




AUGUST 2025 FLEX & ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>ALISSA DVORAK</u> COMMUNITY LIFE & VOLUNTEER DIRECTOR ADVORAK@ GREATLAKESMC.COM 952-345-4404	<u>KENZIE GENZ</u> COMMUNITY LIFE COORDINATOR KGENZ@ GREATLAKESMC.COM 952-345-4410	<u>LA SAIJHA KLEIS</u> COMMUNITY LIFE COORDINATOR LKLEIS@ GREATLAKESMC.COM 952-345-4414	*** All programs indicating availability on "TV Channel 14" are available to those subscribed to Aufderworld *All programs subject to change without notice - please refer to Daily Sheets for any changes!		1 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Card Club: Hand & Foot - Club Room 1:30 Stations of The Cross with Deacon Michael - Chapel & TV Channel 14 3:30 Happy Hour: Moroccan Baked Feta Dip with Flatbread Provided, BYOB - Club Room	2 10:30 Cardio Drumming with Felicia - Chapel & TV Channel 14 (Please sign up at The Front Desk for a spot!) 1:15 Walking Club with LaSaijha (Meet in The Front Lobby) 2:30 Bingo with Volunteer Judi - Lafayette Dining Room 4:30 Catholic Mass with Father Bakatu - Chapel & TV Channel 14
3 1:00 Cell Phone & iPad/Tablet Support with LaSaijha - Cinema (Please sign up for an appointment at The Front Desk) 2:00 Dominos - Club Room 2:30 Movie: Harry Brown - Cinema	4 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Target & Cub Shopping Outing (Please sign up at The Front Desk) 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 12:15 Lunch Outing: Maynards (Lake Minnetonka) (Please sign up at The Front Desk) 1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room	5 9:00 Morning Stretches with Phillis - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:15 Card Game: Rack-o with Alissa - Club Room 1:15 Movie: 9 to 5 - Cinema 2:00 Cribbage - (Volunteer Thomas available to assist) - Club Room 2:00 Educational Opportunity: Snacks & Conversation sponsored by English Rose - Perk 3:00 Worship Service with Gethsemane Lutheran Church - Chapel & TV Channel 14 3:45 National Night Out: Night to Unite Social with Accordion Music by Mike Opitz - Lafayette Patio & Lafayette Dining Room	6 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00-4:00 Fingernail Polishing with Alissa and Volunteers Julie & Shelley - Arts Room (an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service) 2:15 Fresh Popped Popcorn with Kenzie & LaSaijha - Perk 3:30 Bingo with Volunteers Becca & Reid - Lafayette Dining Room 3:30 Summer Concert & Refreshments Featuring Music from CODA with Maddie & Kasey - Lafayette Patio 5:00 Dementia Support Group with Carissa & Maddie - Chapel & TV Channel 14 6:30 Movie Night: Hatari- Cinema	7 9:00 Morning Stretches with Phillis - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:15 Game Time: Resident Choice (no leader present today) - Club Room 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:00 Cards: Skip-Bo - Club Room 1:15 The Chosen: Season 5: Episodes 1: Entry & 2: House of Cards - Cinema 1:30 Superfoods Presentation with Dietician Tammy from Unidine - Arts Room 2:30 Question & Answer Session with Jennifer from Home Instead and Root Beer Float Social - Perk	8 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:15 Welcome Committee Meeting with Our Marketing Team: Maddie & Kasey - Private Dining Room 1:00 Card Club: Hand & Foot - Club Room 1:30 Stations of The Cross with Deacon Michael - Chapel & TV Channel 14 3:30 Happy Hour: Farmers Market Veggie Platter with Ranch Dip Provided, BYOB - Club Room	9 1:15 Walking Club with Kenzie (Meet in The Front Lobby) 2:30 Bingo with Volunteer Judi - Lafayette Dining Room 4:30 Catholic Mass with Father Bakatu - Chapel & TV Channel 14
