

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# Assisted Living

*Life at Its Best*

Physical \*  
Intellectual ^  
Spiritual +  
Social ☺

Community Service #



11:00 Mass -C+  
1:30 Bette Davis -Lisa  
2:30 Snack & Movie -AR☺  
*All About Eve*



Daylight Saving Time Ends

**6** 10:00 Morning Stretch w/Lori 7  
-AR\*  
10:30 East or West Guess -AR^  
11:00 Adoration/Divine Mercy  
-C+  
1:30 *The Chosen Series*  
w/Deacon Jim -AR+  
2:45 Snack -AR  
3:30 Mass -C+

**8** 10:00 Tuesday Stretch w/Carl  
-AR\*  
10:30 In the Kitchen:  
Cranberry Bread -AR  
1:30 History of Veteran's Day-DB^  
2:30 **Men's Group & Snack**  
-AR  
3:30 Mass -C+



**9** 10:00 Fitness Frenzy w/Erin  
-AR\*  
11:00 Judy Garland's Life -AR^  
11:00 Rosary -C+  
1:30 Bingo -AR☺  
2:45 Snack-AR  
3:30 Mass -C+  
6:30 Wednesday Night Movie  
-AR☺

**10** 10:00 Yoga-robics w/Lisa -AR\*  
10:30 Daily Chronicle -AR^  
11:00 Interfaith Service -C+  
**10:15-1 Salute to Veteran's  
Lunch Hopkin's Activity  
Center, Reservation Required**  
1:30 **4th Floor Social** ☺  
2:45 Snack -AR  
3:30 Mass -C+



**11** *Happy Veterans Day*  
10:00 Fitness Friday-w/Carl-AR\*  
10:30 Mickey Mouse  
11:00 Faith Sharing w/Mike-AR+  
1:30 Famous Veterans-AR  
**2:30 Veteran's Day  
Celebration  
Music by Tara Brueske -DR**

Veterans Day  
Remembrance Day (Canada)

**12** *Happy Birthday Paul!*  
10:00 Indoor Walk with  
Neighbors-Meet in Lobby  
1:30 Crafts w/Erin -AR☺  
2:30 Movie & Popcorn -AR☺  
*Opal Dream*



**13** 11:00 Mass -C+  
1:30 Bingo w/Erin-AR☺  
2:30 Snack & Movie -AR☺  
*The Wedding Date*



**14** 10:00 Morning Stretch w/Lori  
-AR\*  
10:30 November Trivia -AR^  
11:00 Adoration/Divine Mercy  
-C+  
1:30 *The Chosen Series*  
w/Deacon Jim -AR+  
2:45 Snack -AR  
3:30 Mass -C+

**15** 10:00 Tuesday Stretch  
w/Carl-AR\*  
**10:30 Resident Council  
Meeting -C**  
1:30 Roy Rogers & Hollywood  
Cowboys -AR^  
2:45 Snack -AR  
3:30 Mass -C+



**16** 10:00 Fitness Frenzy w/Erin  
-AR\*  
10:30 National Cowboy Month  
-AR^  
11:00 Rosary -C+  
1:30 Bingo -AR☺  
2:45 Snack -AR  
3:30 Mass -C+  
6:30 Wednesday Night Movie  
-AR☺

**17** 10:00 Tap it Out w/Lisa -AR\*  
10:30 Daily Chronicle -AR^  
11:00 Interfaith Service -C+  
**2:30 November Birthday Party  
Music by Ross McCleod -DR**



**18** 10:00 Fitness Friday w/Erin  
AR\*  
10:30 Princess Month -AR^  
11:00 Faith Sharing w/Mike-AR+  
1:30 Card Bingo -AR☺  
2:45 Snack -AR  
3:30 Mass -C+

**19** 10:00 Indoor Walk with  
Neighbors-Meet in Lobby  
1:30 The Gettysburg  
Address w/Carl -AR^  
2:30 Movie & Popcorn -AR☺  
*Young Mr. Lincoln*  
with Henry Fonda



**20** 11:00 Mass -C+  
1:30 Musical Spotlight:  
Sound of Music -w/Carl  
-AR^  
2:30 Snack & Movie -AR☺  
*The Sound of Music*



**21** 10:00 Morning Stretch w/Lori  
-AR\*  
10:30 Thanksgiving A-Z -AR^  
11:00 Adoration/Divine Mercy  
-C+  
1:30 *The Chosen Series*  
w/Deacon Jim -AR+  
2:45 Snack & Thankful  
Thanksgiving Humor -AR☺  
3:30 Mass -C+

**22** 10:00 Tuesday Stretch  
w/Carl-AR\*  
10:30 In the Kitchen: Chinese  
Almond Cookies/Mango  
Pudding -AR  
1:30 Mayflower's Journey -AR^  
2:30 **The First Thanksgiving  
& Snack -AR**  
3:30 Mass -C+  
4:00 **AL Korean BBQ Asian  
Dinner & Happy Hour**

**23** 10:00 Fitness Frenzy w/Erin  
-AR\*  
10:30 Lucille Ball's Life -AR^  
11:00 Rosary -C+  
1:30 Bingo -AR☺  
2:45 Snack -AR  
3:30 Mass -C+  
6:30 Wednesday Night Movie  
-AR☺

**24** 9:00 Interfaith Service  
**11:00 Thanksgiving Mass**  
-C+  
1:30 Being Thankful Month  
w/Erin -AR^  
2:30 Holiday Movie &  
Popcorn -AR☺



**25** 10:00 Friday Fitness -w/Carl  
-AR\*  
10:30 Joe DiMaggio -AR^  
11:00 Faith Sharing w/Mike-AR+  
1:30 Bingo-AR☺  
2:45 Snack -AR  
3:30 Mass -C+

**26** 10:00 Indoor Walk with  
Neighbors-Meet in Lobby  
1:30 Steve Martin & John  
Candy w/Lisa AR^  
2:30 Movie & Popcorn  
*Planes, Trains & Automobiles*  
-AR☺

**27** 11:00 Mass -C+  
1:30 Bocce Ball w/Lori  
2:30 Snack & Movie -AR☺



**28** 10:00 Monday Stretch w/Carl  
-AR\*  
10:30 Charles Schultz &  
Peanuts -AR^  
11:00 Adoration/Divine Mercy  
-C+  
1:30 *The Chosen Series*  
w/Deacon Jim -AR+  
2:45 Snack -AR  
3:30 Mass -C+

**29** 10:00 Tuesday Stretch w/Carl  
-AR\*  
10:30 In the Kitchen:  
Pumpkin Pie -AR  
1:30 Steamboat Journey Up  
the Mississippi River -AR^  
2:30 **Men's Group & Snack**  
-AR  
3:30 Mass -C+



**30** 10:00 Fitness Frenzy w/Erin  
-AR\*  
10:30 Nifty Fifty States -AR^  
11:00 Rosary -C+  
1:30 Bingo -AR☺  
2:45 Snack -AR  
3:30 Mass -C+  
6:30 Wednesday Night Movie  
-AR☺

Decorative background with autumn leaves and a squirrel. Large text reads: **November 2022 Assisted Living**