

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

## Ponds MORNING

7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:15 The Circus -Carl 11:00 Mass 11:30 Lunch	<b>4</b> 7:30 Breakfast 9:30 Sing Along -Erin 10:00 Fitness Frenzy -Erin 10:30 The Best Big Bands -Erin 11:00 Adoration 11:30 Lunch	<b>5</b> 7:30 Breakfast 9:30 Sing Along -Erin 10:00 Move & Groove -Erin <b>Music Therapy w/ Jennifer</b> 11:30 Lunch	<b>6</b> 7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:15 Saint Joan of Arc -Carl 11:00 Rosary 11:30 Lunch	<b>7</b> 7:30 Breakfast 9:30 Sing Along -Erin 10:00 Chair Dancing -Erin 10:30 Kickball -Erin 11:00 Elvis' Birthday -Erin 11:30 Lunch	<b>1</b> 7:30 Breakfast 9:45 Morning Stretch -Carl 10:15 New Year's Rose Bowl Parade -Carl 11:00 New Year's Resolutions-Carl 11:30 Lunch	<b>2</b> 7:30 Breakfast 9:15 Sing with Me! – Dana 10:00 Reach Higher – Dana 10:30 January Trivia – Dana 11:00 Weird Instruments –Dana 11:30 Lunch	<b>3</b> 7:30 Breakfast 9:45 Morning Stretch -Carl 10:15 The Lone Ranger -Carl 10:45 Famous Cowboys-Carl 11:30 Lunch
7:30 Breakfast 9:45 Sing Along –Dana 10:30 Sledding Down Big Hills! -Dana 11:00 Mass on TV 11:30 Lunch 	<b>11</b> 7:30 Breakfast 9:15 Sing Along -Callie 9:45 Balloon Bop -Callie 10:15 Catchy Cliches -Callie 11:00 Adoration in Ponds 11:30 Lunch	<b>12</b> 7:30 Breakfast 9:30 Sing Along -Erin 10:00 Move & Groove -Erin <b>Music Therapy w/Jennifer</b> 11:30 Lunch <b>12:00 Lunch Outing-Perkins</b>	<b>13</b> 7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:15 Casablanca -Carl 11:00 Rosary 11:30 Lunch 	<b>14</b> 7:30 Breakfast 9:30 Sing Along -Erin 10:00 Chair Dancing -Erin 10:30 Kickball -Erin 11:00 For the Love of Pets -Erin 11:30 Lunch	<b>15</b> 7:30 Breakfast 9:15 Sing a Song –Dana 10:00 Higher Heartbeats -Dana 10:30 Word Play –Dana 11:00 Tour South Sudan -Dana 11:30 Lunch	<b>16</b> 7:30 Breakfast 9:45 Morning Stretch -Erin 10:15 Kickball -Erin 11:00 History of Rock n' Roll -Erin 11:30 Lunch	<b>17</b> 7:30 Breakfast 9:45 Sing Along Exercise -Erin 10:30 First Ladies -Erin 11:00 Mass on TV 11:30 Lunch
7:30 Breakfast 9:45 Sing Along Exercise -Erin 10:30 First Ladies -Erin 11:00 Mass on TV 11:30 Lunch	<b>18</b> 7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:15 All About Flowers -Carl 11:00 Rosary 11:30 Lunch 	<b>19</b> 7:30 Breakfast 9:30 Sing Along -Erin 10:00 Move & Groove -Erin <b>Music Therapy w/Jennifer</b> 11:30 Lunch	<b>20</b> 7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:15 Dolly Parton -Carl 11:00 Rosary 11:30 Lunch	<b>21</b> 7:30 Breakfast 9:15 Sing Along -Callie 9:45 Krazy Kickball -Callie 10:15 Rhyme Time -Callie 11:00 Adoration in Ponds 11:30 Lunch	<b>22</b> 7:30 Breakfast 9:15 Playful Notes –Dana 10:00 Ball Toss –Dana 10:30 Color My World –Dana 11:00 Tour Dominica –Dana 11:30 Lunch	<b>23</b> 7:30 Breakfast 9:45 Morning Stretch -Carl 10:15 Wright Brothers -Carl 10:45 Paper Airplanes -Carl 11:30 Lunch	<b>24</b> 7:30 Breakfast 9:45 Sing Along -Erin 10:00 Balloon Volleyball -Erin 10:30 Tone It Up! -Erin 11:00 Guess the Musician -Erin 11:30 Lunch
7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:15 Winnie the Pooh Anniversary -Carl 11:00 Mass 11:30 Lunch	<b>25</b> 7:30 Breakfast 9:15 Sing Along -Callie 9:45 Balloon Bop -Callie 10:15 Catchy Cliches -Callie 11:00 Adoration in Ponds 11:30 Lunch	<b>26</b> 7:30 Breakfast 9:30 Sing Along -Erin 10:00 Move & Groove -Erin <b>Music Therapy w/Jennifer</b> 11:30 Lunch	<b>27</b> 7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:15 Cross Country Skiing -Carl 11:00 Rosary 11:30 Lunch 	<b>28</b> 7:30 Breakfast 9:15 Sing Along -Callie 9:45 Krazy Kickball -Callie 10:15 Rhyme Time -Callie 11:00 Adoration in Ponds 11:30 Lunch	<b>29</b> 7:30 Breakfast 9:30 Sing Along -Erin 10:00 Balloon Volleyball -Erin 10:30 Tone It Up! -Erin 11:00 Guess the Musician -Erin 11:30 Lunch	<b>30</b> 7:30 Breakfast 9:45 Sing a Song –Dana 10:15 Catch! -Dana 11:00 Life in the Desert -Dana 11:30 Lunch	<b>31</b> Happy Birthday Sally P.!