





# JANUARY 2025

# FLEX & ASSISTED LIVING





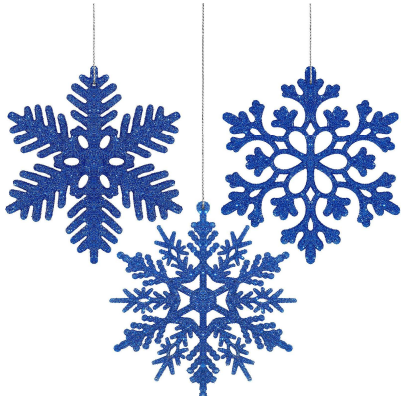



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 <p>1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 3:30 Bingo with Volunteers Becca &amp; Reid- Lafayette Dining Room</p>	<p>9:00 Morning Stretches with Jeanne - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Trivia Game: Jeopardy with Alissa - Cinema 12:15 Lunch Outing: Baccio's (Minnetonka) <b>(Please sign up at The Front Desk)</b> 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:00 Skip-Bo Led by Residents Betty &amp; Esther - Club Room 1:15 Movie: While You Were Sleeping - Cinema 2:30 Visits with Tiptoe the Therapy Donkey - Chapel <b>(All are welcome &amp; encouraged to attend - bring your families - and your cameras!)</b></p>	<p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Card Club: Hand &amp; Foot Hosted by Resident Pat Howitz - Club Room 1:30 Stations of the Cross with Deacon Michael - Chapel &amp; TV Channel 14 3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	<p>10:30 Cardio Drumming with Felicia - Chapel &amp; TV Channel 14 <b>(Please sign up at The Front Desk for a spot!)</b>  1:15 Afternoon Tea &amp; Charcuterie Style Nibbles with Shelley - Perk  2:30 Bingo with Volunteer Judi - Lafayette Dining Room  4:30 Catholic Mass with Father Ebert - Chapel &amp; TV Channel 14</p>
<p>1:15 Farm &amp; Tractor Trivia with Shelley - Perk  2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Target &amp; Cub Shopping Outing <b>(Please sign up at The Front Desk)</b> 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:30 Musical Performance with The Monday Jammers - Chapel &amp; TV Channel 14 2:00 Three Good Things: An Introduction to Well-Being, Hosted by The Glenn Minnetonka Marketing Team - Lafayette Dining Room 3:15 Bingo with Volunteer Judi - Arts Room <b>(Note location change for Bingo for today only!)</b></p>	<p>9:00 Morning Stretches with Jeanne - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 10:30 Waltz Music with Resident Bob Werner - Arts Room 11:15 Card Game: Wizard with Alissa - Club Room 12:15 Lunch Outing: Patrick's Café at Bachman's (MPLS) <b>(Please sign up at The Front Desk)</b> 1:15 Movie: Crocodile Dundee - Cinema 2:00 Cribbage - Club Room 3:00 Worship Service with Pastor TBA from Gethsemane Lutheran Church - Chapel &amp; TV Channel 14</p>	<p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 12:15/1:45 Medical Shuttle <b>(You MUST Make an Appointment with The Front Desk)</b> 1:00 Open Bridge - Club Room 1:00 Low Vision Group with Renee - Lafayette Dining Room 1:30 Scrabble - Club Room 2:00 Fresh Popped Popcorn Delivered by Amelia &amp; Shelley - Perk 2:00 Library Day with Janie - Conference Room <b>(All are encouraged to stop in for this FREE book service)</b> 2:00-4:00 Fingernail Polishing with Alissa &amp; Volunteer Julie - Arts Room <b>(an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service)</b> 2:15 Fresh Popped Popcorn Delivered to Card Players by Amelia &amp; Shelley - Club Room &amp; Library 3:30 Bingo with Volunteers Becca &amp; Reid - Lafayette Dining Room 7:00 Movie Night: Gladiator - Cinema</p>	<p>9:00 Morning Stretches with Jeanne - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Seated Yoga with Alissa - Cinema 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:00 Skip-Bo Led by Residents Betty &amp; Esther - Club Room 1:15 Movie: The Sand Pebbles - Cinema 2:30 Celebrating This Month's Birthdays with Musical Entertainment