

DECEMBER 2024 FLEX & ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">1</p> <p>12:00 Vikings vs. Arizona Cardinals - Cinema (TV Channel: Fox-9)</p> <p>1:15 Art Project with Amelia: Yarn Star Ornaments - Arts Room</p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p style="text-align: right;">2</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14</p> <p>10:00 Target & Cub Shopping Outing <i>(Please sign up at The Front Desk)</i></p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>12:15 Lunch Outing: Heathers (Minnetonka) <i>(Please sign up at The Front Desk)</i></p> <p>1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14</p> <p>3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>	<p style="text-align: right;">3</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>10:30 Dance Lessons Led by Volunteer Jeanne Ward & Resident Bob Werner - Arts Room</p> <p>10:15 Outing: Bells Will Be Ringing Play & Luncheon at Sidekick Theater with Alissa (Bloomington) <i>(Please sign up at The Front Desk - Tickets are \$50/person, billed to your account - see posted flyer for details)</i></p> <p>1:15 Movie: Miracle on 24th Street - Cinema</p> <p>2:00 Cribbage - Club Room</p> <p>3:00 Worship Service with Pastor TBD from Gethsemane Lutheran Church - Chapel & TV Channel 14</p>	<p style="text-align: right;">4</p> <p>8:15/9:45 Medical Shuttle <i>(You MUST Make an Appointment with The Front Desk)</i></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>1:00 Open Bridge - Club Room</p> <p>1:30 Scrabble - Club Room</p> <p>2:00 Fresh Popped Popcorn with Amelia & Shelley - Perk</p> <p>2:00-4:00 Fingernail Polishing with Volunteer Julie - Arts Room <i>(an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service)</i></p> <p>3:30 Bingo with Volunteers Becca & Reid - Lafayette Dining Room</p> <p>7:00 Movie Night: A Paris Christmas Waltz - Cinema</p>	<p style="text-align: right;">5</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>10:00 Outing: Orchestra Hall Prelude Coffee Concert Series: Bach Reimagined Shutte <i>(Tickets Must be Purchased Ahead of Time- see Resident Lorraine Brasket for Details, also please sign up at The Front Desk)</i></p> <p>1:00 Bible Study with Deacon Michael - Fireside Dining Room</p> <p>1:00 Skip-Bo Led by Residents Betty & Esther - Club Room</p> <p>1:15 Movie: The Christmas Chronicles - Cinema</p> <p>1:30 Book Club Meeting: Led by Resident Phillis Bennett: <u>Lessons in Chemistry</u> by Bonnie Garmus - Private Dining Room</p> <p>2:30 Integrating Exercise into Our Daily Routines Presentation with Michaela Bailly from ODOM Rehab - Chapel & TV Channel 14</p>	<p style="text-align: right;">6</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14</p> <p>9:30 Friday Morning Donut Social - Perk</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>1:00 Card Club: Hand & Foot Hosted by Resident Pat Howitz - Club Room</p> <p>1:30 Stations of the Cross with Deacon Michael - Chapel & TV Channel 14</p> <p>3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	<p style="text-align: right;">7</p> <p>10:30 Cardio Drumming with Felicia - Chapel & TV Channel 14 <i>(Please sign up at The Front Desk for a spot!)</i></p> <p>1:15 Get to Know Shelley - Club Room <i>(Refreshments provided)</i></p> <p>2:30 Bingo with Volunteer Judi - Lafayette Dining Room</p> <p>4:30 Catholic Mass with Father Bakatu - Chapel & TV Channel 14</p>
<p style="text-align: right;">8</p> <p>10:00 Catholic Mass with Father Boyle - Chapel & TV Channel 14</p> <p>12:00 Vikings vs. Atlanta Falcons - Cinema (TV Channel: Fox-9)</p> <p>2:00 Talent Show Performance with Girl Scout Troop 18664 - Chapel & TV Channel 14</p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p style="text-align: right;">9</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14</p> <p>10:00 Target & Cub Shopping Outing <i>(Please sign up at The Front Desk)</i></p> <p>10:00 Catholic Mass of The Immaculate Conception with Father Boyle - Chapel & TV Channel 14</p> <p>10:00 Confessions with Father Berger - Pastoral Care Office <i>(Located outside of the Chapel)</i></p> <p>1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14</p> <p>3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>	<p style="text-align: right;">10</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>10:30 Waltz Music with Resident Bob Werner - Arts Room</p> <p>11:15 Walking Club Hosts: Senior Yoga with Alissa - Cinema</p> <p>1:15 Movie: Holiday Inn - Cinema</p> <p>2:00 Cribbage - Club Room</p> <p>2:00 Worship Service with TBD - Chapel & TV Channel 14</p> <p>3:00 <u>Not Home for Christmas: A POW