



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>July 2025</div> <div>Talamore Senior Living Woodbury- Enhanced Care</div>		10:30 Stay Strong Exercise-ODOM (GR) 11:00 Bob & Donna's Birthday Bash(1st Floor) 11:00 Bible Study Club (AR1) 2:00 'Bridge' Card Club (P) 2:30 Res Ambassador Touch Base (AR1) 3:00 Coffee & Cookie Social (P) <small>Canada Day</small>	9:30 St. Ambrose Catholic Mass & Communion (GR) 10:30 Feel Fit Exercise-Maya (GR) 1:30 Lydia Plays the Piano 2:00 BINGO (GR) 6:00 Tech Support (AR1)	9:30 *OUTING* Hy-Vee 10:30 Be Balanced & Flexible Exercise-ODOM (GR) 1:30 '500' Card Club' (AR1) 3:00 Coffee & Cookie Social with Trivia (P) 3:00 Train Dominoes (AR3)	10:30 Cardio Drumming (GR) 1:00 Manicures 2:30 4 th of July Happy Hour (CR) 2:30 Forever Young Band (CR) <div>FOURTH of JULY CELEBRATION</div>	10:00 Coffee Chat (P) 10:30 Walking Club (<i>Meet @ Concierge Desk for Indoor or Outdoor Walk!</i>) 1:30 Michigan Rummy (AR3) 2:30 'Rummikub' Club (P) 3:30 Popcorn Social
10:30 St. Ambrose Mass (Streamed on GR TV) 2:00 'Bridge' Card Club (AR1) 3:00 Matinee Movie "Audrey" (GR)	10:00 Donuts & Coffee Social (B) 10:30 Chair Yoga Video (GR) 1:00 'Play Nine' Card Club(P) 2:00 BINGO (GR) 3:00 'Cribbage' Card Club (AR1)	8:15 Bus Leaves * Outing* For Boat Ride On St. Croix River 10:30 Stay Strong Exercise-ODOM (GR) 2:00 'Bridge' Card Club (P) 3:00 Coffee & Cookie Social (P)	10:30 Feel Fit Exercise-Maya (GR) 2:00 BINGO (GR) 6:00 Tech Support (AR1) 6:00 Alzheimer's Association – Caregiver Support Group (PR)	9:30 *OUTING* Target 10:30 Be Balanced & Flexible Exercise-ODOM (GR) 1:30 '500' Card Club' (AR1) 3:00 Coffee & Cookie Social with Trivia (P) 3:00 Train Dominoes (AR3)	10:30 Balloon Volleyball (GR) 1:00 Manicures 2:30 Peacock Happy Hour (CR)	10:00 Coffee Chat (P) 10:15 Worship Service (GR) Followed by Social in Perk 10:30 Walking Club (<i>Meet @ Concierge Desk for Indoor or Outdoor Walk!</i>) 1:30 Michigan Rummy (AR3) 2:30 'Rummikub' Club (P) 3:30 Popcorn Social
10:40 Bus Leaves for *Outing*- 11:00 Service Eagle Brook Church 2:00 'Bridge' Card Club (AR1) 3:00 Matinee Movie "You Gotta Believe" (GR)	10:00 Donuts & Coffee Social (B) 10:30 Chair Yoga Video (GR) 11:00 Bus Leaves for Admiral D's Waterfront Tavern 1:00 'Play Nine' Card Club(P) 2:00 BINGO (GR) 3:00 'Cribbage' Card Club (AR1)	10:30 Stay Strong Exercise-ODOM (GR) 11:00 Bible Study Club (AR1) 2:00 'Bridge' Card Club (P) 2:00 Culinary Corner Dining & Food Meeting (GR) 2:30 Res Ambassador Touch Base (AR1) 3:00 Coffee & Cookie Social (P)	9:30 St. Ambrose Catholic Mass & Communion (GR) 10:30 Feel Fit Exercise-Maya (GR) 1:45 BINGO (GR) 3:15 Resident Council (GR) 6:00 Tech Support (AR1)	9:30 *OUTING* Walmart 10:30 Be Balanced & Flexible Exercise-ODOM (GR) 11:30 Odum Check in with Tryg(GR) 1:30 '500' Card Club' (AR1) 3:00 Coffee & Cookie Social with Trivia (P) 3:00 Train Dominoes (AR3)	10:30 Cardio Drumming (GR) 1:00 Manicures 2:30 Tropical Fruit Happy Hour (CR) 2:30 Live Acoustic Music with Tomi Majoros (CR)	10:00 Coffee Chat (P) 10:30 Walking Club (<i>Meet @ Concierge Desk for Indoor or Outdoor Walk!</i>) 1:30 Michigan Rummy (AR3) 2:30 'Rummikub' Club (P) 3:30 Popcorn Social
9:00 Bus Leaves *Outing 20 St. Paul Farmers' Market 10:30 St. Ambrose Mass (Streamed on GR TV) 2:00 'Bridge' Card Club (AR1) 3:00 Matinee Movie "Ocean's Eleven" (GR)	10:00 Donuts & Coffee Social (B) 10:30 Chair Yoga Video (GR) 1:00 'Play Nine' Card Club(P) 2:00 BINGO (GR) 3:00 'Cribbage' Card Club (AR1)	10:30 Stay Strong Exercise-ODOM (GR) 2:00 'Bridge' Card Club (P) 2:00 Dietician's Dish(PR) 3:00 Coffee & Cookie Social (P)	10:30 Feel Fit Exercise-Maya (GR) 11:30 Non-Denominational Service with Pastor Tim (GR) 2:00 BINGO (GR) 6:00 Tech Support (AR1)	9:30 *OUTING* Cub 10:30 Be Balanced & Flexible Exercise-ODOM (GR) 1:30 '500' Card Club' (AR1) 3:00 Coffee & Cookie Social with Trivia (P) 3:00 Train Dominoes (AR3)	10:30 Balloon Volleyball (GR) 1:00 Manicures 2:30 Renaissance Fair Happy Hour (CR)	10:00 Coffee Chat (P) 10:30 Walking Club (<i>Meet @ Concierge Desk for Indoor or Outdoor Walk!</i>) 1:30 Michigan Rummy (AR3) 2:30 'Rummikub' Club (P) 3:30 Popcorn Social
10:00 Bus Leaves For *Outing* - 10:30 Service Woodbury Lutheran Church 2:00 'Bridge' Card Club (AR1) 3:00 Matinee Movie "Shark Whisperer" (GR)	10:00 Donuts & Coffee Social (B) 10:30 Chair Yoga Video (GR) 1:00 'Play Nine' Card Club(P) 2:00 BINGO (GR) 3:00 'Cribbage' Card Club (AR1)	10:30 Stay Strong Exercise-ODOM (GR) 2:00 'Bridge' Card Club (P) 2:30 June Birthday Party (CR) Everyone Invited! 6:30 Summit Music Concert (GR)	10:30 Feel Fit Exercise-Maya (GR) 1:30 Lydia Plays the Piano 2:00 BINGO (GR) 6:00 Tech Support (AR1)	9:30 *OUTING* Jerry's Foods 10:30 Be Balanced & Flexible Exercise-ODOM (GR) 1:30 '500' Card Club' (AR1) 3:00 Coffee & Cookie Social with Trivia (P) 3:00 Train Dominoes (AR3)	PLEASE NOTE: Activities are subject to change 	

KEY: (AR1,2,3) 1st 2nd or 3rd Floor Activity Room (B) Bistro (CR) Club Room (CY) Courtyard (EC-AR) Enhanced Care Activity Room (GR) Gathering Room (P) Perk (PR) Party Room (MC) MC Dining Room