

# January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Garden Cove</b> 	<b>Coffee &amp; Cookie Hour Every Day At 3:00 PM</b> 				<b>2</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:45 Helping Hands 3:00 Coffee & Cookies 4:00 Arm Chair Exercise 6:00 Reading Circle	<b>3</b> 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie & Refreshments 3:00 Coffee & Cookies 3:00 The Good Old Days (Books) 4:00 Active Games 6:00 Lawrence Welk (TPT 2.3)
<b>4</b> 9:00 Catholic Communion (CR) 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening	<b>5</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 4:00 Ring Toss 6:00 Reading Circle	<b>6</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 2:45 Sensory Adventures 4:00 Balloon Volleyball 6:00 Music Listening	<b>7</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:30 Table Fun 1:40 Balloon Ball (CR) 3:00 Snacks & Trivia 4:00 7th Inning Stretch 6:00 Reading Group		<b>8</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:15 Hand Massage Therapy 1:40 Bingo 4:00 Balloon Volleyball 6:00 Music Listening	<b>9</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:40 Bingo (CR) 3:00 Happy Hour (CR) 3:00 Coffee & Cookies 4:00 Arm Chair Exercise 6:00 Reading Circle
<b>11</b> 9:00 Catholic Communion (CR) 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening	<b>12</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 4:00 Ring Toss 6:00 Reading Circle	<b>13</b> <b>8:00 Made to Order Breakfast (DR)</b> 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 2:45 Sensory Adventures 4:00 Balloon Volleyball 6:00 Music Listening	<b>14</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:30 Table Fun 1:40 Balloon Ball (CR) 1:45 Pet Visit 4:00 7th Inning Stretch 6:00 Reading Group		<b>15</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:15 Hand Massage Therapy 1:40 Bing 4:00 Balloon Volleyball 6:00 Music Listening	<b>16</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:40 Bingo (CR) 3:00 Happy Hour (CR) 6:00 Reading Circle
<b>18</b> 9:00 Catholic Communion (CR) 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening	<b>19</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 4:00 Ring Toss 6:00 Reading Circle	<b>20</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 2:30 Birthday Party (CR) 4:00 Balloon Volleyball 6:00 Music Listening	<b>21</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:30 Table Fun 1:40 Balloon Ball (CR) 1:40 Root Beer Floats (CR) 4:00 7th Inning Stretch 6:00 Reading Group		<b>22</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:15 Hand Massage Therapy 1:40 Bingo 4:00 Balloon Volleyball 6:00 Music Listening	<b>23</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 11:00 Reminisce Group 3:00 Cookies & Coffee H 1:40 Bingo (CR) 3:00 Happy Hour (CR) 4:00 Arm Chair Exercise 6:00 Reading Circle
<b>25</b> 9:00 Catholic Communion (CR) 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening	<b>26</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 4:00 Ring Toss 6:00 Reading Circle	<b>27</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 2:45 Sensory Adventure 4:00 Balloon Volleyball 6:00 Music Listening	<b>28</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:30 Table Fun 1:15 Movie Day (CR) 3:15 Snacks & Trivia 4:00 7th Inning Stretch 6:00 Reading Group		<b>29</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 10:15 Hand Massage Therapy **No Catholic Mass*** 1:40 Bingo 4:00 Balloon Volleyball 6:00 Music Listening	<b>30</b> <b>8:30 Meet &amp; Greet</b> 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:40 Bingo (CR) 3:00 Happy Hour (CR) 4:00 Arm Chair Exercise 6:00 Reading Circle
						<b>31</b> 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie & Refreshments 3:00 Coffee & Cookies 3:00 The Good Old Days (Books) 4:00 Active Games 6:00 Lawrence Welk (TPT 2.3)