



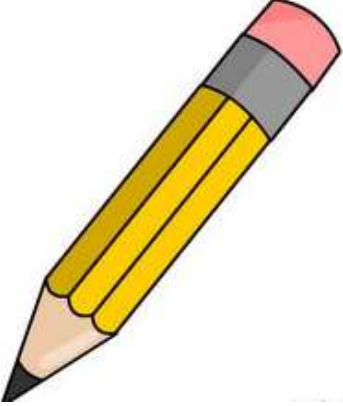






SEPTEMBER 2024 FLEX & ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p> 	<p>2</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 2:00 Musical Performance with Tim - Chapel & TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p> 	<p>3</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:00 Walking Club with Alissa - Meet in Front Lobby 1:15 Movie: 9 to 5 - Cinema 3:00 Worship Service with Pastor John Nelson from Gethsemane Lutheran Church - Chapel & TV Channel 14</p>	<p>4</p> <p>8:15/9:45 Medical Shuttle (You MUST Make an Appointment with The Front Desk) 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00-4:00 Fingernail Polishing with Alissa & Volunteer Julie - Arts Room 3:30 Bingo with Volunteers Becca & Reid - Lafayette Dining Room</p>	<p>5</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:00 Jeopardy Trivia with Alissa - Cinema 12:15 Lunch Outing: Original Pancake House (Minnetonka) (Please sign up at Front Desk) 1:00 Mah-Jongg - Club Room 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:15 Movie: Father Goose - Cinema</p>	<p>6</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Card Club: Hand & Foot Hosted by Resident Pat Howitz - Club Room 1:30 Stations of the Cross with Deacon Michael - Chapel & TV Channel 14 3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	<p>7</p> <p>10:30 Cardio Drumming with Felicia - Chapel & TV Channel 14 (Please sign up at The Front Desk for a spot!) 2:30 Bingo with Volunteer Judi - Lafayette Dining Room 4:30 Catholic Mass with Father Backmann - Chapel & TV Channel 14</p>
<p>8</p> <p>National Assisted Living Week Begins: Inspiring Generations!</p> <p>12:00 Vikings at New York Giants and Bloody Mary Bar & Snacks with Amanda & Maddie - Cinema (Channel: FOX 9)</p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p>9</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Target & Cub Shopping Outing (Please sign up at The Front Desk) 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 10:00 Confessions with Father Berger - Pastoral Care Office (Located outside of the Chapel) 11:00 Car Show - Front Parking Lot 12:15 Lunch Outing: Crave (Edina) (Please sign up at Front Desk) 1:30 Musical Performance with The Monday Jammers & Milkshakes with Amanda - Lafayette Dining Room 3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>	<p>10</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 10:30 Dance Lessons Led by Resident Bob Werner & Volunteer Jeanne Ward - Arts Room 11:00 Presentation with David Jones: Apollo: Why We Went to the Moon - Lafayette Dining Room 1:15 Movie: Sister Act - Cinema 2:00 Worship Service with Deacon Michael from The Glenn Minnetonka - Chapel & TV Channel 14 3:00 Evacuation Drill & Pie on the Patio - Lafayette & Excelsior Patios</p>	<p>11</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 12:15/1:45 Medical Shuttle (You MUST Make an Appointment with The Front Desk) 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00 Patriotic Sing-Along with Community Life - Cinema 3:30 Bingo with Volunteers Becca & Reid - Lafayette Dining Room</p>	<p>12</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:00 Generations Trivia with Alissa - Perk 1:00 Mah-Jongg - Club Room 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:15 Movie: Catch Me If You Can - Cinema 2:30 Celebrating September Birthdays with Musical Entertainment by Alyssa Danielle Jones: Dueling Pianos - Chapel 3:30 Birthday Treats - Perk</p>	<p>13</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:15 Welcome Committee Meeting with Amanda - Private Dining Room 1:00 Card Club: Hand & Foot Hosted by Resident Pat Howitz - Club Room 1:30 Stations of the Cross with Deacon Michael - Chapel & TV Channel 14 2:00 Tie-Dye Project: Make Your Own Shopping Bag with Alissa & Amanda - Art Room (Sign up at the Front Desk - no cost!) 3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	<p>14</p> <p>10:30 Cardio Drumming with Felicia - Chapel & TV Channel 14 (Please sign up at The Front Desk for a spot!) 1:30 Movie & Snacks: Toy Story - Cinema (Invite your families to join!) 2:30 Bingo with Volunteer Judi - Lafayette Dining Room 4:30 Catholic Mass with Father Bakatu - Chapel & TV Channel 14</p>
<p>15</p> <p>12:00 Vikings vs. San Francisco 49ers - Cinema (Channel 4: CBS)</p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p>16</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Target & Cub Shopping Outing (Please sign up at The Front Desk) 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>	<p>17</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:00 Walking Club with Shelley - Meet in Front Lobby 1:15 Movie: Sister Act 2 - Cinema 2:00 Worship Service with Deacon Michael from The Glenn Minnetonka - Chapel & TV Channel 14</p>	<p>18</p> <p>8:15/9:45 Medical Shuttle (You MUST Make an Appointment with The Front Desk) 9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00-4:00 Fingernail Polishing with Alissa & Volunteer Julie - Arts Room 3:30 Bingo with Volunteer Judi - Lafayette Dining Room 7:00 Golden Bachelorette Viewing Party with Volunteer Annika - Cinema (Refreshments Provided)</p>	<p>19</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:00 Movie Selection Meeting with Alissa - Cinema (All Movie Lovers Are Welcome & Encouraged to Attend) 12:15 Lunch Outing: Hazelwood (Tonka Bay) (Please sign up at Front Desk) 1:00 Mah-Jongg - Club Room 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:15 Movie: Ben Hur - Cinema 2:30 New Resident Meet & Greet Social - Hosted by our Marketing Team - Fireside Dining Room (All are welcome and encouraged to attend!) 2:30 Educational Presentation: Eden Prairie Local News with Greg Olson and Steve Sch - Chapel</p>	<p>20</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:30 Resident Meeting & Unidine Dining Forum - Chapel & TV Channel 14 (All Residents are Encouraged to Attend!) 2:30 Stations of the Cross with Deacon Michael - Chapel & TV Channel 14 *Note Time Change for today only! 3:00 Happy Hour Retirement Party for Pam Lane, Marketing Director - Club Room - Refreshments Provided</p>	<p>21</p> <p>2:30 Bingo with Volunteer Judi - Lafayette Dining Room 4:30 Catholic Mass with Father Bakatu - Chapel & TV Channel 14</p>

