

Sunday

Monday

Tuesday

Wednesday

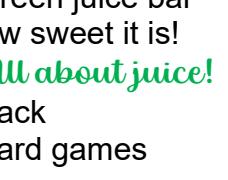
Thursday

Friday

Saturday

# January 2026

**We're all just chilling ....at the Glenn!**

10:00 Resident Led Coffee social 2:30 Snack Social 3:00-Resident led puzzles 	10:30-Coffee and Chronicles 12:30-Walmart 3:00-Christmas undecorating 	9:00-Coffee and chat 10:00-Let's move it! 10:35-Board game 	9:00-Coffee and news 9:30-Exercise 10:30-Uno 1:00-Snowman light craft 2:30-Snack 3:00-Craft continue and clean up. 	9:00-Coffee bar! 9:45-Exercise 10:30-Elvis music and nails! 2:30-Snack 3:00-Bingo 	9:15-Exercise 10:00-Seated meditation 12:30-Wind down social 2:30-Snack 3:00-Coffee and office time 	10:00 Coffee social 11:00-Puzzles with Lisa 2:30 Snack Social 3:00-Resident led social 	10:00 Coffee social 1:00-Bingo with Michele 2:30 Snack Social 3:00-Resident led puzzles 
10:00 Resident Led Coffee social 2:30 Snack Social 3:00-Resident led puzzles 	<b>National Hot Tea Day</b> 10:30-Exercise time! 11:00-Hot Tea bar 12:30-Walmart trip 2:30-Hot tea and snacks 3:00-Passport travel 	9:00-Coffee and News 9:30-Leg exercises 10:15-Yahtzee battle 1:00-Afternoon brain buzz 2:30-Snacky time 3:00-Smores, cocoa social 	9:00-Rise and shine social 10:00-Let's move! 1:00-Resident council 2:30-Snacky time 3:00-Snowflake craft 	9:15-Hot mocha time! 10:00-Exercise 10:45-Word game 1:00-Nascar days! 2:30-Snack 3:00-Nascar bingo 	9:15-Chair Zumba party 10:00-Chocolate and chat 1:00-George Jundt-entertainer 2:30-Snacky timey 3:00-Office time 5:00-Karaoke and chalet bar 	10:00 Coffee social 10:30-Homeless mats with Lisa 2:30 Snack Social 3:00-Resident led puzzles 	10:00 Coffee social 10:30-Homeless mats with Lisa 2:30 Snack Social 3:00-Resident led puzzles 
10:00 Resident Led Coffee social 2:30 Snack Social 3:00-Resident led puzzles 	10:30-Walking club (Walk the building) 1:00-MLK documentary 1:00-Walmart 2:30-Snack 3:00-MLK trivia 	<b>National Green Juice Day</b> 9:15-Seated yoga 10:00-Green juice bar 1:00-How sweet it is! <b>All about juice!</b> 2:30-Snack 3:00-Board games 	9:00-Hug Day 9:00-Hug-a-mug social 10:00-Exercise and hugs 1:00-Bear hug craft 2:30-Snack time 3:00-Love movie and popcorn 	9:15-Coffee and Chronicles 10:00-Snowflake shuffle 1:00-Chocolate and chat 2:30-Snack time 3:00-Bingo 	9:00-Rise and shine social 10:00-Exercise time! 11:30-Soup social begins! 1:00-Cozy blanket and winter Movie 2:30-Snack time 3:00-Office time 	10:00 -Coffee and news 11:00-Puzzles with Lisa 3:00-Word searches 	10:00 -Coffee and news 11:00-Puzzles with Lisa 3:00-Word searches 
10:00 Resident Led Coffee social 2:30 Snack Social 3:00-Resident led puzzles 	<b>National Walk Day</b> 10:30-Walking the building 11:30-Walking taco bar 2:30-Snack 3:00-Resident birthday party 	9:00-Good morning Cocoa bar 10:00-Move it or lose it 10:30-Cocoa and chat 1:30-Pastor Ryan 2:00-Trivia 2:30-Snack 3:00-Walmart 	9:00-Wakey-Wakey! Its an oatmeal bar! 11:00-Exercise time 1:00-Cherries 2:30-Snack 3:00-Cherry Craft 	9:00-Coffee and wake up 9:30-Tai Chi 10:30-Jersey Mike take-out 1:00-Pinecone craft for birds 2:30-Snacky poo 3:00-Bingo 	9:00-Guided meditation 9:40-Exercise 10:00-Dollar tree 1:00-Dollar tree craft 2:30-Snack 3:00-Office time, clean up 	10:00 Resident Led Coffee social 2:30 Snack Social 3:00-Bingo with Michele 	10:00 Resident Led Coffee social 2:30 Snack Social 3:00-Bingo with Michele 

Calendar subject to change. Check the daily sheets! **Why are snowflakes popular?** **Because they know how to break the ice!**