



# SEPTEMBER 2025

# FLEX & ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>*** All programs indicating availability on "TV Channel 14" are available to those subscribed to Aufderworld</b></p> <p><b>*All programs subject to change without notice - please refer to Daily Sheets for any changes!</b></p>	<p><b>1</b></p>  <p>9:00 Morning Stretches with Phillis - Chapel &amp; TV Channel 14 1:30 Musical Performance with The Monday Jammers - Chapel &amp; TV Channel 14 3:15 Bingo with Volunteers Judi &amp; Betty - Lafayette Dining Room</p>	<p><b>2</b></p> <p>9:00 Morning Stretches with Phillis - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Game Time: Wizard with Alissa - Club Room 1:15 Movie: The Treasures of Sierra Madre - Cinema 2:00 Cribbage - Club Room 3:00 Worship Service with Gethsemane Lutheran Church - Chapel &amp; TV Channel 14</p>	<p><b>3</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00-4:00 Fingernail Polishing with Alissa and Volunteer Julie - Arts Room <i>(an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service)</i> 2:15 Fresh Popped Popcorn with Kenzie &amp; LaSaijha - Perk 3:30 Bingo with Volunteers Becca &amp; Reid - Lafayette Dining Room 5:00 Dementia Support Group with Carissa &amp; Maddie - Chapel &amp; TV Channel 14 6:30 Movie Night: Field of Dreams - Cinema</p>	<p><b>4</b></p> <p>9:00 Morning Stretches with Phillis - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Game Time: Resident Choice - Club Room <i>(Enjoy your game, no leader today!)</i> 12:15 Lunch Outing: Maggie's (Wayzata) <i>(Please sign up at The Front Desk)</i> 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:15 Movie: Titanic - Cinema</p>	<p><b>5</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 9:30 Educational Donut Social: Sponsored by Visiting Angels with Shelley Peyerl - Perk 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Card Club: Hand &amp; Foot - Club Room 1:30 Stations of The Cross with Deacon Michael - Chapel &amp; TV Channel 14 3:30 Happy Hour: Cheese Pizza Provided, BYOB - Club Room</p>	<p><b>6</b></p> <p>10:30 Cardio Drumming with Felicia - Chapel &amp; TV Channel 14 <i>(Please sign up at The Front Desk for a spot!)</i> 1:00 Beginner Dominos - Club Room 1:15 Choir Practice with LaSaijha - Chapel 1:15 Movie: The Longest Ride - Cinema 2:30 Bingo with Volunteers Judi &amp; Betty - Lafayette Dining Room 4:30 Catholic Mass - Chapel &amp; TV Channel 14</p>
<p><b>7</b></p>  <p><b>Happy Assisted Living Week</b></p> <p>1:00 Ageless Adventure - Assisted Living Week Kick-Off Social with LaSaijha - Perk <i>(Refreshments provided)</i> 2:00 Dominos - Club Room</p>	<p><b>8</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Target &amp; Cub Shopping Outing <i>(Please sign up at The Front Desk)</i> 10:00 Confessions with Father Berger - Pastoral Care Office <i>(Located outside of the Chapel)</i> 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 10:15 Assisted Living Week Treats - Perk 1:30 Musical Performance with The Monday Jammers - Chapel &amp; TV Channel 14 3:15 Bingo with Volunteers Judi &amp; Betty - Lafayette Dining Room</p>	<p><b>9</b></p> <p>9:00 Morning Stretches with Phillis - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Game Time: Resident Choice - Club Room <i>(Enjoy your game, no leader today!)