10 1:00 Cell Phone & iPad/Tablet Support with Kenzie - Cinema (Please sign up for an appointment at The Front Desk) 2:00 Dominos - Club Room 2:30 Movie: What's Up, Doc? - Cinema	11 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Target & Cub Shopping Outing (Please sign up at The Front Desk) 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 10:00 Confessions with Father Berger - Pastoral Care Office (Located outside of the Chapel) 1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room	12 9:00 Morning Stretches with Phillis - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:15 Card Game: Wizard with Alissa - Club Room 1:15 Movie: Shirley Temple's The Little Princess- Cinema 2:00 Worship Service with Pastor Dan Schultz from Zion Lutheran Church - Chapel & TV Channel 14 2:00 Cribbage (Volunteer Thomas available to assist) - Club Room	13 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Low Vision Group with Renee - Lafayette Dining Room 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00 Library Day with Janie - Conference Room (All are encouraged to stop in for this FREE book service) 2:00-4:00 Fingernail Polishing with Alissa and Volunteers Julie & Shelley - Arts Room (an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service) 2:15 Fresh Popped Popcorn with The Community Life Team - Perk 3:30 Bingo with Volunteers Becca & Reid - Lafayette Dining Room 6:30 Movie Night: Butch Cassidy & The Sundance Kid - Cinema	14 9:00 Morning Stretches with Phillis - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:15 Cards: 5 Crowns with Alissa-Club Room 12:15 Lunch Outing: Kip's Irish Pub (St. Louis Park) (Please sign up at The Front Desk) 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:00 Cards: Skip-Bo - Club Room 1:15 The Chosen: Season 5: Episodes 3: Woes & 4: The Same Coin - Cinema 2:30 Piano Concert with Evan Kasseth - Chapel & TV Channel 14	15 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Mass: The Solemnity of The Assumption - Chapel & TV Channel 14 1:00 Card Club: Hand & Foot - Club Room 1:30 Stations of The Cross with Deacon Michael - Chapel & TV Channel 14 3:30 Happy Hour: Herbed Goat Cheese Spread on Baguettes Provided, BYOB - Club Room	16 10:30 Cardio Drumming with Felicia - Chapel & TV Channel 14 (Please sign up at The Front Desk for a spot!) 1:15 Walking Club with LaSaijha (Meet in The Front Lobby) 2:30 Bingo with Volunteer Judi - Lafayette Dining Room 4:30 Catholic Mass with Father Bakatu - Chapel & TV Channel 14

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 1:00 Cell Phone & iPad/Tablet Support with LaSaijha - Cinema (Please sign up for an appointment at The Front Desk) 2:00 Dominos - Club Room 2:30 Movie: Mrs. Doubtfire - Cinema	18 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Target & Cub Shopping Outing (Please sign up at The Front Desk) 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 12:15 Lunch Outing: Scoreboard (Hopkins) (Please sign up at The Front Desk) 1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room	19 9:00 Morning Stretches with Phillis - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:15 Card Game: Players Choice (no leader present today) - Club Room 1:15 Movie: The Horse Whisperer - Cinema 2:00 Worship Service with Deacon Michael - Chapel & TV Channel 14 2:00 Cribbage (Volunteer Thomas available to assist) - Club Room 3:00 Resident Meeting - Chapel & TV Channel 14	20 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00-4:00 Fingernail Polishing with Alissa and Volunteers Julie & Shelley - Arts Room (an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service) 2:15 Fresh Popped Popcorn with Kenzie & LaSaijha - Perk 3:30 Bingo with Volunteer