SEPTEMBER 2024 FLEX & ASSISTED LIVING



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">22</p> <p>12:00 Vikings vs. Houston Texans - Cinema (Channel 4: CBS)</p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p style="text-align: right;">23</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Target & Cub Shopping Outing <i>(Please sign up at The Front Desk)</i> 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00-3:00 Outing: Low Vision Resource Store with Pam & Maddie <i>(Please sign up at The Front Desk)</i> 1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>	<p style="text-align: right;">24</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 10:30 Dance Lessons Led by Resident Bob Werner & Volunteer Jeanne Ward - Arts Room 11:00 Walking Club with Alissa - Meet in Front Lobby 1:15 Movie: Mrs. Doubtfire - Cinema 2:00 Worship Service with Pastor Dan Schultz from Zion Lutheran Church - Chapel & TV Channel 14</p>	<p style="text-align: right;">25</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 12:15/1:45 Medical Shuttle <i>(You MUST Make an Appointment with The Front Desk)</i> 1:00 Open Bridge - Club Room 1:30 Scrabble - Club Room 2:00-4:00 Fingernail Polishing with Alissa & Volunteer Julie - Arts Room 3:30 Bingo with Volunteers Becca & Reid - Lafayette Dining Room 4:30 Trivia & Chocolates with The Smith Family & Friends Volunteers - Perk 5:00 Oktoberfest Dinner - Lafayette & Excelsior Dining Rooms 6:00 Oktoberfest Accordion Music with Mike Opitz - Chapel 7:00 Golden Bachelorette Viewing Party with Volunteer Annika - Cinema (Refreshments Provided)</p>	<p style="text-align: right;">26</p> <p>9:00 Morning Stretches with Jeanne - Chapel & TV Channel 14 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 11:00 Travel to Germany with Alissa - Cinema (Refreshments Provided) 12:15 Lunch Outing: Scoreboard (Hopkins) <i>(Please sign up at Front Desk)</i> 1:00 Mah-Jongg - Club Room 1:00 Bible Study with Deacon Michael - Fireside Dining Room 1:15 Movie: Jack Reacher: Never Reacher - Never Go Back - Cinema 1:30 Book Club Meeting - Led by Resident Phillis Bennett: <i>A Long Way from Home</i> by Tom Brokaw - Private Dining Room 2:00-4:00 Local Businesses Vendor Fair - Hosted by Glenn MTKA Marketing - Lafayette Dining Room 4:00 Musical Entertainment by CODA - Hosted by Glenn MTKA Marketing - Lafayette Patio</p>	<p style="text-align: right;">27</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 9:30 Friday Morning Donut Social - Perk 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 1:00 Card Club: Hand & Foot Hosted by Resident Pat Howitz - Club Room 1:30 Stations of the Cross with Deacon Michael - Chapel & TV Channel 14 3:30 Happy Hour: Snacks Provided, BYOB - Club Room</p>	<p style="text-align: right;">28</p> <p>2:30 Bingo with Volunteer Judi - Lafayette Dining Room 4:30 Catholic Mass with Father Bakatu - Chapel & TV Channel 14</p>
<p style="text-align: right;">29</p> <p>12:00 Vikings at Green Bay Packers - Cinema (Channel 4: CBS)</p> <p>2:00 Dominos - led by Resident Lorraine Woolridge - Club Room</p>	<p style="text-align: right;">30</p> <p>9:00 Live 2B Healthy Exercise Class - Chapel & TV Channel 14 10:00 Target & Cub Shopping Outing <i>(Please sign up at The Front Desk)</i> 10:00 Holy Hour with Deacon Michael - Chapel & TV Channel 14 12:15 Lunch Outing: Maggie's (Wayzata) <i>(Please sign up at Front Desk)</i> 1:30 Musical Performance with The Monday Jammers - Chapel & TV Channel 14 3:15 Bingo with Volunteer Judi - Lafayette Dining Room</p>					
				<p><u>ALISSA DVORAK</u></p> <p>COMMUNITY LIFE & VOLUNTEER DIRECTOR</p> <p>ADVORAK@GREATLAKESMC.COM</p> <p>952-345-4404</p>	<p><u>AMELIA HEATH</u></p> <p>COMMUNITY LIFE COORDINATOR</p> <p>AHEATH@GREATLAKESMC.COM</p> <p>952-345-4414</p>	<p><u>SHELLEY BERGMAN</u></p> <p>COMMUNITY LIFE COORDINATOR</p> <p>SBERGMAN@GREATLAKESMC.COM</p> <p>952-345-4410</p>