</i> 11:00 Resident Meeting - Chapel &amp; TV Channel 14 12:15 Lunch Outing: Olive Garden (Minnetonka) <i>(Please sign up at The Front Desk)</i> 1:15 Movie: Grand Torino - Cinema 2:00 Cribbage - Club Room 2:00 Worship Service - Chapel &amp; TV Channel 14 2:45 Escape Room Adventure &amp; Refreshments with Jen &amp; Mona - Lafayette Dining Room</p>	<p><b>10</b></p> <p>The Glenn's Ageless Adventure Scavenger Hunt Day - Pick up Instructions &amp; Passport at The Front Desk <i>(Passports available at 8:00 am - once completed, turn in for a prize! This is an all-day event!)</i> 9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Low Vision Group with Renee - Lafayette Dining Room 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00 Library Day with Janie - Conference Room <i>(All are encouraged to stop in for this FREE book service)</i> 2:00-4:00 Fingernail Polishing with Kenzie and Volunteer Julie - Arts Room <i>(an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service)</i> 2:15 Fresh Popped Popcorn with LaSaijha - Perk 3:30 Bingo with Volunteers Becca &amp; Reid - Lafayette Dining Room 6:30 Movie Night: Crocodile Dundee - Cinema</p>	<p><b>11</b></p> <p>9:00 Morning Stretches with Phillis - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Game Time: Rack-O with Alissa - Club Room 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:00 Cards: Resident Choice <i>(Volunteer Thomas here to assist)</i> - Club Room 2:30 Patriotic Sing-Along with Community Life - Cinema 3:30 The Glenn Minnetonka Alzheimer's Walk Sign Creation Workshop - Arts Room <i>(All are welcome to come to help us design signs to display for next week's Alzheimer's Event)</i> 3:30 Movie: Batteries Not Included - Cinema <i>(Please note time change for the movie for today only)</i></p>	<p><b>12</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Welcome Committee Meeting with Our Marketing Team: Maddie &amp; Kasey - Private Dining Room 11:30 Back to School "Lunchroom Style" Lunch Served - Lafayette &amp; Excelsior Dining Rooms <i>(Please RSVP at The Front Desk)</i> 1:00 Card Club: Hand &amp; Foot - Club Room 1:30 Stations of The Cross with Deacon Michael - Chapel &amp; TV Channel 14 3:30 Happy Hour: Pinwheels Provided, BYOB - Club Room 3:30 Happy Hour Add On: Mixology Explorations - come to sample some tasty creations - Club Room</p>	<p><b>13</b></p> <p>1:15 Ageless Adventure - Assisted Living Week Wrap-Up &amp; Reminiscing Social with Kenzie - Perk <i>(Refreshments provided)</i> 1:00 Beginner Dominos - Club Room 1:15 Movie: Sleepless in Seattle - Cinema 2:30 Bingo with Volunteers Judi &amp; Betty - Lafayette Dining Room 4:30 Catholic Mass - Chapel &amp; TV Channel 14</p>
<p><b>14</b></p> <p>2:00 Dominos - Club Room 3:00 Dinner Club with Kenzie - Arts Room <i>(Please sign up at The Front Desk - \$12 will be billed to your statement to attend - see posted flyer for menu)</i> 7:20 Vikings vs. Atlanta Falcons - Cinema (NBC - Channel 11)</p>	<p><b>15</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Target &amp; Cub Shopping Outing <i>(Please sign up at The Front Desk)</i> 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:30 Musical Performance with The Monday Jammers - Chapel &amp; TV Channel 14 3:00 Evacuation Drills - Lafayette &amp; Excelsior Patios 3:45 Bingo with Volunteers Judi &amp; Betty - Lafayette Dining Room <i>(Please note the time change for TODAY only!)