

November 2022

The Glenn Gazette

The Glenn Buffalo | 763-682-5489



Assisted Living Activity Director

Natalie

nhoiland@gentletouchhealth.com

- Resident Meeting
- Music w/Duke
- Country Drive
- Music w/George
- Food meeting
- Music w/Mike
- Music w/Craig
- Shop Buffalo
- Bingo Buck Store
- Nelson Brothers



Memory Care Activity Director

Amber

afuchs@gentletouchhealth.com

- Cover bridges day
- Music with Linda and Char
- Monopoly Day
- Music with Manny Cortez
- Veterans Day Tribute and treats
- Happy mock tail day
- Craig on piano
- Shoot a turkey
- Jane on piano
- Pie social

Note from Jen:

I want to welcome our new Executive Director Tammie Graupmann! I know some of you are saying "I know that name". Yes, you do! Tammie was our Marketing Coordinator for almost 6 years. She will be back as our Director on October 31st.

Please give her a warm welcome!

I have been blessed to a part of The Glenn Buffalo for over 6 years now. I will miss all of you. I wish you all nothing but the best! This isn't Goodbye it is just see you later.

Jen R.

Executive Director Corner-

Tammie

tgraupmann@gentletouchhealth.com



Family Council will meet on Wednesday November 9th at the Memory Care in Cottage 1 at 6:00pm. We would like if you as families to attend.

Assisted Living Nursing Corner

Brittney, RN

bdecker@gentletouchhealth.com

November (Thanksgiving) Fun Facts:

Health benefits of eating turkey:

Contains tryptophan, an amino acid, which helps create serotonin, a chemical in the brain that makes us feel happy. "Serotonin contributes to our mood, well-being, happiness, cognition and memory."

AL-Bluestone days in November:

Group A: Wednesday, November 9
Group B: Wednesday, November 23
Happy Thanksgiving!

Assisted Living LPN - Jennifer

BuffaloALnursing@gentletouchhealth.com

Memory Care LPN - Amanda

aspeetzen@gentletouchhealth.com



Halloween 2022

Resident Service Corner

Brenda @ AL

bward@gentletouchhealth.com

We are happy to announce that we have hired a group of great team members and they are doing a GREAT JOB! Please take the time to stop and tell them how great they are and how much we like having them at The Glenn



Autum @ MC

anelson@gentletouchhealth.com

Hello! We are headed into the holiday season. Thanksgiving is my favorite holiday, anytime I can be snuggled in with my children, grandchildren and eat yummy food I am all about it. As we approach the holidays, please remember just a few things. If you are planning to take your loved one out, please call ahead so the staff can get them ready to enjoy the day. If you are planning to eat here with your family member, please call and we would be happy to add you to our dine-in list. The cost is \$5 a person, you can leave your money with the staff. If you have any further questions, let me know. I am always happy to visit with families. Hope you have a blessed Thanksgiving season.

Kitchen Corner- Sarah
szimmermann@gentletouchhealth.com

Goulash

2-pounds ground beef, 2-large onions, 3-cloves of garlic, 2- cans tomato sauce, 2-cans diced tomato, 2-TBS Italian seasoning, 1-TBS salt, 2-cups cooked macaroni

Add meat, onions, and garlic in pan brown and drain grease. Add tomato sauce, diced tomatoes, Italian seasoning, and garlic.

Bring to a boil over medium heat for 10 min. Add Noodles and enjoy!



Business Office Manager Corner- Barb
bnichols@gentletouchhealth.com

Welcome the new staff!!

New Receptionist at AL – Haley

AL – Michelle, Dedra, Corinne

MC – Emma, Corinne, Chloe, Fatima



Marketing Corner- Kathy
kczan@gentletouchhealth.com

November is Adopt a Senior Pet Month, which reminds people of older cats and dogs that are in shelters and waiting to be adopted. Pets are the easiest way to bring warmth into your life. So, if you are thinking about getting a pet, consider opening your heart to a senior animal. Adopting a senior animal can be a life-changing experience for you and that pet. Not only are older pets often easier to handle, but they are also just as loyal and loving as the younger ones.



In Loving Memory:



Leo Larson



Tom Watson



Marie Wurm



Eleanore Fachon

New to The Memory Care



Kathy P.



Betty M.

Getting to know a staff member:



Autum Nelson

Resident Service Coordinator

She loves hanging out with her family and her grandkids.



Halloween 2022



Octoberfest 2022



Residents:

Harry, Robin,
Lyle, Don,

Staff:

Tim, Payton, Barb,
Emily, & Jen D.