Story</u> shared by Resident Mary Grotz - Chapel</p> <p>6:00 Musical Program: A Victorian Christmas with Curtis & Loretta - Chapel & TV Channel 14</p>	<p style="text-align: right;">11</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>12:15/1:45 Medical Shuttle <i>(You MUST Make an Appointment with The Front Desk)</i></p> <p>1:00 Open Bridge - Club Room</p> <p>1:00 Low Vision Group with Renee - Lafayette Dining Room</p> <p>1:30 Scrabble - Club Room</p> <p>2:00 Fresh Popped Popcorn with Amelia & Shelley - Perk</p> <p>2:00 Library Day with Janie - Conference Room <i>(All are encouraged to stop in for this FREE book service)</i></p> <p>2:00-4:00 Fingernail Polishing with Alissa & Volunteer Julie - Arts Room <i>(an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service)</i></p> <p>3:30 Bingo with Volunteers Becca & Reid - Lafayette Dining Room</p> <p>7:00 Movie Night: A Country Christmas Story - Cinema</p>	<p style="text-align: right;">12</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>11:15 Card Game: 5 Crowns with Alissa - Club Room</p> <p>11:15 Welcome Committee Meeting with The Marketing Team: Maddie & Kasey - Private Dining Room</p> <p>12:15 Lunch Outing: Tavern 4&5 (Eden Prairie) <i>(Please sign up at The Front Desk)</i></p> <p>1:00 Bible Study with Deacon Michael - Fireside Dining Room</p> <p>1:00 Skip-Bo Led by Residents Betty & Esther - Club Room</p> <p>1:15 Movie: Christmas Vacation - Cinema</p>	<p style="text-align: right;">13</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14</p> <p>9:30 Friday Morning Donut Social - Perk</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>1:00 Card Club: Hand & Foot Hosted by Resident Pat Howitz - Club Room</p> <p>1:30 Stations of the Cross with Deacon Michael - Chapel & TV Channel 14</p> <p>2:00-3:30 Complimentary Holiday Gift Wrapping Station with Visiting Angels - Perk</p> <p>3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	<p style="text-align: right;">14</p> <p>10:30 Cardio Drumming with Felicia - Chapel & TV Channel 14 <i>(Please sign up at The Front Desk for a spot!)</i></p> <p>1:15 Cell Phone & iPad/Tablet Support with Amelia - Perk</p> <p>2:30 Bingo with Volunteer Judi - Perk</p> <p>4:30 Catholic Mass with Father Bakatu - Chapel & TV Channel 14</p>
<p style="text-align: right;">15</p> <p>1:15 Art Project with Amelia: Fingerprint Ornaments - Arts Room</p> <p>2:00 Musical Program: All Saints Lutheran Church Christmas Carolers - Chapel</p> <p>2:30 Christmas Treats with All Saints Lutheran Church Christmas Carolers - Perk</p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p style="text-align: right;">16</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14</p> <p>10:00 Target & Cub Shopping Outing <i>(Please sign up at The Front Desk)</i></p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14</p> <p>3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p> <p>7:00 Vikings vs. Chicago Bears - Cinema (TV Channel: ABC-5)</p>	<p style="text-align: right;">17</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14</p> <p>10:00-1:00 Taylor Marie Clothing Sale Pop-Up Shop - Club Room</p> <p>10:30 Dance Lessons Led by Volunteer Jeanne Ward & Resident Bob Werner - Arts Room</p> <p>11:15 Annual Christmas Sing-Along Songs "By Request" with Alissa - Cinema</p> <p>1:15 Movie: Christmas with The Kranks - Cinema</p> <p>2:00 Cribbage - Club Room</p> <p>2:00 Worship Service with Pastor Dan from Zion Lutheran Church - Chapel & TV Channel 14</p> <p>6:15 Trivia & Chocolates with The Smith Family Volunteers - Perk</p>	<p style="text-align: right;">18</p> <p>8:15/9:45 Medical Shuttle <i>(You MUST Make an Appointment with The Front Desk)</i></p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>1:00 Open Bridge - Club Room</p> <p>1:30 Scrabble - Club Room</p> <p>2:00 Fresh Popped Popcorn with Amelia & Shelley - Perk</p> <p>2:00-4:00 Fingernail Polishing with Alissa & Volunteer Julie - Arts Room <i>(an appointment MUST be made with The Front Desk in advance, walk-ins not guaranteed service)</i></p> <p>3:30 Bingo with Volunteers Becca & Reid - Lafayette Dining Room</p> <p>5:00 Christmas Dinner - Lafayette & Excelsior Dining Rooms <i>(Sign up for a Reservation at The Front Desk)</i></p> <p>6:00 Photo-Op with St. Nicholas - Chapel <i>(Families & Friends encouraged to use this time for photos)</i></p> <p>6:30 Stories of Christmas Past with St. Nicholas - Chapel</p> <p>7:30 Movie Night: White Christmas - Cinema</p>	<p style="text-align: right;">19</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>11:15 Card Game: Guiddler with Alissa - Club Room</p> <p>1:00 Bible Study with Deacon Michael - Fireside Dining Room</p> <p>1:00 Skip-Bo Led by Residents Betty & Esther - Club Room</p> <p>1:15 Movie: A Christmas Carol - Cinema</p> <p>2:30 Celebrating November Birthdays with Musical Entertainment by Andy Steinfeldt - Chapel & TV Channel 14</p> <p>3:30 Birthday Treat Social - Perk</p> <p>2:30 New Resident Meet & Greet Social - Hosted by our Marketing Team: Maddie & Kasey - Fireside Dining Room <i>All are welcome and encouraged to attend!