by Liya Niu - Chapel &amp; TV Channel 14 3:30 Birthday Treats Served - Perk</p>	<p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Welcome Committee Meeting with Marketing Team: Maddie &amp; Kasey - Private Dining Room 1:00 Card Club: Hand &amp; Foot Hosted by Resident Pat Howitz - Club Room 1:30 Stations of the Cross with Deacon Michael - Chapel &amp; TV Channel 14 3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	<p>1:15 Cell Phone &amp; iPad/Tablet Support with Amelia - Perk <b>(Please sign up for an appointment at The Front Desk)</b>  2:30 Bingo with Volunteer Judi - Perk  4:30 Catholic Mass with Father Bakatu - Chapel &amp; TV Channel 14</p>
<p>1:15 Art Project with Amelia: Decorate Your Own Wine Glass - Arts Room  2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Target &amp; Cub Shopping Outing <b>(Please sign up at The Front Desk)</b> 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 10:00 Confessions with Father Berger - Pastoral Care Office <i>(Located outside of the Chapel)</i> 12:15 Lunch Outing: Jax Café (MPLS) <b>(Please sign up at The Front Desk)</b> 1:30 Musical Performance with The Monday Jammers - Chapel &amp; TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>	<p>9:00 Morning Stretches with Jeanne - Chapel &amp; TV Channel 14 10:30 Dance Lessons Led by Volunteer Jeanne Ward &amp; Resident Bob Werner - Arts Room 11:15 Card Game: Wizard with Alissa - Club Room 1:15 Movie: Lethal Weapon - Cinema 2:00 Cribbage - Club Room 2:00 Worship Service with Deacon Michael - Chapel &amp; TV Channel 14</p>	<p>8:15/9:45 Medical Shuttle <b>(You MUST Make an Appointment with The Front Desk)</b> 9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00 Fresh Popped Popcorn Delivered by Amelia &amp; Shelley - Perk 2:00-4:00 Fingernail Polishing with Alissa &amp; Volunteer Julie - Arts Room <b>(an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service)</b> 2:15 Fresh Popped Popcorn Delivered to Card Players by Amelia &amp; Shelley - Club Room &amp; Library 3:30 Bingo with Volunteers Becca &amp; Reid- Lafayette Dining Room 7:00 Movie Night: Book Club - Cinema</p>	<p>9:00 Morning Stretches with Jeanne - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 10:00 Outing: Orchestra Hall Prelude Coffee Concert Series: Nordic Tales &amp; Folklore Shuttle <b>(Tickets Must be Purchased Ahead of Time- see Resident Lorraine Brasket for Details, also please sign up at The Front Desk)</b> 11:15 Game: Quiddler with Alissa - Club Room 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:00 Skip-Bo Led by Residents Betty &amp; Esther - Club Room 1:15 Movie: My Fair Lady - Cinema 1:30 Book Club: Hosted by Resident Phillis Bennett: <u>The Thunderbolts Kid</u> by Billie Bryson - Private Dining Room 2:30 Staying Safe at Home: An Educational Presentation with Interim's Steve Thiebeler, Director of Therapy - Chapel &amp; TV Channel 14</p>	<p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Card Club: Hand &amp; Foot Hosted by Resident Pat Howitz - Club Room 1:30 Resident Meeting - Chapel &amp; TV Channel 14 2:30 Stations of the Cross with Deacon Michael - Chapel &amp; TV Channel 14 3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	<p>10:30 Cardio Drumming with Felicia - Chapel &amp; TV Channel 14 <b>(Please sign up at The Front Desk for a spot!)</b>  1:15 Afternoon Tea &amp; Roast Beef Tea Sandwiches with Shelley - Perk  2:30 Bingo with Volunteer Judi - Lafayette Dining Room  4:30 Catholic Mass with Father Bakatu - Chapel &amp; TV Channel 14</p>

