

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

All Activities are subject to change

Please refer to the Daily Sheet (posted in black frame on wall in TV Lounge) for the most updated schedule. All programs taking place in the Chapel can be viewed on Channel 14 on your television

9:30 Seated Chair Exercises for Seniors with RA's (YouTube) 5 10:00 Lutheran Church Service with RA's (YouTube) 11:00 Craft: The People We Love with Cindy 11:30 History On: Magic Johnson with Cindy 2:30 Spiritual Show with RA's: Little Boy (Netflix) 5:45 Animal Night with RA's: Growing Up Wild (Disney+)	9:30 Yoga Stretches with Alicia 6 10:00 Fingernail Filing & Polishing with Alicia 11:00 Music Therapy with Addie 11:30 Morning Visits with Alicia 1:30 Live Music by The Jammers - Chapel with Alissa & Channel 14 4:00 History On: BB King with Cindy 5:45 Would You Rather with Cindy	9:30 Live 2B Healthy Exercise Class 7 10:00 This Day in History with Cindy 10:30 Book Club: "Little House" with Cindy 11:00 John Deer Day with Cindy 11:30 True or False with Cindy 1:45 Afternoon Visits with Alicia 2:15 History On: George Washington Carver with Alicia 3:00 Church Service with Pastor John Nelson from Gethsemane Lutheran Church - Chapel with Alicia & Channel 14 4:15 Pinocchio Day with Alicia 5:45 TP Heart Stamping with Alicia	9:30 Sit & Be Fit with Alicia 8 10:00 Daily Chronicles with Alicia 10:30 History On: Maya Angelou with Alicia 11:00 History on: Nat King Cole with Alicia 11:30 The Music of Nat with Alicia 1:45 Movie with RA's: The Parent Trap (Disney+) 3:15 Taste Test: Mashed Potatoes with Alicia 3:45 Potato Lover Day with Alicia 4:15 Mind Game Wednesday: Name that Tune (Hulu) 5:45 The Masked Singer (Hulu) with RA's	9:30 TULIP Exercises (Parkinson's Based) with Cindy 9 10:00 Snail Mail Day with Cindy 10:30 Beatles Day with Cindy 11:00 Music of the Beatles with Cindy 11:30 History on: Michael Jackson with Cindy 1:45 Afternoon Rounds with Cindy 2:15 Baking Club: Heart Pizza with Cindy 3:45 History on: Scott Joplin with Cindy 4:15 The Music of Scott with Cindy 5:45 20 Questions Game with Alicia	9:30 Music & Movement with Cindy 10 10:00 Donut Treats with Cindy 10:15 Today's News with Cindy 10:45 Gold Rush Day with Cindy 11:15 Storytelling Day with Cindy 1:45 Cribbage with Alissa 3:00 Happy Hour with Cindy 3:30 History on: Dr. MLK Jr. with Cindy 4:00 Trivia with Cindy 5:45 Game Show Night: The \$100,000 Pyramid (Hulu) with RA's	9:30 Seated Stretches with RA's (YouTube) 11 10:00 Sitcom Saturday with RA's: The Wonder Years (Hulu) 11:00 Learn About Japan Day with Alicia 11:30 History on: Muhammed Ali with Alicia 2:30 Movie Matinee with RA's: Mr. Magoo (Disney+) 4:30 Catholic Mass with Father Bakatu - Chapel 5:45 Music Night with RA's: Bosta (Netflix)