</i></p>	<p style="text-align: right;">20</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14</p> <p>9:30 Friday Morning Donut Social - Perk</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14</p> <p>12:15 Lunch Outing: 30 Bales (Hopkins) <i>(Please sign up at The Front Desk)</i></p> <p>1:30 Resident Meeting & Unidine Dining Forum - Chapel & TV Channel 14 <i>All Residents are Encouraged to Attend!</i></p> <p>2:30 Stations of the Cross with Deacon Michael - Chapel & TV Channel 14 -<i>note time change for today only!</i></p> <p>3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p> <p>3:45 Christmas Piano Music with Volunteer Lilia & Family - Puzzle Room</p>	<p style="text-align: right;">21</p> <p>1:15 Baking Group: Christmas Treats with Shelley - Arts Room</p> <p>2:30 Bingo with Volunteer Judi - Lafayette Dining Room</p> <p>4:30 Catholic Mass with Father Ebert - Chapel & TV Channel 14</p>

DECEMBER 2024

FLEX & ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">22</p> <p>1:15 Armchair Travel: Christmas in France with Shelley <i>(refreshments provided)</i></p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p> <p>3:05 Vikings at Seattle Seahawks - Cinema (TV Channel: Fox-9)</p>	<p style="text-align: right;">23</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Target & Cub Shopping Outing <i>(Please sign up at The Front Desk)</i> 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 12:15 Lunch Outing: Redstone (Minnetonka) <i>(Please sign up at The Front Desk)</i> 1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>	<p style="text-align: right;">24</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 10:30 Waltz Music with Resident Bob Werner - Arts Room 11:15 Holiday Piano Music with James Shaw - Chapel & TV Channel 14 1:15 Movie: A Christmas Story - Cinema 2:00 Cribbage - Club Room 2:00 Worship Service with Deacon Michael from The Glenn Minnetonka - Chapel & TV Channel 14</p>	<p style="text-align: right;">25</p> <p>10:00 Christmas Day Mass with Father Bakatu - Chapel & TV Channel 14</p> <p style="text-align: center;"><i>Merry</i> CHRISTMAS</p>	<p style="text-align: right;">26</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:00 Skip-Bo Led by Residents Betty & Esther - Club Room 1:15 Movie: Elf - Cinema</p>	<p style="text-align: right;">27</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Card Club: Hand & Foot Hosted by Resident Pat Howitz - Club Room 1:30 Stations of the Cross with Deacon Michael - Chapel & TV Channel 14 3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	<p style="text-align: right;">28</p> <p>1:15 Cell Phone & iPad/Tablet Support with Amelia - Perk</p> <p>2:30 Bingo with Volunteer Judi - Lafayette Dining Room</p> <p>4:30 Catholic Mass with Father Bakatu - Chapel & TV Channel 14</p>
<p style="text-align: right;">29</p> <p>12:00 Vikings vs. Green Bay Packers - Cinema (TV Channel: Fox-9)</p> <p>1:15 Art Project with Amelia: Winter Mugs - Arts Room</p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p style="text-align: right;">30</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Target & Cub Shopping Outing <i>(Please sign up at The Front Desk)</i> 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 12:15 Lunch Outing: Kona Grill (Minnetonka) <i>(Please sign up at The Front Desk)</i> 1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>	<p style="text-align: right;">31</p> <p>10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 10:30 Waltz Music with Resident Bob Werner - Arts Room 11:15 Walking Club Hosts: Tai Chi with Alissa - Meet in Cinema 1:15 Movie: New Years Eve - Cinema 2:00 Cribbage - Club Room 2:30 New Years Eve Social with Musical Entertainment by Van & Kathy Nixon, <i>refreshments served</i> - Lafayette Dining Room</p>				
				<p><u>ALISSA DVORAK</u></p> <p>COMMUNITY LIFE & VOLUNTEER DIRECTOR</p> <p>ADVORAK@GREATLAKESMC.COM</p> <p>952-345-4404</p>	<p><u>AMELIA HEATH</u></p> <p>COMMUNITY LIFE COORDINATOR</p> <p>AHEATH@GREATLAKESMC.COM</p> <p>952-345-4414</p>	<p><u>SHELLEY BERGMAN</u></p> <p>COMMUNITY LIFE COORDINATOR</p> <p>SBERGMAN@GREATLAKESMC.COM</p> <p>952-345-4410</p>