

Sunday

Monday

Tuesday

Wednesday







Thursday

Friday

Saturday

January 2026

Ponds MORNING

				7:30 Breakfast 9:45 Morning Stretch -Carl 10:15 New Year's Rose Bowl Parade -Carl 11:00 New Year's Resolutions-Carl 11:30 Lunch 	7:30 Breakfast 9:15 Sing with Me! – Dana 10:00 Reach Higher – Dana 10:30 January Trivia – Dana 11:00 Weird Instruments –Dana 11:30 Lunch	7:30 Breakfast 9:45 Morning Stretch -Carl 10:15 The Lone Ranger -Carl 10:45 Famous Cowboys-Carl 11:30 Lunch
7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:15 The Circus -Carl 11:00 Mass 11:30 Lunch	7:30 Breakfast 9:30 Sing Along -Erin 10:00 Fitness Frenzy -Erin 10:30 The Best Big Bands -Erin 11:00 Adoration 11:30 Lunch	7:30 Breakfast 9:30 Sing Along -Erin 10:00 Move & Groove -Erin 10:30 Music Therapy w/ Jennifer 11:30 Lunch	7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:15 Saint Joan of Arc -Carl 11:00 Rosary 11:30 Lunch	7:30 Breakfast 9:30 Sing Along -Erin 10:00 Chair Dancing -Erin 10:30 Kickball -Erin 11:00 Elvis' Birthday -Erin 11:30 Lunch	7:30 Breakfast 9:30 Sing Along -Erin 10:00 Balloon Volleyball -Erin 10:30 Music w/Bobby -Erin 11:00 For the Love of Pets -Erin 11:30 Lunch	7:30 Breakfast 9:45 Sing Out loud! -Dana 10:15 S-t-r-e-t-c-h -Dana 11:00 Life in a Pond -Dana 11:30 Lunch
7:30 Breakfast 9:45 Sing Along –Dana 10:30 Sledding Down Big Hills! -Dana 11:00 Mass on TV 11:30 Lunch 	7:30 Breakfast 9:15 Sing Along -Callie 9:45 Balloon Bop -Callie 10:15 Catchy Cliches -Callie 11:00 Adoration in Ponds 11:30 Lunch	7:30 Breakfast 9:30 Sing Along -Erin 10:00 Move & Groove -Erin 10:30 Music Therapy w/Jennifer 11:30 Lunch <u>12:00 Lunch Outing-Perkins</u>	7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:15 <i>Casablanca</i> -Carl 11:00 Rosary 11:30 Lunch 	7:30 Breakfast 9:30 Sing Along -Erin 10:00 Chair Dancing -Erin 10:30 Kickball -Erin 11:00 For the Love of Pets -Erin 11:30 Lunch	7:30 Breakfast 9:15 Sing a Song –Dana 10:00 Higher Heartbeats -Dana 10:30 Word Play –Dana 11:00 Tour South Sudan -Dana 11:30 Lunch	7:30 Breakfast 9:45 Morning Stretch -Erin 10:15 Kickball -Erin 11:00 History of Rock n' Roll -Erin 11:30 Lunch
7:30 Breakfast 9:45 Sing Along Exercise -Erin 10:30 First Ladies -Erin 11:00 Mass on TV 11:30 Lunch	7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:15 All About Flowers -Carl 11:00 Rosary 11:30 Lunch  Martin Luther King Jr. Day	7:30 Breakfast 9:30 Sing Along -Erin 10:00 Move & Groove -Erin 10:30 Music Therapy w/Jennifer 11:30 Lunch	7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:15 Dolly Parton -Carl 11:00 Rosary 11:30 Lunch	7:30 Breakfast 9:15 Sing Along -Callie 9:45 Krazy Kickball -Callie 10:15 Rhyme Time -Callie 11:00 Adoration in Ponds 11:30 Lunch	7:30 Breakfast 9:15 Playful Notes –Dana 10:00 Ball Toss –Dana 10:30 Color My World –Dana 11:00 Tour Dominica –Dana 11:30 Lunch	7:30 Breakfast 9:45 Morning Stretch -Carl 10:15 Wright Brothers -Carl 10:45 Paper Airplanes -Carl 11:30 Lunch 
7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:15 Winnie the Pooh Anniversary -Carl 11:00 Mass 11:30 Lunch	7:30 Breakfast 9:15 Sing Along -Callie 9:45 Balloon Bop -Callie 10:15 Catchy Cliches -Callie 11:00 Adoration in Ponds 11:30 Lunch Australia Day (Observed)	7:30 Breakfast 9:30 Sing Along -Erin 10:00 Move & Groove -Erin 10:30 Music Therapy w/Jennifer 11:30 Lunch	7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:15 Cross Country Skiing -Carl 11:00 Rosary 11:30 Lunch 	7:30 Breakfast 9:15 Sing Along -Callie 9:45 Krazy Kickball -Callie 10:15 Rhyme Time -Callie 11:00 Adoration in Ponds 11:30 Lunch	7:30 Breakfast 9:30 Sing Along -Erin 10:00 Balloon Volleyball -Erin 10:30 Tone It Up! -Erin 11:00 Guess the Musician -Erin 11:30 Lunch	Happy Birthday Sally P.! 7:30 Breakfast 9:45 Sing a Song –Dana 10:15 Catch! -Dana 11:00 Life in the Desert -Dana 11:30 Lunch