

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November

November Birthdays:  
Alan A.

9:30 One on ones **1**  
10:30 Video Chat with Family  
12:30 Bingo #1  
**2:00 Halloween Party #2**  
6:00 Staff Led Activities

10:00 Cardio Drumming #1 **2**  
11:00 Cardio Drumming #2  
12:30 Video Chat with Family  
1:00 Bingo #1  
2:30 Bingo #2  
6:00 Staff Led Activities

10:00 Catholic Communion #1 **3**  
10:30 Catholic Communion #2  
1:00 Staff Led Activities  
6:00 Staff Led Activities

9:30 Chair Yoga #1 **4**  
10:30 Chair Yoga #2  
12:30 Family Video Chat  
**1:30 Music with Linda and Char #1**  
**2:00 Music with Linda and Char #2**  
6:00 Staff Led Activities

10:00 Staff Led Activity **5**  
6:30 Saturday night popcorn and a movie

10:00 Church on TV **6**  
6:30 Resident's choice movie



Daylight Saving Time Ends

9:30 Nails #2 **7**  
11:00 Nails #1  
**1:30 Monthly Birthday Celebration**  
6:00 Staff Led Activities



9:30 Floor Hockey #2 **8**  
10:30 Video Chat with Family  
11:00 Floor Hockey #1  
12:30 Bingo #1  
2:30 Bingo #2  
6:00 Staff Led Activities

12:30 Reminiscing #1 **9**  
1:00 Reminiscing #2  
2:00 Bingo #2  
3:00 Bingo #1  
**6:00 Family Council at Cottage 1**



10:00 Catholic Communion #1 **10**  
10:30 Catholic Communion #2  
**11:00 Resident and food meeting**  
12:30 Video Chat with Family  
**1:30 Monopoly Day #2**  
**3:00 Monopoly Day #1**  
6:00 Staff Led Activities

**10:00 Manny Cortez Music #1** **11**  
**10:30 Manny Cortez Music #2**  
12:30 Video Chat with family  
**2:00 Veterans Day Tribute and treats #1**  
**3:00 Veterans Day Tribute and treats #2**  
6:00 Staff Led Activities

Remembrance Day (Canada)

10:00 Staff Led Activity **12**  
6:30 Saturday night popcorn and a movie

10:00 Church on TV **13**  
6:30 Resident's choice movie

9:30 Nails #2 **14**  
11:00 Nails #1  
**12:30 Happy Mock Tail Day #2**  
**2:30 Happy Mock Tail Day #1**  
6:00 Staff Led Activities



9:00 Catholic Communion #1 **15**  
9:30 Catholic Communion #2  
10:30 Video Chat with Family  
11:00 Ribbon Exercise #1  
12:30 Ribbon Exercise #2  
1:30 Bingo #2  
2:30 Bingo #1  
6:00 Staff Led Activities

10:00 Cardio Drumming #1 **16**  
11:00 Cardio Drumming #2  
12:30 Video Chat with Family  
1:30 Baking #2  
**3:00 Craige on Piano #2**  
6:00 Staff Led Activities



10:00 Catholic Communion #1 **17**  
10:30 Catholic Communion #2  
11:00 Bingo #1  
12:30 Bingo #2  
2:00 Baking #1  
6:00 Staff Led Activities

9:30 Chair Yoga #1 **18**  
10:30 Chair Yoga #2  
12:30 Family Video Chat  
1:00 Crafty Corner #1  
2:30 Crafty Corner #2  
6:00 Staff Led Activities



10:00 Staff Led Activity **19**  
6:30 Saturday night popcorn and a movie

10:00 Church on TV **20**  
6:30 Resident's choice movie

9:30 Nails #2 **21**  
11:00 Nails #1  
**12:30 Shoot a turkey #2**  
**2:30 Shoot a turkey #1**  
6:00 Staff Led Activities



9:00 Catholic Communion #1 **22**  
9:30 Catholic Communion #2  
**10:00 Jane on the Piano #1**  
10:30 Video Chat with Family  
11:00 Balloon Volleyball #1  
12:30 Balloon Volleyball #2  
**2:30 Pie Social #2**  
6:00 Staff Led Activities

9:00 Catholic Communion #1 **23**  
9:30 Catholic Communion #2  
12:30 Video Chat with Family  
**1:30 Pie Social #1**  
6:00 Staff Led Activities



**Happy Thanksgiving** **24**  
10:00 Staff Led Activities  
2:30 Staff Led Activities



Thanksgiving Day (US)

**10:00 Rick Brix #1** **25**  
**10:30 Rick Brix #2**  
2:30 Staff Led Activities  
6:00 Staff Led Activities

10:00 Staff Led Activity **26**  
6:30 Saturday night popcorn and a movie

10:00 Church on TV **27**  
6:30 Resident's choice movie

9:30 Nails #2 **28**  
11:00 Nails #1  
**12:30 Treasures from the Attic #2**  
**2:30 Treasures from the Attic #1**  
6:00 Staff Led Activities



9:00 Catholic Communion #1 **29**  
9:30 Catholic Communion #2  
9:35 One on ones  
10:30 Video Chat with Family  
11:00 Chair Yoga #1  
12:30 Chair Yoga #2  
**1:00 Colleen playing the Harp #1**  
**1:30 Colleen playing the Harp #2**  
6:00 Staff Led Activities

10:00 Cardio Drumming #1 **30**  
11:00 Cardio Drumming #2  
12:30 Video Chat with Family  
**1:30 Chair Square Dance #2**  
**2:30 Chair Square Dance #1**  
6:00 Staff Led Activities



# November 2022

The Glenn Buffalo Memory Care