Judi & Resident Volunteer Betty - Lafayette Dining Room 6:30 Movie Night: The Zookeepers Wife - Cinema	21 9:00 Morning Stretches with Phillis - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:15 Movie Selection Meeting with Alissa - Cinema 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:00 Cards: Skip-Bo - Club Room 1:15 The Chosen: Season 5: Episodes 5: Because of Me & 6: Reunions - Cinema 1:30 Book Club Hosted by Resident Phillis Bennett: <u>Nightwoods</u> by Charles Frazier - Private Dining Room 2:30 Celebrating August Birthdays with Musical Performance by Dale Martell - Chapel & TV Channel 14 3:30 Birthday Treats: Old Fashioned Birthday Cake - Perk	22 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Card Club: Hand & Foot - Club Room 1:30 Stations of The Cross with Deacon Michael - Chapel & TV Channel 14 3:30 Happy Hour: Bao Sandwiches with Flatbread Provided, BYOB - Club Room 6:15 Cello & Violin Performance by Arco - Chapel & TV Channel 14	23 1:15 Walking Club with Kenzie (Meet in The Front Lobby) 2:30 Bingo with Volunteer Judi - Lafayette Dining Room 4:30 Catholic Mass with Father Ebert - Chapel & TV Channel 14
24 1:00 Cell Phone & iPad/Tablet Support with Kenzie - Cinema (Please sign up for an appointment at The Front Desk) 2:00 Dominos - Club Room 2:30 Movie: Schindler's List - Cinema	25 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Target & Cub Shopping Outing (Please sign up at The Front Desk) 1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room	26 9:00 Morning Stretches with Phillis - Chapel & TV Channel 14 11:15 Card Game: Wizard with Alissa - Club Room 1:15 Movie: The 3 rd Man - Cinema 2:00 Cribbage (Volunteer Thomas available to assist) - Club Room 5:00 State Fair Themed Dinner - Served in The Lafayette & Excelsior Dining Rooms	27 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 1:00 Dining Meeting with Heidi from Unidine - Lafayette Dining Room 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00-4:00 Fingernail Polishing with Alissa & Volunteers Julie - Arts Room (an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service) 2:15 Fresh Popped Popcorn with Kenzie & LaSaijha - Perk 3:30 Bingo with Resident Volunteer Betty and Kenzie & LaSaijha - Lafayette Dining Room 6:30 Movie Night: TA River Runs Through It - Cinema	28 9:00 Morning Stretches with Phillis - Chapel & TV Channel 14 11:15 Cards: Phase 10 with Alissa - Club Room 12:15 Lunch Outing: Pizza Luce (Hopkins) (Please sign up at The Front Desk) 1:00 Cards: Skip-Bo - Club Room 1:15 The Chosen: Season 5: Episodes 7: The Upper Room Part 1 & 8: The Upper Room Part 2 - Cinema	29 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 9:30 Friday Morning Donut Social - Perk 1:00 Card Club: Hand & Foot - Club Room 3:30 Happy Hour: Caprese Skewers Provided, BYOB - Club Room	30 1:15 Walking Club with LaSaijha (Meet in The Front Lobby) 2:30 Bingo with Volunteer Judi - Lafayette Dining Room 4:30 Catholic Mass with Father Bakatu - Chapel & TV Channel 14
31 1:00 Cell Phone & iPad/Tablet Support with LaSaijha - Cinema (Please sign up for an appointment at The Front Desk) 2:00 Dominos - Club Room 2:30 Movie: The Young Philadelphians - Cinema		<p>*** All programs indicating availability on "TV Channel 14" are available to those subscribed to Aufderworld</p> <p>*All programs subject to change without notice - please refer to Daily Sheets for any changes!</p>		<u>ALISSA DVORAK</u> COMMUNITY LIFE & VOLUNTEER DIRECTOR ADVORAK@GREATLAKESMC.COM 952-345-4404	<u>KENZIE GENZ</u> COMMUNITY LIFE COORDINATOR MGENZ@GREATLAKESMC.COM 952-345-4410	<u>LA SAIJHA KLEIS</u> COMMUNITY LIFE COORDINATOR LKLEIS@GREATLAKESMC.COM 952-345-4414