

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ponds MORNING September	7:30 Breakfast 1 9:45 Chair Dancing -Erin 10:15 Rosie the Riveter -Erin 11:00 40's Music Chat -Erin 11:30 Lunch  Labor Day	7:30 Breakfast 2 9:15 Sing Along -Erin 9:45 Move & Groove -Erin 10:30 Music Therapy w/Jennifer 11:30 Lunch	7:30 Breakfast 3 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:30 Music of BB King -Carl 11:30 Lunch 	7:30 Breakfast 4 9:15 Sing Along -Erin 9:45 Move & Groove -Erin 10:15 Dolly Parton -Erin 10:45 American Artists -Erin 11:00 Interfaith Service 11:30 Lunch	7:30 Breakfast 5 9:15 Sing Along -Dana 9:45 Stretch It Out! -Dana 10:15 "Lost In Space" -Dana 11:00 Road Signs -Dana 11:30 Lunch 	7:30 Breakfast 6 9:45 Sing Along Exercise -Erin 10:15 The History of Rock n' Roll -Erin 10:45 Balloon Volleyball -Erin 11:30 Lunch
Happy Birthday Barb B.! 7 7:30 Breakfast 9:45 Morning Stretch -Erin 10:15 Decade Trivia -Erin 11:00 Mass on TV 11:30 Lunch  Grandparents Day	Adventures Up North 8 7:30 Breakfast 9:45 Sign Along -Callie 10:15 Sit & Get Fit -Callie 11:00 Road Trip Trivia -Callie 11:30 Lunch National Assisted Living Week	Twin Cities Adventures 9 7:30 Breakfast 9:15 Sing Along -Erin 9:45 Move & Groove -Erin 10:30 Music Therapy w/Jennifer 11:30 Lunch 12:00 Lunch Outing: Scoreboard w/Erin & Dana	Life on the Prairies 10 7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:30 Northfield Jesse James Days-Carl 11:30 Lunch 	On the Road 11 7:30 Breakfast 9:15 Sing Along -Erin 9:45 Move & Groove -Erin 10:15 Bing Crosby's Life -Erin 10:45 Road Trip Stories -Erin 11:00 Interfaith Service 11:30 Lunch	MN Lakes & Beaches Happy Birthday Ed K.! 12 7:30 Breakfast 9:15 Sing Along -Erin 9:45 Get Moving! -Erin 10:15 Music w/Bobby & Christine 11:00 MN Trivia -Erin 11:30 Lunch	7:30 Breakfast 13 9:45 Sing Along -Callie 10:15 Sit & Get Fit -Callie 10:45 Parachute Poppers -Callie 11:30 Lunch
7:30 Breakfast 14 9:45 Dancing Balloons -Callie 10:15 September Trivia -Callie 11:00 Mass on TV 11:30 Lunch	7:30 Breakfast 15 9:45 Sign Along -Dana 10:15 Sit & Get Fit -Dana 11:00 School Trivia -Dana 11:30 Lunch 	7:30 Breakfast 16 9:15 Sing Along -Erin 9:45 Move & Groove -Erin 10:30 Music Therapy w/Jennifer 11:30 Lunch	7:30 Breakfast 17 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:30 Grandma Moses -Carl 11:30 Lunch 	7:30 Breakfast 18 9:15 Sing Along -Erin 9:45 Move & Groove -Erin 10:15 Happy Cat Month -Erin 10:45 Guess the Musician -Erin 11:00 Interfaith Service 11:30 Lunch	7:30 Breakfast 19 9:15 Sing Along -Erin 9:45 Get Moving! -Erin 10:15 Frank Sinatra -Erin 11:00 Funny Sayings Friday -Erin 	7:30 Breakfast 20 9:45 Sing Along -Dana 10:15 Exercise -Dana 10:45 NYC Marathon -Dana 11:30 Lunch Oktoberfest Begins
7:30 Breakfast 21 9:45 Sing Along -Dana 10:15 Stretch it Out! -Dana 10:45 Robin Williams -Dana 11:00 Mass on TV 11:30 Lunch 	Happy Birthday Mary S.! 22 7:30 Breakfast 9:45 Sing Along -Callie 10:15 Sit & Get Fit -Callie 10:45 Random Trivia -Callie 11:00 Adoration Service 11:30 Lunch Rosh Hashanah Begins Autumn Begins	7:30 Breakfast 23 9:15 Sing Along -Dana 9:45 Move & Groove -Dana 10:30 Music Therapy w/Jennifer 11:30 Lunch	Happy Birthday Jerry K.! 24 7:30 Breakfast 9:15 Balloon Volleyball -Carl 9:45 Sing Along -Carl 10:30 Music & Movies of Gene Autry -Carl 11:30 Lunch 	7:30 Breakfast 25 9:15 Sing Along -Erin 9:45 Move & Groove -Erin 10:15 Explore Germany -Erin 10:45 World Maritime Day -Erin 11:00 Interfaith Service 11:30 Lunch	7:30 Breakfast 26 9:15 Sing Along -Erin 9:45 Get Moving! -Erin 10:15 Julie Andrews -Erin 11:00 Service Dog Month -Erin 11:30 Lunch	7:30 Breakfast 27 9:45 Balloon Volleyball-Carl 10:15 Johnny Carson -Carl 10:45 Bad Jokes/Puns -Carl 11:30 Lunch 
7:30 Breakfast 28 9:45 Balloon Volleyball-Carl 10:15 Ed Sullivan -Carl 11:00 Mass from Washington DC -Carl 11:30 Lunch	7:30 Breakfast 29 9:45 Sign Along -Callie 10:15 Sit & Get Fit -Callie 11:00 Monthly Trivia -Callie 11:30 Lunch 	Happy Birthday Joan L.! 30 7:30 Breakfast 9:15 Sing Along -Erin 9:45 Move & Groove -Erin 10:30 Music Therapy w/Jennifer 11:30 Lunch	<div> <h1>September 2025</h1> <h2>MORNING in The Ponds</h2> </div>			