

Sunday

Monday

Tuesday

Wednesday















Thursday

Friday

Saturday

March 2023

MORNING

<p>7:30 Breakfast 9:45 Stretch it Out -Lisa 10:15 This Day in History -Lisa 11:00 Rosary/Mass 11:30 Lunch</p> <p>5</p>	<p>7:30 Breakfast 9:45 Chair Dancing -Erin 10:15 Elvis Presley Bio -Erin 11:00 Adoration/Divine Mercy 11:30 Lunch</p>  <p>Purim Begins</p> <p>6</p>	<p>7:30 Breakfast 9:45 Tone Up Tuesdays -Erin 10:15 Finish the Lyrics -Erin 10:30 Music Therapy w/Jennifer 11:30 Lunch</p> <p>7</p>	<p>7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:15 Finish the Proverb -Carl 11:00 Rosary 11:30 Lunch</p> <p>8</p> 	<p>7:30 Breakfast 9:45 Move & Groove -Erin 10:15 Sound of Music Day -Erin 11:00 Interfaith Service 11:30 Lunch</p>  <p>9</p>	<p>7:30 Breakfast 9:45 Fitness Frenzy -Erin 10:15 March Born Musicians-Desi Arnaz & Nat King Cole -Erin 11:30 Lunch</p>  <p>3</p>	<p><i>Happy Birthday Peg S!</i> 4</p> <p>7:30 Breakfast 9:45 Bend & Stretch -Lisa 10:15 Daily Chronicles -Lisa 10:30 Finish the Phrase -Lisa 11:30 Lunch</p>
<p>7:30 Breakfast 9:45 Sing Along Exercise -Erin 10:15 Glenn Miller's Songs -Erin 11:00 Rosary/Mass 11:30 Lunch</p>  <p>Daylight Saving Time Begins</p> <p>12</p>	<p>7:30 Breakfast 9:45 Movement -Lisa 10:15 Daily Chronicles -Lisa 11:00 Adoration/Divine Mercy 11:30 Lunch</p> <p>13</p>	<p>7:30 Breakfast 9:45 Move to Music -Lisa 10:15 Daily Chronicles -Lisa 10:30 Music Therapy w/Jennifer 11:30 Lunch</p> <p>14</p>	<p>7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:15 Four Leaf Clover Legend -Carl 11:00 Rosary 11:30 Lunch</p>  <p>15</p>	<p>7:30 Breakfast 9:45 Move & Groove -Erin 10:15 Bing's Irish Songs -Erin 11:00 Interfaith Service 11:30 Lunch</p> <p>16</p>	<p>7:30 Breakfast 9:45 Move to Music -Lisa 10:15 Irish Folktales -Lisa 10:45 Compose a Limerick -Lisa 11:30 Lunch</p>  <p>St. Patrick's Day</p> <p>17</p>	<p><i>Happy Birthday Joan M!</i> 18</p> <p>7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:15 Making Our Own Music -Carl 11:30 Lunch</p>
<p>7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:15 All About Quilting -Carl 11:00 Rosary/Mass 11:30 Lunch</p>  <p>19</p>	<p>7:30 Breakfast 9:45 Morning Stretch -Erin 10:15 Dolly Parton Bio -Erin 11:00 Adoration/Divine Mercy 11:30 Lunch</p>  <p>Spring Begins</p> <p>20</p>	<p>7:30 Breakfast 9:45 Move to Music -Lisa 10:15 Daily Chronicles -Lisa 10:30 Music Therapy w/Jennifer 11:30 Lunch</p> <p>21</p>	<p>7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:15 Telephone History -Carl 11:00 Rosary 11:30 Lunch</p>  <p>Ramadan Begins</p> <p>22</p>	<p>7:30 Breakfast 9:45 Move & Groove -Erin 10:15 Our National Parks -Erin 11:00 Interfaith Service 11:30 Lunch</p> <p>23</p>	<p>7:30 Breakfast 9:45 Fitness Frenzy -Erin 10:15 Big Band Music -Erin 10:45 Guess the Musician -Erin 11:30 Lunch</p> <p>24</p>	<p>7:30 Breakfast 9:45 Movement -Lisa 10:15 Daily Chronicles -Lisa 10:30 Riddles & Jokes -Lisa 10:45 Armchair Travel-Israel -Lisa 11:30 Lunch</p>  <p>25</p>
<p>7:30 Breakfast 9:45 Morning Stretch -Lisa 10:15 Finish the Phrase -Lisa 11:00 Rosary/Mass 11:30 Lunch</p> <p>26</p>	<p>7:30 Breakfast 9:45 Morning Stretch -Erin 10:15 Delightful Debbie Reynolds -Erin 11:00 Adoration/Divine Mercy 11:30 Lunch</p>  <p>27</p>	<p>7:30 Breakfast 9:45 Tone Up Tuesdays -Lisa 10:15 Daily Chronicles -Lisa 10:30 Music Therapy w/Jennifer 11:30 Lunch</p> <p>28</p>	<p>7:30 Breakfast 9:45 Balloon Volleyball -Carl 10:15 Herb Alpert & The Tijuana Brass -Carl 11:00 Rosary 11:30 Lunch</p>  <p>29</p>	<p>7:30 Breakfast 9:45 Move & Groove -Erin 10:15 Baseball's Official Opening Day -Erin 11:00 Interfaith Service 11:30 Lunch</p> <p>30</p>	<p>7:30 Breakfast 9:45 Fitness Frenzy -Carl 10:15 Coca Cola Month-Carl 10:45 Eiffel Tower Completed -Carl 11:30 Lunch</p>  <p>31</p>	