

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>9:30 Seated Cardio Exercises (YouTube) with RA's 10:00 American's Funniest Home Videos (YouTube) with RA's 11:00 Lutheran Church Service Video (YouTube) 2:30 Spiritual Show with RA's: Unstoppable (Netflix) 7:00 Animal Night with RA's: Kingdom of the White Wolf (Disney+)</p> <p>4</p>	<p>9:30 Yoga Stretches with RA's (YouTube) 10:30 Billy Rose Sing-along with RA's (YouTube) 11:30 Morning Visits with RA's 1:45 Movie Matinee with RA's: Working Girl (Hulu) 2:30 Musical Performance with Curtis & Loretta - Chapel (Families are invited & encouraged to attend with their loved ones) 3:45 Balloon Toss Game with RA's 7:00 Movie Night with RA's: 9to5 The Story of a Movement (Netflix)</p> <p>5</p> <p>Labor Day</p>	<p>9:45 Dietary Diversity Nutrition Class with Dietician Jessica from Unidine & Alissa 10:30 Morning Stretches with Alissa 10:45 I Love Lucy (Hulu) 1:45 Craft Time: Watercolor Painting with Lizzie 2:45 Movie: Falling for Figaro (Hulu) 3:00 Church Service with Pastor Sara Moat or John Nelson from Gethsemane Lutheran Church - Chapel with Lizzie 4:45 First Tank Day with Lizzie 7:00 Balloon Toss with RA's</p> <p>6</p>	<p>9:30 Sit & Be Fit with Lizzie 10:00 Move it to the Patio with Lizzie 10:15 Music History & Sing-Along Songs: Aretha Franklin with Lizzie 11:00 Move it on Back Inside with Lizzie 11:30 Morning Wrap-Up with Lizzie 2:00 Snack Club: Trail Mix with Lizzie 2:45 Spa Music & Massages with Lizzie 3:15 Docuseries: Life in Color with David Attenborough (Netflix) 4:45 Afternoon Visits with Lizzie 7:00 Movie Musical Night with RA's: Les Misérables (Netflix)</p> <p>7</p>	<p>9:30 Live 2B Healthy Exercise Class 10:00 Happy Birthday, Antonin Dvorak with Alissa 10:15 A Novel Time Book Reading: Laura Ingalls Wilder Series with Alissa 11:00 Music Therapy with Maggie 12:00-4:00 Let's Go Fishing & Picnic Outing at Lake Riley with Alissa & Lizzie 1:45 Afternoon Movie with RA's: The Apple Dumpling Gang (Disney+) 4:30 Afternoon Rounds with Lizzie 7:00 Animal Night: American's Funniest Home Videos - Animal Edition (Disney+) with RA's</p> <p>8</p>	<p>State Fair Day! 9:30 Music & Movement with Alissa 10:00 Mini Donut Treats with Alissa 10:15 A Virtual Trip to the MN State Fair with Alissa 10:45 Flute Music with Alissa 11:15 Prayer Group with Deacon Michael 1:45 Afternoon Visits with Lizzie 2:30 State Fair Themed Happy Hour with Lizzie 3:30 Balloon Toss Game with Lizzie 4:00 Reminiscing: State Fair Memories with Lizzie 4:30 Deep Breathing Exercises with Lizzie 7:00 Game Show Night with RA's: Disney Channel Games (Disney+)</p> <p>2</p>	<p>9:30 Seated Stretches with Lizzie 10:15 One Lump or Two - Tea Party with Lizzie 11:00 Music & Stories with Volunteers Bob & Jeanne 2:30 Movie with RA's: Purple Hearts (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel 7:00 Music & Memory with RA's: Amazing Grace: Aretha Franklin (Hulu)</p> <p>3</p>
<p>9:30 Seated Cardio Exercises with RA's (YouTube) 10:00 Music & Stories with Volunteers Bob & Jeanne 10:30 Spiritual Show with RA's: The Water Man (Netflix) 11:00 St. Olaf Catholic Mass (YouTube) 2:30 Animal Day with RA's: Kingdom of the Polar Bear (Disney+) 4:15 All About Grandparents Day with Lizzie 6:15 Remembering 9/11 with Lizzie</p> <p>11</p> <p>Grandparents Day</p>	<p>9:30 Yoga Stretches with Lizzie 10:00 Movie: The Absent-Minded Professor (Disney+) 11:00 Fingernail Filing & Polishing with Lizzie 1:30 Movie: Smart House (Disney+) 1:30 Live Music by The Jammers - Chapel with Lizzie 3:30 Bingo with Lizzie 7:00 Outside Patio Visits with RA's</p> <p>12</p>	<p>9:30 Seated Exercises with Lizzie 10:00 Daily Chronicle with Lizzie 10:30 Mary Tyler Moore (Hulu) 11:45 Morning Visits with Lizzie 1:45 Movie: Some Kind of Heaven (Hulu) 2:00 Church Service with Pastor Antonio Machado - Chapel with Lizzie 3:15 Craft: Bubble Patterns on