RA's: The Three Musketeers (Disney+)

* Activities are subject to change - please see Daily Sheets for any updates!