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9:30 Seated Chair Exercises for Seniors with RA's (YouTube) 12 10:00 Catholic Mass with RA's (YouTube) 11:00 Superbowl Sunday with Alicia 11:15 Craft: TP Heart Stamping with Volunteer Alli 11:30 History On: Jackie Robinson with Alicia 2:30 Spiritual Show: The Wait (Netflix) 5:30 Super Bowl LVII (TV Channel Fox Sports: 36) with RA's	9:30 Yoga Stretches with Alicia 13 10:00 Fingernail Filing & Polishing with Alicia 11:00 Music Therapy with Addie 11:30 Morning Visits with Alicia 1:30 Live Music by The Jammers - Chapel with Cindy & Channel 14 4:00 History On: Bessie Coleman with Cindy 4:30 The Cat's Meow Day with Cindy 5:45 Funniest Cat Videos with Cindy	9:30 Live 2B Healthy Exercise Class 14 10:00 This Day in History with Alicia 10:30 Love Stories with Alicia 11:00 History on: Ella Fitzgerald with Alicia 11:30 Chocolates Day with Alicia 1:30 Church Service with Pastor Antonio Machado - Chapel with Alicia & Channel 14 2:45 Afternoon Movie: Free Rein: Valentine's Day (Netflix) 3:15 Valentine's Musical Performance with Linda Wrobel - Chapel with Alicia 4:30 Afternoon Chats with Alicia 6:00 Valentine Visits with Cindy Valentine's Day	9:30 Sit & Be Fit with RA's (YouTube) 15 10:00 The Golden Palace (Hulu) with RA's 11:00 History On: Thurgood Marshall with Cindy 11:30 This Day in History with Cindy 1:45 Movie with RA's: Liar Liar (Hulu) 2:30 Afternoon Rounds with Cindy 3:15 It's Hippo Day with Cindy 3:45 What is a Tortoni Bomb with Cindy 4:15 Mind Game Wednesday: Jeopardy (Hulu) 5:45 The Voice (Hulu) with RA's	9:30 TULIP Exercises (Parkinson's Based) with Cindy 16 10:00 Think about it Thursday with Cindy 10:30 Nylon Day with Cindy 11:00 Double Dog Dare Ya Day with Cindy 11:30 Would You Rather with Cindy 1:45 Afternoon Rounds with Cindy 2:15 Baking Club: Cat Meow Chow Mix with Cindy 3:45 Cat Meow Day with Cindy 4:15 Funniest Cat Videos with Cindy 5:45 Movie Night with RA's: The Princess Diaries (Disney+)	9:30 Music & Movement with Cindy 17 10:00 Donut Treats with Cindy 10:15 Today's News with Cindy 10:30 Piano Music with James Shaw 11:30 Cabbage Day with Cindy 2:15 Bird Watching Day with Cindy 3:00 Happy Hour with Cindy 3:30 Happy Birthday, Michael Jordan with Cindy 4:00 Michael Jordan's Greatest Moments with Cindy 5:45 Game Show Night: Press Your Luck (Hulu) with RA's	9:30 Seated Stretches with RA's (YouTube) 18 10:00 Sitcom Saturday with RA's: The Wonder Years (Hulu) 11:00 Happy Birthday, John Travolta with Alissa 11:15 History on: Desmond Tutu with Alissa 11:30 Craft: Wrapped Hearts Art with Alissa & Volunteer Alli 2:30 Movie Matinee with RA's: The Absent-Minded Professor (Disney+) 4:30 Catholic Mass with Father Bakatu - Chapel 5:45 Music Night with RA's: Cameron: The Film (Netflix)
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9:30 Seated Chair Exercises for Seniors with RA's (YouTube) 19 10:00 Lutheran Church Service with RA's (YouTube) 11:00 History On: St. Augustine with Cindy 11:30 Craft: Handwarmer with Cindy & Volunteer Alli 2:30 Spiritual Show with RA's: Shirdi Sai (Netflix) 5:45 Animal Night with RA's: Party Animals (Disney+)	9:30 Yoga Stretches with Alicia 20 10:00 Fingernail Filing & Polishing with Alicia 11:00 Music Therapy with Addie 11:30 Prayer Group with Deacon Michael 1:30 Live Music by The Jammers - Chapel with Alissa & Channel 14 4:00 History On: Billie Holiday with Cindy 4:30 Presidents Day Trivia with Cindy 5:45 Tabletop Bowling Game with Cindy Presidents' Day (US)	9:30 Live 2B Healthy Exercise Class 21 10:00 This Day in History with Cindy 10:30 What is Mardi Gras with Cindy 11:00 Singing: Jazz Music with Cindy 11:30 1st Lady Trivia with Cindy 1:45 Afternoon Rounds with Alicia 2:15 Make a King Cake with Alicia 3:30 Craft: Mardi Gras Masks with Alicia 5:45 A Trip to New Orleans: Mardi Gras with Alicia Mardi Gras	9:30 Sit & Be Fit with Alicia 22 10:00 Ash Wednesday Service - Chapel with Alicia & Channel 14 11:30 Daily Chronicles with Alicia 1:45 Afternoon Rounds with Alicia 2:30 Humpback Whale Day with Alicia 3:15 Margarita Day with Alicia 3:45 Taste Testing: Pink Drink 4:15 Ash Wednesday with Alicia 5:45 Conversation Cards with Cindy Ash Wednesday	9:30 *So, This is Love... Day* 23 TULIP Exercises (Parkinson's Based) with Cindy 10:00 Friendship Celebration Day with Cindy 10:30 Unlikely Animal Friendships with Cindy 11:00 Love Stories with Cindy 11:30 Who's My Partner Game with Cindy 12:00 Lunch & Tour Outing with Alissa & Alicia - Location TBD 2:15 Baking Club: Cupids Chow with Cindy 3:45 Movie: The Love Bug (Disney+) 5:45 Would You Rather Game with Alicia	9:30 Music & Movement with Cindy 24 10:00 Donut Treats with Cindy 10:15 Today's News with Cindy 10:45 Tortilla Chip Day with Cindy 11:15 Make Tortilla Chips with Cindy 1:45 Cribbage with Alissa 3:00 Happy Hour with Cindy 3:30 Bee Gees Day with Cindy 4:00 Book Club with Cindy 5:45 Game Show Night: The Match Game (Hulu) with RA's	9:30 Seated Stretches with RA's (YouTube) 25 10:00 Sitcom Saturday with RA's: The Wonder Years (Hulu) 11:00 Safari Saturday with Alicia 11:30 History on: James Brown with Alicia 2:30 Movie Matinee with RA's: Herby Goes Bananas (Disney+) 4:30 Catholic Mass with Father Bakatu - Chapel 5:45 Music Night with RA's: Connected (Netflix)
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9:30 Seated Chair Exercises for Seniors with RA's (YouTube) 26 10:00 Catholic Mass with RA's (YouTube) 11:00 Tell a Fairytale Day with Alicia 11:30 History On: Aretha Franklin with Alicia 2:30 Spiritual Show: Nothing to Lose (Netflix) 5:45 Animal Night with RA's: Wings of Life (Disney+)	9:30 Yoga Stretches with Alicia 27 10:00 Fingernail Filing & Polishing with Alicia 11:00 Music Therapy with Addie 11:30 Prayer Group with Deacon Michael 1:30 Live Music by The Jammers - Chapel with Cindy & Channel 14 4:00 History On: Louis Armstrong with Cindy 4:30 The Music of Louis Armstrong with Cindy 5:45 Dice Game with Cindy	9:30 Live 2B Healthy Exercise Class 28 10:00 This Day in History with Cindy 10:30 Wedding Trends with Cindy 11:00 Shortest Day with Cindy 11:30 Rodeo Day with Cindy 1:30 Church Service with Pastor Antonio Machado - Chapel with Alicia & Channel 14 3:00 Rodeo Day with Alicia 3:45 Funniest Rodeo Videos with Alicia 4:15 Chats with Alicia 6:15 Glad Tidings Choir Musical Performance - Chapel with Alicia and Channel 14 (Families are encouraged to attend with loved ones)	 <h1 style="color: #c0392b; font-family: cursive;">February 2023</h1> <p style="font-size: 1.2em; font-weight: bold;">THE GLENN MINNETONKA: FIRESIDE SUITES</p>			
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