

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOVEMBER 2023

THE GLENN MINNETONKA GARDEN SUITES



			<p>9:45 Sit & Be Fit with Alissa 10:00 Movie: Here Comes the Boom¹ (Netflix) 10:15 Fingernail Filing & Polishing with Alissa 11:00 Morning Visits with Alissa 1:45 Afternoon Round-Up with Cindy 2:15 Baking Group: Ginger cookies with Cindy 3:30 Bingo with Becca & Reid - Lafayette Dining Room with Cindy 4:15 Trivia with Cindy 6:30 Armchair Travels: Travel to Italy with Alissa</p>	<p>9:30 Live 2B Healthy Exercise Class² 10:00 Morning Meeting with Alissa 10:15 A Novel Time: Little House on the Prairie Series with Alissa 11:00 Facts about the Dakotas with Cindy 1:45 Afternoon Rounds with Cindy 2:30 Celebrating Our November Birthday Friends with Musical Entertainment by Allen Carlson - Lafayette Dining Room with Cindy: Dogs 3:15 Visits & Music with Volunteers Kathy, Leo, & Ramona 3:45 Docuseries: The Future Of (Netflix) 4:00 Craft: Turkey Canvas Mosaic Painting with Community Life - Arts Room 6:30 Men Make Dinner Day with Cindy</p>	<p>9:30 Music & Movement with Alicia³ 10:00 Donut Treats with Alicia 10:15 Friday Sing-Along with Alicia 11:15 Friday Devotions with Alicia 1:45 Card Games with Alissa 3:00 Happy Hour with Alissa 3:30 Trivia Time with Alissa 4:15 Pandora Music: The Andrews Sisters 6:30 Game Show Night with RA's: Wheel of Fortune (Hulu)</p>	<p>9:30 Saturday Stretches with Alicia⁴ 10:00 International Candy Day with Alicia 10:30 Virtual Visit: Candy Factory with Alicia 11:00 Saturday Sitcom: Designing Women (Hulu) 2:00 Saturday Afternoon Movie with RA's: My Big Fat Greek Wedding 2 (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel with RA's & TV Channel 14 6:30 Memorable Musical Moments Night with RA's: Just Love and a Thousand Songs (Disney+)</p>
<p>9:30 Sunday Stretches with Alicia⁵ 10:00 Nat King Cole Day with Alicia 10:30 The Music of Nat with Alicia 11:00 Christian Church Service (YouTube) 2:30 Spiritual Sunday with RA's: Jesus Revolution (Netflix) 6:30 Animal Show Night with RA's: The Biggest Little Farm - The Return (Disney+)</p>	<p>9:30 Seated Yoga for Seniors with RA's (YouTube)⁶ 10:30 Sing-Along with Alissa 11:15 Bookends: Books from Our Past: Betsy-Tacy with Alissa 1:30 Live Music with the Monday Jammers - Chapel with Alissa, Alicia, & TV Channel 14 4:00 Afternoon Wrap-up with Alicia 6:30 Sing-Along with Tom Melady (YouTube) with RA's</p>	<p>9:30 Morning Stretches with Cindy⁷ 10:00 This Day in History with Cindy 10:30 Craft: Hand Turkeys with Cindy 11:15 I Love Lucy (Hulu) 2:00 Taste Test: CHEETOS with Alicia 3:00 Church Service with Pastor John Nelson from Gethsemane Lutheran Church - Chapel with Alicia & TV Channel 14 4:00 Afternoon Wrap-up with Alicia 6:30 Table Chats with Alicia</p>	<p>9:45 Sit & Be Fit with Alissa⁸ 10:00 Movie: Hook (Netflix) 10:15 Fingernail Filing & Polishing with Alissa 11:00 Morning Visits with Alissa 1:45 Afternoon Round-Up with Cindy 2:15 Baking Group: Ritz Bitz Churros with Cindy 3:30 Bingo with Becca & Reid - Lafayette Dining Room with Cindy 4:15 Finish the Phrase with Cindy 6:30 Armchair Travels: Travel to New Mexico with Alicia</p>	<p>9:30 Live 2B Healthy Exercise Class⁹ 10:00 Morning Meeting with Alissa 10:15 A Novel Time: Little House on the Prairie Series with Alissa 11:00 Mums the Word Day with Cindy 1:30 Mill City String Quartet Performance - Chapel with Cindy, Alissa, & TV Channel 14 3:45 Docuseries: The Future of: Houseplants (Netflix) 4:00 Craft: Turkey Doorknob Hangers with Community Life - Arts Room 6:30 Shadow Puppet Day with Cindy</p>	<p>9:30 Music & Movement with Alicia¹⁰ 10:00 Donut Treats with Alicia 10:30 Annual Veterans Day Program - Chapel with Alicia & TV Channel 14 11:30 Morning Rounds with Alicia 1:45 Movie: The Money Pit (Netflix) 3:45 Happy Hour with Alissa 4:15 Pandora Music: Frank Sinatra 6:30 Game Show Night with RA's: Press Your Luck (Hulu)</p>	<p>9:30 Saturday Stretches with Cindy¹¹ 10:00 Holiday History: Veteran's Day with Cindy 10:30 Ugly Duckling Day with Cindy 11:00 Saturday Sitcom: Seinfeld (Netflix) 2:00 Saturday Afternoon Movie with RA's: Hook (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel with RA's & TV Channel 14 6:30 Memorable Musical Moments Night with RA's: Aladdin (2019) (Disney+)</p> <p style="text-align: center;">Veterans Day Remembrance Day (Canada)</p>