# JANUARY 2025

# FLEX & ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;"><b>19</b></p> <p>1:15 Baking Group: Cheesy Thumbprint Appetizers with Pepper Jelly with Alissa - Arts Room</p>  <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p style="text-align: right;"><b>20</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Target &amp; Cub Shopping Outing <i>(Please sign up at The Front Desk)</i> 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:30 Musical Performance with The Monday Jammers - Chapel &amp; TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>	<p style="text-align: right;"><b>21</b></p> <p>9:00 Morning Stretches with Jeanne - Chapel &amp; TV Channel 14 10:30 Waltz Music with Resident Bob Werner - Arts Room 11:15 Card Game: Wizard with Alissa - Club Room 1:15 Movie: Harry &amp; The Henderson's - Cinema 2:00 Cribbage - Club Room 2:00 Worship Service with Deacon Michael - Chapel &amp; TV Channel 14</p>	<p style="text-align: right;"><b>22</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 12:15/1:45 Medical Shuttle <i>(You MUST Make an Appointment with The Front Desk)</i> 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00 Fresh Popped Popcorn Delivered by Amelia &amp; Shelley - Perk 2:00-4:00 Fingernail Polishing with Alissa &amp; Volunteer Julie - Arts Room <i>(an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service)</i> 2:15 Fresh Popped Popcorn Delivered to Card Players by Amelia &amp; Shelley - Club Room &amp; Library 3:30 Bingo with Volunteers Becca &amp; Reid - Lafayette Dining Room 7:00 Movie Night: Pollyanna - Cinema</p>	<p style="text-align: right;"><b>23</b></p> <p>9:00 Morning Stretches with Jeanne - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Movie Selection Meeting with Alissa - Cinema <i>(Help us select movies for the month of February to watch in the Cinema)</i> 12:15 Lunch Outing: Benedict's (Wayzata) <i>(Please sign up at The Front Desk)</i> 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:00 Skip-Bo Led by Residents Betty &amp; Esther - Club Room 1:15 Movie: Driving Miss Daisy - Cinema 2:30 New Resident Meet &amp; Greet Social - Hosted by our Marketing Team: Maddie &amp; Kasey - Lafayette Dining Room <i>All are welcome and encouraged to attend!</i></p>	<p style="text-align: right;"><b>24</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Card Club: Hand &amp; Foot Hosted by Resident Pat Howitz - Club Room 1:30 Stations of the Cross with Deacon Michael - Chapel &amp; TV Channel 14 3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	<p style="text-align: right;"><b>25</b></p> <p>1:15 Cell Phone &amp; iPad/Tablet Support with Amelia - Perk <i>(Please sign up for an appointment at The Front Desk)</i> 2:30 Bingo with Volunteer Judi - Perk 4:30 Catholic Mass with Father Bakatu - Chapel &amp; TV Channel 14</p>
<p style="text-align: right;"><b>26</b></p> <p>1:15 Art Project with Amelia: Rice Krispie Wreaths - Arts Room</p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p style="text-align: right;"><b>27</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Target &amp; Cub Shopping Outing <i>(Please sign up at The Front Desk)</i> 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 12:15 Lunch Outing: Brick &amp; Bourbon (Eden Prairie) <i>(Please sign up at The Front Desk)</i> 1:30 Musical Performance with The Monday Jammers - Chapel &amp; TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>	<p style="text-align: right;"><b>28</b></p> <p>9:00 Morning Stretches with Jeanne - Chapel &amp; TV Channel 14 10:30 Dance Lessons Led by Volunteer Jeanne Ward &amp; Resident Bob Werner - Arts Room 11:15 Card Game: Wizard with Alissa - Club Room 1:15 Movie: The Parent Trap - Cinema 2:00 Cribbage - Club Room 2:00 Worship Service with Pastor Dan from Zion Lutheran Church - Chapel &amp; TV Channel 14</p>	<p style="text-align: right;"><b>29</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00 Fresh Popped Popcorn Delivered by Shelley - Perk 2:15 Fresh Popped Popcorn Delivered to Card Players by Shelley - Club Room &amp; Library 2:00-4:00 Fingernail Polishing with Alissa &amp; Volunteer Julie - Arts Room <i>(an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service)</i> 3:30 Bingo with Shelley &amp; Amelia - Lafayette Dining Room 5:00 Chinese New Year Dinner - Served in both Lafayette &amp; Excelsior Dining Rooms 7:00 Movie Night: The Notebook - Cinema</p>	<p style="text-align: right;"><b>30</b></p> <p>9:00 Morning Stretches with Jeanne - Chapel &amp; TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 11:15 Game: Quiddler with Alissa - Club Room 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:00 Skip-Bo Led by Residents Betty &amp; Esther - Club Room 1:15 Movie: Flower Drum Song - Cinema</p>	<p style="text-align: right;"><b>31</b></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel &amp; TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel &amp; TV Channel 14 1:00 Card Club: Hand &amp; Foot Hosted by Resident Pat Howitz - Club Room 1:30 Stations of the Cross with Deacon Michael - Chapel &amp; TV Channel 14 3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	
				<p style="text-align: center;"><b><u>ALISSA DVORAK</u></b></p> <p style="text-align: center;">COMMUNITY LIFE &amp; VOLUNTEER DIRECTOR</p> <p style="text-align: center;">ADVORAK@GREATLAKESMC.COM</p> <p style="text-align: center;">952-345-4404</p>	<p style="text-align: center;"><b><u>AMELIA HEATH</u></b></p> <p style="text-align: center;">COMMUNITY LIFE COORDINATOR</p> <p style="text-align: center;">AHEATH@GREATLAKESMC.COM</p> <p style="text-align: center;">952-345-4414</p>	<p style="text-align: center;"><b><u>SHELLEY BERGMAN</u></b></p> <p style="text-align: center;">COMMUNITY LIFE COORDINATOR</p> <p style="text-align: center;">SBERGMAN@GREATLAKESMC.COM</p> <p style="text-align: center;">952-345-4410</p>