

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

TERRACES Assisted Living



1:30 New Year's BINGO 1
w/Erin -AR
2:30 Movie & Popcorn-AR
Shall We Dance?




New Year's Day


10:00 Reach For It! w/Dana 2
-AR
10:30 Looking Forward -AR
11:00 Interfaith Service -C
1:30 Pineapple Upside Down
Cake -AR
2:45 Snack -AR
3:30 Mass -C

10:00 Reach For It! w/Dana 3
-AR
10:30 Brooklyn Bridge -AR
11:00 Faith Sharing w/Mike
-AR
1:30 Dice Game -AR
2:45 Snack -AR
3:30 Mass -C

10:00 *Around Your World* -TO 4
1:30 St. Paul History &
Gangsters w/Carl -AR^
2:30 Movie & Popcorn -AR
The Public Enemy



11:00 Mass -C 5
1:30 Tour Alaska w/Carl -FP
2:15 Snack -FP
2:30 Alaska National Parks
-AR



Happy Birthday Pat R.! 6
10:00 Balloon Volleyball
w/Lori -AR
11:00 Adoration/Divine Mercy
-C
1:30 *The Chosen Series*
w/Deacon Jim -AR
3:00 Snack -AR
3:30 Mass -C


10:00 Strength, Stretching
Relaxation w/Carl -AR 7
10:30 In the Kitchen-
Snowballs -AR
1:30 Polar Explorers -AR
2:30 Men's Group -AR
3:30 Mass -C

10:00 Fitness Frenzy w/Erin 8
-AR
10:30 Bob Hope's Life -AR
11:00 Rosary -C
1:30 BINGO -AR
3:00 Snack -AR
3:30 Mass -C
6:30 Movie Night -AR

10:00 Food Forum -TO 9
10:00 Reach For It! w/Dana
-AR
10:30 London Bridge Opens -AR
11:00 Interfaith Service -C
1:30 Dietitian's Dish -TO
1:30 Word Games -AR
2:45 Snack -AR
3:30 Mass -C

10:00 Fitness Friday w/Carl 10
-AR
10:30 All About Flowers -AR
11:00 Faith Sharing w/Mike
-AR
1:30 National Bird Day -AR
2:30 **Assisted Living Activity
Committee & Ice Cream** -AR
3:30 Mass -C

10:00 *Around Your World* -TO 11
1:30 Crafts w/Erin -AR
2:30 Movie & Popcorn -AR
One Fine Day



11:00 Mass -C 12
1:30 BINGO w/Erin -AR
2:30 Movie & Popcorn -AR
Rudy



10:00 Monday in
Movement w/Carl -AR 13
10:30 Dolly Parton -AR
11:00 Adoration/Divine Mercy
1:30 *The Chosen Series*
w/Deacon Jim -AR
2:45 Snack -AR
3:30 Mass -C


10:00 Strength, Stretching, 14
Relaxation w/Carl -AR
10:30 The Lone Ranger -AR
**12:00-3:00 Lunch Outing
Red Lobster**
Sign up at the Front Desk.
3:30 Mass -C+

10:00 Fitness Frenzy w/Erin 15
-AR
10:30 Strange MN Facts -AR
11:00 Rosary -C
1:30 BINGO -AR
3:00 Snack -AR
3:30 Mass -C
6:30 Movie Night -AR


10:00 Reach For It! w/Dana 16
-AR
10:30 18th Amendment -AR
11:00 Interfaith Service -C
1:30 3rd Floor Social
2:45 Snack
3:30 Mass -C

10:00 Fitness Friday w/Carl 17
AR
10:30 John Hancock -AR
11:00 Faith Sharing w/Mike
1:30 Martin Luther King Jr.
-AR
2:30 Snack -AR
3:30 Mass -C+

10:00 *Around Your World* -TO 18
1:30 Grand Canyon w/Dana
-AR
2:30 Word Games -AR
3:00 Snack -AR




11:00 Mass -C 19
1:30 National Popcorn Day
w/Dana -AR
2:30 Movie & Popcorn -AR
On Golden Pond



Activity Professionals Week

10:00 Monday in
Movement w/Carl -AR 20
10:30 First Ladies -AR
11:00 Adoration/Divine Mercy
-C
1:30 *The Chosen Series*
w/Deacon Jim -AR
3:00 Snack -AR
3:30 Mass -C



10:00 Strength, Stretching, 21
Relaxation w/Carl -AR
**10:30 Resident Council
Meeting -C**
**2:30 January Birthday Party
Music by Ross McLeod**
3:30 Mass -C

10:00 Fitness Frenzy w/Erin 22
-AR
10:30 Paul Newman -AR
11:00 Rosary -C
1:30 BINGO -AR
3:00 Snack -AR
3:30 Mass -C
6:30 Movie Night -AR


10:00 Reach For It! w/Dana 23
-AR
10:30 National Pie Day -AR
11:00 Interfaith Service -C
1:30 Peach Pie -AR
2:45 Snack
3:30 Mass -C

10:00 Fitness Friday w/Lori 24
-AR
10:30 A-Z Trivia -AR
11:00 Faith Sharing w/Mike
-AR
1:30 Bocce Ball -AR
2:45 Snack -AR
3:30 Mass -C

Happy Birthday Barbara M.! 25
10:00 *Around Your World* -TO
1:30 Musical Movie Spotlight:
Brigadoon
2:30 Movie & Popcorn -AR
Brigadoon



11:00 Mass -C 26
1:30 The Gold Rush
w/Carl -AR
2:15 Movie & Popcorn-AR
*The Treasure of the
Sierra Madre*



Australia Day (Observed)

10:00 Get Moving! w/Erin 27
-AR
10:30 Audrey Hepburn -AR
11:00 Adoration/Divine Mercy
-C
1:30 *The Chosen Series*
w/Deacon Jim -AR
3:00 Cheese & Crackers
& Cheesy Facts -AR

10:00 Strength, Stretching, 28
Relaxation w/Carl -AR
10:30 In the Kitchen-
Pistachio Cake -AR
1:30 Roosevelt/MacArthur
-AR
2:30 Men's Group -AR
3:30 Mass -C

10:00 Fitness Frenzy w/Erin 29
-AR
10:30 Never Have I Ever...
-AR
11:00 Rosary -C
1:30 BINGO -AR
3:00 Snack -AR
3:30 Mass -C
6:30 Movie Night -AR
Chinese New Year (Year of the Snake)

10:00 Reach For It! w/Dana 30
-AR
10:30 National Escape Day
-AR
11:00 Interfaith Service -C
1:30 Dice Game -AR
2:45 Snack
3:30 Mass -C

10:00 Fitness Friday w/Carl 31
-AR
10:30 James J. Hill -AR
11:00 Faith Sharing w/Mike
-AR
1:30 St. Paul Winter Carnival
-AR
2:45 Snack -AR
3:30 Mass -C

*** Any changes will be
posted on the Daily
Schedule.**

Location Key: AR-Activity Room, C-Chapel, FP-Fireplace/Library Area, DR-2nd Floor Dining Room, CN-Coffee Nook, TO-Towers