<p>9:30 Sunday Stretches with Cindy¹² 10:00 Holiday History: Diwali with Cindy 10:30 Postage Stamp Game with Cindy 11:00 Christian Church Service (YouTube) 2:30 Spiritual Sunday with RA's: True Spirit (Netflix) 6:30 Animal Show Night with RA's: Predators (Netflix)</p> <p style="text-align: center;">Diwali (Hindi)</p>	<p>9:30 Seated Yoga for Seniors with RA's (YouTube)¹³ 10:00 Confessions with Father Berger - Pastoral Care Office - <i>Families are encouraged to assist their loved ones</i> 10:15 Music Therapy with Addie 11:15 Bookends: Books from Our Past: Betsy-Tacy with Alissa 1:30 Live Music with the Monday Jammers - Chapel with Alicia & TV Channel 14 4:00 Monday Devotional with Alicia 6:30 Table Chats with Cindy</p>	<p>9:30 Morning Stretches with Cindy¹⁴ 10:00 This Day in History with Cindy 10:30 National Pickle Day with Cindy 11:00 Craft: Puzzle Trees with Cindy 2:00 Worship Service with Deacon Michael - Chapel with Alicia, Alissa, & TV Channel 14 3:15 Taste Test: FALL DRINKS with Alicia 4:00 Afternoon Wrap-up with Alicia 6:30 After Dinner Chats with Alicia</p>	<p>9:45 Sit & Be Fit with Alissa¹⁵ 10:00 Movie: The Little Rascals (Netflix) 10:15 Fingernail Filing & Polishing with Alissa 11:00 Morning Visits with Alicia 1:45 Afternoon Round-Up with Cindy 2:15 Baking Group: Kings Hawaiian Cheesecake Danish with Cindy 3:30 Bingo with Becca & Reid - Lafayette Dining Room with Cindy 4:15 Book Club with Cindy 6:30 Armchair Travels: Travel to Brazil with Alicia</p>	<p>9:30 Live 2B Healthy Exercise Class¹⁶ 10:00 Morning Meeting with Alissa 10:15 A Novel Time: Little House on the Prairie Series with Alissa 11:00 Spa Music and Back Rubs with Cindy 1:45 Afternoon Rounds with Cindy 2:15 Making Paper Airplanes with Cindy 3:45 Docuseries: The Future of: Cheeseburgers (Netflix) 4:00 Craft: Thankfulness Trees with Community Life - Cinema 6:30 Paper Airplane Races with Cindy</p>	<p>9:45 Piano Music with James Shaw¹⁷ 10:00 Donut Treats with Cindy 10:30 The Golden Girls (Hulu) 11:15 Prayer Group with Deacon Michael 1:45 Movie: Dumplin' (Netflix) 3:45 Happy Hour with Cindy 4:15 Pandora Music: Ella Fitzgerald 6:30 Game Show Night with RA's: The \$100,000 Pyramid (Hulu)</p>	<p>9:30 Saturday Stretches with Alissa¹⁸ 10:00 Flute Music with Alissa 10:30 You Be the Judge Game with Alissa 11:00 Saturday Sitcom: Designing Women (Hulu) 2:00 Saturday Afternoon Movie with RA's: Pink Panther (Netflix) 4:30 Catholic Mass with Father TBD - Chapel with RA's & TV Channel 14 6:30 Memorable Musical Moments Night with RA's: West Side Story (Disney+)</p>
<p>9:30 Sunday Stretches with Alissa¹⁹ 10:00 Bible Study Sunday with Alissa 10:30 Conversation Cards with Alissa 11:00 Christian Church Service (YouTube) 2:30 Spiritual Sunday with RA's: Seven Years in Tibet (Netflix) 6:30 Animal Show Night with RA's: Animals Doing Things (Disney+)</p>	<p>9:30 Accordion Music with Greg²⁰ 10:15 Music Therapy with Addie 11:15 Bookends: Books from Our Past: Betsy-Tacy with Alissa 1:30 Live Music with the Monday Jammers - Chapel with Alissa, Alicia, & TV Channel 14 4:00 Afternoon Wrap-up with Alicia 6:30 Sing-Along with Susie Q (YouTube) with RA's</p>	<p>9:30 Morning Stretches with Cindy²¹ 10:00 This Day in History with Cindy 10:30 Weather with Cindy 11:00 