</i></p>	<p><b>16</b></p> <p>9:00 Morning Stretches with Phillis - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Game Time: 5 Crowns with Alissa - Club Room 1:15 Movie: A Man Called Otto - Cinema 2:00 Cribbage - Club Room 2:00 Worship Service - Chapel &amp; TV Channel 14 3:30 The Glenn Minnetonka Alzheimer's Walk <i>(Meet in The Front Lobby)</i> 4:00-6:00 Fundraiser: Walking Nachos - Front Lobby to purchase, seating in The Perk &amp; Club Room <i>\$5 each - all proceeds go to The Alzheimer's Foundation</i></p>	<p><b>17</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 9:45 Outing: Fort Snelling Annual History on The Go Tour &amp; Lunch at Jimmy's (Minnetonka) with Alissa <i>(Please sign up at The Front Desk, \$10 for tour, plus cost of your lunch)</i> 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00-4:00 Fingernail Polishing with Kenzie and Volunteer Julie - Arts Room <i>(an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service)</i> 2:15 Fresh Popped Popcorn with LaSaijha - Perk 3:30 Bingo with Volunteers Becca &amp; Reid - Lafayette Dining Room 6:30 Movie Night: Crocodile Dundee 2 - Cinema</p>	<p><b>18</b></p> <p>9:00 Morning Stretches with Phillis - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 10:00 Orchestra Hall Prelude Concert Series Shuttle <i>(Please sign up at The Front Desk)</i> 11:15 Movie Committee Meeting with Alissa - Cinema 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:15 Movie: The Boys in the Boat - Cinema 1:30 Book Club led by Resident Phillis Bennett: HESTER by Laurie Lico Albanese - Private Dining Room 2:30 Celebrating Monthly Birthdays with Musical Entertainment by Max &amp; Alyssa - Chapel &amp; TV Channel 14 3:30 Birthday Treats: Apple Crisp - Perk 3:45 Presentation with Care Builders at Home: The Science of Sleep - Lafayette Dining Room</p>	<p><b>19</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Card Club: Hand &amp; Foot - Club Room 1:30 Stations of The Cross with Deacon Michael - Chapel &amp; TV Channel 14 2:30 Resident Council Q &amp; A Session - Club Room 3:30 Happy Hour: Soft Pretzels &amp; Cheese Dip, BYOB - Club Room</p>	<p><b>20</b></p> <p>10:30 Cardio Drumming with Felicia - Chapel &amp; TV Channel 14 <i>(Please sign up at The Front Desk for a spot!)</i> 1:00 Beginner Dominos (Volunteer Thomas here to assist) - Club Room 1:15 Choir Practice with LaSaijha - Chapel 1:15 Movie: The Cowboys - Cinema 2:30 Bingo with Volunteers Judi &amp; Betty - Lafayette Dining Room 4:30 Catholic Mass - Chapel &amp; TV Channel 14</p>



SEPTEMBER 2025

FLEX & ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>21</div> <div>12:00 Vikings vs. Cincinnati Bengals – Cinema (CBS – Channel 4)</div> <div>1:00 Cell Phone &amp; iPad/Tablet Support with LaSaijha – Cinema (Please sign up for an appointment at The Front Desk)</div> <div>2:00 Dominos – Club Room</div>	<div>22</div> <div>9:00 Live 2B Healthy Exercise Class – Chapel &amp; TV Channel 14 10:00 Target &amp; Cub Shopping Outing (Please sign up at The Front Desk)</div> <div>10:00 Holy Hour with Deacon Michael – Chapel &amp; TV Channel 14 1:30 Musical Performance with The Monday Jammers – Chapel &amp; TV Channel 14 3:15 Bingo with Volunteers Judi &amp; Betty – Lafayette Dining Room</div>	<div>23</div> <div>9:00 Morning Stretches with Phillis – Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael – Chapel &amp; TV Channel 14 11:15 Game Time: Wizard with Alissa – Club Room 1:15 Movie: Roman Holiday – Cinema 2:00 Cribbage – Club Room 2:00 Worship Service – Chapel &amp; TV Channel 14 3:00 Educational Presentation: Scams That Target the Elderly with Eliana Welbes: Community Engagement Officer from Minnetonka Police Department – Cinema &amp; TV Channel 14</div>	<div>24</div> <div>9:00 Live 2B Healthy Exercise Class – Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael – Chapel &amp; TV Channel 14 1:00 Dining Meeting with Heidi from Unidine – Lafayette Dining Room 1:00 Open Bridge – Club Room 1:30 