the Patio with Lizzie 4:00 Docuseries: Dogs (Netflix) Music with Mike - Joyful Accordion Tunes - Chapel (families are invited & encourage to attend with their loved ones) 7:00 Balloon Toss with RA's</p> <p>13</p>	<p>9:30 Sit & Be Fit with Lizzie 10:00 Move it to the Patio with Lizzie 10:15 Music History & Sing-Along Songs: Benny Goodman with Lizzie 11:00 Move it on Back Inside with Lizzie 11:30 Morning Wrap-Up with Lizzie 2:00 Snack Club: Rice Krispie Bars with Lizzie 2:45 Spa Music & Massages with Lizzie 3:15 Docuseries: Tiny House Nation (Netflix) 4:45 Afternoon Visits with Lizzie 7:00 Movie Musical Night with RA's: Ella Fitzgerald: Just One of Those Things (Netflix)</p> <p>14</p>	<p>Back To School Day! 9:30 Live 2B Healthy Exercise Class 10:00 Spelling Bee Game with Alissa 10:15 A Novel Time Book Reading: Laura Ingalls Wilder Series with Alissa 11:00 Music Therapy with Maggie 11:30 Bob Newhart Show (Hulu) with RA's 1:45 Reminiscing: School Days with Lizzie 2:15 Back to School Craft with Lizzie 3:15 Movie: School of Rock (YouTube) 7:00 Animal Night: Howie Mandel's Animals Doing Things (Disney+) with RA's</p> <p>15</p>	<p>9:45 Piano Music with James Shaw 10:30 Donut Treats with Alissa 10:45 I Love Lucy (Hulu) 11:15 Prayer Group with Deacon Michael 1:45 Afternoon Visits with Lizzie 2:30 Happy Hour with Lizzie 3:30 Kickball Game with Lizzie 4:00 Mexican Independence Day with Lizzie 4:30 Deep Breathing Exercises with Lizzie 7:00 Game Show Night with RA's: The \$100,000 Pyramid (Hulu)</p> <p>16</p>	<p>9:30 Morning Stretches with RA's (YouTube) 10:00 Morning Fun with Maintenance Director Paul 10:30 National Apple Day Morning Movie: The Apple Dumpling Gang Rides Again (Disney+) with RA's 2:30 Movie with RA's: Feel the Beat (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel 7:00 Music & Memory with RA's: The Beatles: 8 Days a Week (Hulu)</p> <p>17</p> <p>Oktoberfest Begins</p>
<p>9:30 Seated Cardio Exercises with RA's (YouTube) 10:00 Music & Stories with Volunteers Bob & Jeanne 10:30 Spiritual Show with RA's: The Miracle (Netflix) 11:00 Piano Music & Visits with Volunteers Tingting, Annabelle, & Alivia 2:30 Animal Night with RA's: Kingdom of the Blue Whale (Disney+) 4:15 National Dog Week Kick-off with Lizzie 6:15 Broadway Musicals with Lizzie</p> <p>18</p>	<p>9:30 Yoga Stretches with Lizzie 10:00 Movie: Bed-knobs & Broomsticks (Disney+) 11:00 Fingernail Filing & Polishing with Lizzie 11:30 Morning Visits with Lizzie 1:30 Movie: Tron (Disney+) 1:30 Live Music by The Jammers - Chapel with Lizzie 3:30 Bingo with Lizzie 4:30 Scenic Relaxation: Hawaii with Lizzie 7:00 Outside Patio Visits with RA's</p> <p>19</p>	<p>9:30 Seated Exercises Video with RA's (YouTube) 10:00 Musical Performance by Colleen Wold-Hiebeler 10:45 Sing-Along Songs with Volunteer Jeanne 1:45 Movie: Muppets Take Manhattan (Hulu) 2:00 Church Service with Pastor Dan Schultz from Zion Lutheran Church - Chapel with Lizzie 3:15 Craft: Gratitude Tree with Lizzie 4:15 Remembering Sophia Loren with Lizzie 7:00 Kickball Game with Lizzie</p> <p>20</p>	<p>9:30 Sit & Be Fit with Lizzie 10:00 Move it to the Patio with Lizzie 10:15 Music History & Sing-Along Songs: The Beatles with Lizzie 11:00 Move it on Back Inside with Lizzie 11:30 Morning Wrap-Up with Lizzie 2:00 Snack Club: Root Beer Floats with Lizzie 2:45 Spa Music & Massages with Lizzie 3:15 Docuseries: The Hidden Lives of Pets (Netflix) 4:45 Afternoon Visits with Lizzie 7:00 Movie Musical Night with RA's: Barbara: The Music, The Mem'ries, The Magic (Netflix)</p> <p>21</p>	<p>9:30 Live 2B Healthy Exercise Class 10:15 A Novel Time Book Reading: Laura Ingalls Wilder Series with Alissa 11:00 Music Therapy with Maggie 11:45 Mary Tyler Moore (Hulu) with RA's 1:45 Golden Palace (Hulu) 2:00 Autumn Scenic Drive Outing with Alissa 2:15 Taste Testing: All Things Apples with Lizzie 4:45 Autumn