

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Ponds & Willows MORNING

7:30 Breakfast 9:45 Stretch It Out -Lisa 10:15 Finish the Phrase -Lisa 11:00 Rosary/Mass 11:30 Lunch 3	7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:30 Outlaw Jesse James & Northfield, MN -Carl 11:00 Mass 11:30 Lunch 4  Labor Day	7:30 Breakfast 9:15 Sing Along -Lisa 9:45 Morning Stretch -Lisa 10:15 Daily Chronicles -Lisa 10:30 Music Therapy w/Jennifer 11:30 Lunch <u>12:00 Lunch Outing w/Lisa</u> 5	7:30 Breakfast 9:15 Morning Music -Carl 9:45 Balloon Volleyball -Carl 10:15 Finish The ...-Carl 11:00 Rosary 11:30 Lunch 6	7:30 Breakfast 9:15 Sing Along -Dana 9:45 Reach for It! -Dana 10:15 All About Acorn Squash -Dana 11:00 Interfaith Service 11:30 Lunch 7 	7:30 Breakfast 9:15 Sing Along -Lori 9:45 Balloon Volleyball -Lori 10:30 Finish the Phrase -Lori 11:00 What's In a Name? -Lori 11:30 Lunch 8	7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:30 Classic TV Commercials -Carl 11:30 Lunch 9 
7:30 Breakfast 9:45 Football Throw -Carl 10:30 Minnesota Vikings-Carl 11:00 Rosary/Mass 11:30 Lunch 10  Grandparents Day	7:30 Breakfast 9:15 Morning Music -Lisa 9:45 Move to Music -Lisa 10:15 Finish the Phrase -Lisa 11:00 Adoration Divine Mercy 11:30 Lunch 11	Happy Birthday Ed K.! 12 7:30 Breakfast 9:15 Sing Along -Erin 9:45 Morning Stretch -Erin 10:15 Decade Trivia -Erin 10:30 Music Therapy w/Jennifer 11:30 Lunch	7:30 Breakfast 9:15 Morning Music -Carl 9:45 Balloon Volleyball -Carl 10:15 Star Spangled Banner -Carl 11:00 Rosary 11:30 Lunch 13 	7:30 Breakfast 9:15 Sing Along -Dana 9:45 Stretching Minds/Bodies -Dana 11:00 Interfaith Service 11:30 Lunch 14	7:30 Breakfast 9:15 Sing Along -Carl 9:45 Balloon Volleyball -Carl 10:30 Music of BB King -Carl 11:30 Lunch 15  Rosh Hashanah Begins	7:30 Breakfast 9:45 Fitness Frenzy -Erin 10:15 Our National Parks -Erin 11:00 Music of the 40's -Erin 16 Oktoberfest Begins
7:30 Breakfast 9:45 Sing Along Exercise -Erin 10:15 Frank Sinatra's Music -Erin 11:00 Rosary/Mass 11:30 Lunch 17	7:30 Breakfast 9:15 Morning Music -Carl 9:45 Balloon Volleyball -Carl 10:30 Johnny Carson -Carl 11:00 Adoration Divine Mercy 11:30 Lunch 18	7:30 Breakfast 9:15 Sing Along -Erin 9:45 Morning Stretch -Erin 10:15 Music Trivia -Erin 10:30 Music Therapy w/Jennifer 11:30 Lunch 19	7:30 Breakfast 9:15 Morning Music -Dana 9:45 Reach for It! -Dana 10:15 Cheesy Questions -Dana 11:00 Rosary 11:30 Lunch 20	7:30 Breakfast 9:15 Sing Along -Dana 9:45 Stretch It Out -Dana 10:15 "Escape" With Me -Dana 11:00 Interfaith Service 11:30 Lunch 21 	Happy Birthday Mary S.! 22 7:30 Breakfast 9:15 Sing Along -Dana 9:45 Morning Madness -Dana 10:15 Explore MN -Dana 10:45 Reflective ART -Dana 11:30 Lunch	7:30 Breakfast 9:45 Morning Stretch -Lisa 10:15 Manicures & Massages -Lisa 11:30 Lunch 23  Autumn Begins
7:30 Breakfast 9:45 Let's Stretch -Lisa 10:15 John Denver Sing Along -Lisa 11:00 Rosary/Mass 11:30 Lunch 24 Yom Kippur Begins	7:30 Breakfast 9:15 Morning Music -Erin 9:45 Move & Groove -Erin 10:15 Johnny Appleseed's Birthday -Erin 11:00 Adoration Divine Mercy 11:30 Lunch 25 	7:30 Breakfast 9:15 Sing Along -Lisa 9:45 Stretch It Out -Lisa 10:15 Daily Chronicles -Lisa 10:30 Music Therapy w/Jennifer 26	7:30 Breakfast 9:15 Morning Music -Carl 9:45 Balloon Volleyball -Carl 10:15 Harvest Moon -Carl 11:00 Rosary 11:30 Lunch 27 	7:30 Breakfast 9:15 Music Trivia-Erin 9:45 Chair Dancing -Erin 10:15 Roy Rogers & Dale Evans -Erin 11:00 Interfaith 11:30 Lunch 28	7:30 Breakfast 9:15 Sing Along -Lori <u>9:30 Fall Drive w/Lisa</u> 9:45 Ball Games -Lori 10:30 Picture This -Lori 11:00 Finish the Phrase -Lori 11:30 Lunch 29 Sukkot Begins	Happy Birthday Joan L.! 30 7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:30 Ed Sullivan -Carl 11:30 Lunch