Scrabble – Club Room 2:00-4:00 Fingernail Polishing with Kenzie and Volunteer Julie – Arts Room (an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service) 2:15 Fresh Popped Popcorn with LaSaijha – Perk 2:30 New Resident Meet &amp; Greet Hosted by Our Marketing Team: Maddie &amp; Kasey – Lafayette Dining Room 3:30 Bingo with Volunteers Becca &amp; Reid – Perk 6:30 Movie Night: Crocodile Dundee in Los Angeles – Cinema</div>	<div>25</div> <div>9:00 Morning Stretches with Phillis – Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael – Chapel &amp; TV Channel 14 11:15 Game Time: Resident Choice with Volunteer Thomas – Club Room 12:15 Lunch Outing: Famous Daves (Minnetonka) (Please sign up at The Front Desk)</div> <div>1:00 Bible Study with Deacon Michael – Fireside Dining Room 1:15 Movie: Reagan – Cinema 2:30 Educational Presentation: Manufacturing by Resident Fred Zimmerman – Chapel &amp; TV Channel 14</div>	<div>26</div> <div>9:00 Live 2B Healthy Exercise Class – Chapel &amp; TV Channel 14 9:30 Educational Donut Social: Sponsored by Ecumen Hospice’s Nikki Ademola – Perk 10:00 Holy Hour with Deacon Michael – Chapel &amp; TV Channel 14 1:00 Card Club: Hand &amp; Foot – Club Room 1:30 Stations of The Cross with Deacon Michael – Chapel &amp; TV Channel 14 3:30 Happy Hour: Sausage &amp; Cheese Platter, BYOB – Club Room</div>	<div>27</div> <div>1:00 Beginner Dominos – Club Room</div> <div>1:15 Sing-Along with Kenzie – Cinema</div> <div>2:15 Movie: Fried Green Tomatoes – Cinema (Please note time change for the movie for today only)</div> <div>2:30 Bingo with Volunteers Judi &amp; Betty – Lafayette Dining Room</div> <div>4:30 Catholic Mass – Chapel &amp; TV Channel 14</div>
<div>28</div> <div>2:00 Dominos – Club Room</div> <div>3:00 Dinner Club with Kenzie – Arts Room (Please sign up at The Front Desk - \$12 will be billed to your statement to attend - see posted flyer for menu)</div>	<div>29</div> <div>9:00 Live 2B Healthy Exercise Class – Chapel &amp; TV Channel 14 10:00 Target &amp; Cub Shopping Outing (Please sign up at The Front Desk)</div> <div>10:00 Holy Hour with Deacon Michael – Chapel &amp; TV Channel 14 12:15 Lunch &amp; Shopping Outing: Apple Jacks Orchard Café (Delano) (Please sign up at The Front Desk)</div> <div>1:30 Musical Performance with The Monday Jammers – Chapel &amp; TV Channel 14 3:15 Bingo with Volunteers Judi &amp; Betty – Lafayette Dining Room</div>	<div>30</div> <div>9:00 Morning Stretches with Phillis – Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael – Chapel &amp; TV Channel 14 11:15 Game Time: Resident Choice – Club Room (Enjoy your game, no leader today!)</div> <div>1:15 Movie: Love Me or Leave Me – Cinema 2:00 Cribbage – Club Room 2:00 Worship Service with Pastor Dan Schultz from Zion Lutheran Church – Chapel &amp; TV Channel 14</div>	<div>GOODBYE SUMMER HELLO FALL</div>	<div></div>	<div>Back to School</div>	<div>HELLO September</div>
<div>*** All programs indicating availability on “TV Channel 14” are available to those subscribed to Aufderworld</div> <div>*All programs subject to change without notice – please refer to Daily Sheets for any changes!</div>	<div></div>	<div></div>	<div></div>	<div>ALISSA DVORAK</div> <div>COMMUNITY LIFE &amp; VOLUNTEER DIRECTOR</div> <div>ADVORAK@GREATLAKESMC.COM</div> <div>952-345-4404</div>	<div>KENZIE GENZ</div> <div>COMMUNITY LIFE COORDINATOR</div> <div>MGENZ@GREATLAKESMC.COM</div> <div>952-345-4410</div>	<div>LA SAIJHA KLEIS</div> <div>COMMUNITY LIFE COORDINATOR</div> <div>LKLEIS@GREATLAKESMC.COM</div> <div>952-345-4414</div>