Poetry with Lizzie 6:30 Piano Music with Wayzata Symphony Orchestra's Keenun Nam - Chapel with Lizzie (Families are invited & encouraged to attend this event with their loved ones)</p> <p>22</p> <p>Autumn Begins</p>	<p>9:30 Music & Movement with Alissa 10:00 Donut Treats with Alissa 10:15 Funny Sayings Friday with Alissa 10:45 Mr. Ed (YouTube) 11:15 Prayer Group with Deacon Michael 2:00 Afternoon Visits with Alissa 2:30 Happy Hour with Alissa 3:15 Afternoon Musical: The Sound of Music (Disney+) 7:00 Game Show Night with RA's: Press Your Luck (Hulu)</p> <p>23</p>	<p>9:30 Morning Stretches with RA's (YouTube) 10:00 Morning Fun with Executive Director Jen 10:30 National Jim Henson Day Morning Movie: The Muppet Movie (Disney+) with RA's 11:45 Sitcom: M*A*S*H (Hulu) with RA's 2:30 Movie with RA's: The Pursuit of Happiness (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel 7:00 Music & Memory with RA's: Tommy Dorsey (YouTube)</p> <p>24</p>
<p>9:30 Seated Cardio Exercises with RA's (YouTube) 10:00 Music & Stories with Volunteers Bob & Jeanne 10:30 Spiritual Show with RA's: From Stress to Happiness (Netflix) 11:00 Piano Music & Visits with Volunteers Tingting, Annabelle, & Alivia 2:30 Animal Day with RA's: Kingdom of the Apes (Disney+) 4:15 All About Rosh Hashanah with Lizzie 6:15 Visit Sequoia National Park with Lizzie</p> <p>25</p> <p>Rosh Hashanah Begins</p>	<p>9:30 Yoga Stretches with Alissa 10:00 Movie: Home Team (Netflix) 11:00 Fingernail Filing & Polishing with Alissa 1:30 Movie: Underdog (Disney+) 1:30 Live Music by The Jammers - Chapel with Lizzie & Alissa 3:30 Bingo with Lizzie 4:30 Scenic Relaxation: The Caribbean with Lizzie 7:00 Outside Patio Visits with RA's</p> <p>26</p>	<p>9:30 Seated Exercises with Alissa 10:00 Daily Chronicle with Alissa 10:30 Golden Girls (Hulu) 11:30 Morning Visits with Lizzie 1:45 Movie: Nims Island (Hulu) 2:00 Church Service with Pastor Antonio Machado - Chapel with Lizzie 3:15 Craft: Fingerprint Cows with Lizzie 4:15 National Chocolate Milk Day: Chocolate Milk & Conversations with Lizzie 7:00 Evening Stretches with Lizzie</p> <p>27</p>	<p>9:30 Sit & Be Fit with Lizzie 10:00 Move it to the Patio with Lizzie 10:15 Music History & Sing-Along Songs: Tommy Dorsey with Lizzie 11:00 Move it on Back Inside with Lizzie 11:30 Morning Wrap-Up with Lizzie 2:00 Snack Club: Strawberry Shortcake with Lizzie 3:15 Movie: Emil & The Detectives (Disney+) 3:30 Music with Volunteer Lilia & Friends - Chapel with Lizzie 4:45 Afternoon Rounds with Lizzie 7:00 Movie Musical Night with RA's: Los Tigres del Norte: At Folsom Prison (Netflix)</p> <p>28</p>	<p>9:30 Live 2B Healthy Exercise Group 10:15 A Novel Time Book Reading: Laura Ingalls Wilder Series with Alissa 11:00 Music Therapy with Maggie 11:45 I Love Lucy (Hulu) with RA's 1:45 German Music (YouTube) 2:15 Taste Testing: Soft Pretzels & Cheese with Alissa 3:15 Learn German with Alissa 3:45 All About Oktoberfest with Alissa 4:15 Sing-on Germany (Netflix) 5:30 Oktoberfest Themed Dinner 6:00 A Visit to Germany (YouTube) with Lizzie</p> <p>29</p>	<p>9:30 Music & Movement with Alissa 10:00 Donut Treats with Alissa 10:15 Yabba Dabba Doo Day with Alissa 10:45 Flute Music with Alissa 11:15 Prayer Group with Deacon Michael 1:45 Afternoon Visits with Lizzie 2:30 Happy Hour with Lizzie 3:30 Balloon Toss Game with Lizzie 4:00 Movie: Miracle in Lane Two (Disney+) 7:00 Game Show Night with RA's: Brain Games (Disney+)</p> <p>30</p>	<p>Alissa Dvorak Community Life & Volunteer Director 952-345-4422 advorak@greatlakesmc.com</p> <p>Cindy Tague Community Life Coordinator 952-345-4414 ctague@greatlakesmc.com</p> <p>Lizzie Toporek Community Life Coordinator 952-345-4410 etoporek@greatlakesmc.com</p>

*NOTE: All activities are subject to change. Please refer to the Daily Sheet (posted in black frame on wall in dining/day room) for the most updated schedule