Craft: Butterflies with Cindy 2:00 Church Service with Pastora Dan Schultz from Zion Lutheran Church - Chapel with Alicia, Alissa, & TV Channel 14 3:15 Taste Test: GOLDFISH CRACKERS with Alicia 4:00 Discussion: Gratitude with Alicia 6:30 Table Chats with Alicia</p>	<p>9:45 Sit & Be Fit with Alicia²² 10:00 Movie: True Spirit (Netflix) 10:15 Fingernail Filing & Polishing with Alicia 11:00 Morning Visits with Alicia 2:15 Baking Group: Praline Party Mix with Cindy 3:30 Bingo with Becca & Reid - Lafayette Dining Room with Cindy 4:15 Sad Anniversary Day with Cindy 6:30 Armchair Travels: Travel to Milan with RA's (YouTube)</p>	<p style="text-align: center;">Thanksgiving Blessings to all!²³</p> <p>8:00-11:00 Annual Macy's Thanksgiving Day Parade - NBC (Channel 11) with RA's 1:45 Friends Best Thanksgiving Moments (YouTube) with RA's 3:30 Seated Chair Exercises with RA's (YouTube) 6:30 Martha Stewart's 15-Recipe Thanksgiving Special (YouTube) with RA's</p> <p style="text-align: center;"> Thanksgiving Day (US)</p>	<p>9:30 Music & Movement with RA's (YouTube)²⁴ 10:15 Chanhassen Dinner Theatre Play Outing: The Jersey Boys with Alissa, Jen, & Maddie 11:00 Donut Treats with Cindy 11:15 Questions & Answers with Cindy 11:15 Prayer Group with Deacon Michael 1:45 Musical Performance by Colleen Wold-Hiebler 3:45 Happy Hour with RA's 4:15 Pandora Music: Ray Charles with RA's 6:30 Game Show Night with RA's: Snake Oil (Hulu)</p>	<p>9:30 Saturday Stretches with Cindy²⁵ 10:00 Dad Jokes with Cindy 10:30 What Is a Catter Cake? with Cindy 11:00 Saturday Sitcom: Seinfeld (Netflix) 2:00 Saturday Afternoon Movie with RA's: Ernest Goes to Camp (Hulu) 4:30 Catholic Mass with Father Bakatu - Chapel with RA's & TV Channel 14 6:30 Memorable Musical Moments Night with RA's: The Little Mermaid (2023) (Disney+)</p>
<p>9:30 Sunday Stretches with Cindy²⁶ 10:00 This Day in History with Cindy 10:30 Here's Looking at You Kid with Cindy 11:00 Christian Church Service (YouTube) 2:30 Spiritual Sunday with RA's: The Resurrection of Gavin Stone (Netflix) 6:30 Animal Show Night with RA's: America's Funniest Home Videos Animal Edition (Disney+)</p>	<p>9:30 Seated Yoga for Seniors with RA's²⁷ 10:15 Music Therapy with Addie 11:15 Bookends: Books from Our Past: Betsy-Tacy with Alissa 1:30 Live Music with the Monday Jammers - Chapel with Alicia & TV Channel 14 4:00 Monday Devotional with Alicia 6:30 Bean Bag Toss with Cindy</p>	<p>9:30 Morning Stretches with Cindy²⁸ 10:00 This Day in History with Cindy 10:30 Today's News with Cindy 11:00 Craft: Christmas Wreaths with Cindy 2:00 Worship Service with Deacon Michael - Chapel with Alicia, Alissa, & TV Channel 14 3:15 Taste Test: DOVE CHOCOLATES with Alicia 4:00 Afternoon Wrap-up with Alicia 6:30 After Dinner Chats with Alicia</p>	<p>9:45 Sit & Be Fit with RA's (YouTube)²⁹ 10:00 Movie: Vicky & Her Mystery (Netflix) with RA's 11:00 Fingernail Filing & Polishing with Alicia 1:45 Afternoon Round-Up with Cindy 2:15 Baking Group: Gingerbread Cookie Cups with Cindy 3:30 Bingo with Becca & Reid - Lafayette Dining Room with Cindy 4:15 What Do You Want to Know? with Cindy 6:30 Armchair Travels: Travel to The Sahara Desert with Alicia</p>	<p style="text-align: center;">BARBIE DAY³⁰</p> <p>9:30 Live 2B Healthy Exercise Class 10:00 Morning Meeting with Alissa 10:15 Barbie Throughout the Years with Alissa 11:00 Softballs Birthday with Cindy 1:45 Afternoon Rounds with Cindy 2:15 All About Barbie Trivia with Cindy 3:45 Movie: Barbie (Amazon Prime) 4:00 Candle Painting & Homemade Ornaments Hosted by Crafting for a Cause with MTKA High School and Community Life - Arts Room 6:30 Indoor Softball with Cindy</p>	<p>ALISSA DVORAK COMMUNITY LIFE & VOLUNTEER DIRECTOR</p> <p>CINDY TAGUE COMMUNITY LIFE COORDINATOR</p> <p>ALICIA MACK COMMUNITY LIFE COORDINATOR</p> 	