

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2022

THE GLENN MINNETONKA
FIRESIDE SUITES



<p>9:30 Seated Cardio Exercises with RA's (YouTube) 4 10:00 Lutheran Church Service Video with RA's (YouTube) 11:00 America's Funniest Home Videos (YouTube) with RA's 2:30 Spiritual Show with RA's: Unstoppable (Netflix) 5:45 Animal Night with RA's: Kingdom of the White Wolf (Disney+)</p>	<p>9:30 Yoga Stretches with RA's (YouTube) 5 10:00 Billy Rose Sing-along with RA's (YouTube) 11:30 Morning Visits with RA's 1:45 Movie Matinee with RA's: Working Girl (Hulu) 2:30 Musical Performance with Curtis & Loretta - Chapel (Families are invited & encouraged to attend with their loved ones) 3:45 Balloon Toss Game with RA's 5:45 Movie Night with RA's: 9to5 The Story of a Movement (Netflix) Labor Day</p>	<p>9:30 Live 2B Healthy Exercise Class 6 10:00 This Day in History with Lizzie 10:45 Dietary Diversity Nutrition Class with Dietician Jessica from Unidine & Lizzie 11:30 National Read a Book Day with Lizzie 1:30 Afternoon Rounds with Lizzie 2:45 Movie: Falling for Figaro (Hulu) 3:00 Church Service with Pastor Sara Moat or John Nelson from Gethsemane Lutheran Church - with RA's 4:00 First Tank Day with Lizzie 5:45 Balloon Toss with RA's</p>	<p>9:30 TULIP Exercises (Parkinson's Based) with Alissa 7 10:00 Today's News with Alissa 10:30 Docuseries: Life in Color with David Attenborough (Netflix) 10:30 Morning Visits with Alissa 11:00 Game Time: Cribbage with Alissa 1:45 Movie: June & Kopi (Netflix) 3:30 Bingo with Lizzie 4:30 Pandora Music: Relaxing Piano 5:45 Movie Musical Night with RA's: Les Misérables (Netflix)</p>	<p>9:30 Seated Exercises with Lizzie 8 10:15 Music Therapy with Maggie 10:45 Daily Chronicles with Lizzie 11:15 National Football Kick-Off Day with Lizzie 2:00 Afternoon Rounds with Alissa 2:00 Movie: Free Guy (Disney+) 2:30 Celebrating September Birthday Friends with Music by Patrick Bobby & Christine with Alissa 4:15 Short Stories with Alissa 5:45 Animal Night: Planet of the Birds (Disney+) with RA's</p>	<p>State Fair Day! 2 9:30 Music & Movement with Lizzie 10:00 Donut Treats with Lizzie 10:15 A Virtual Trip to the MN State Fair with Lizzie 10:45 Rock & Roll Hall of Fame Anniversary with Lizzie 11:15 Reminisce: Fun at the Fair with Lizzie 1:45 Cribbage with Alissa 2:30 Happy Hour with Alissa 3:00 A Novel Time Book Reading: Laura Ingalls Wilder with Alissa 3:30 Flute Music with Alissa 4:00 Nat Geo Documentary: America the Beautiful (Disney+) 5:45 Game Show Night with RA's: Disney Channel Games (Disney+)</p>	<p>9:30 Seated Stretches with RA's (YouTube) 3 10:00 Music & Stories with Volunteers Bob & Jeanne 11:00 One Lump or Two: Tea Party with Lizzie 11:30 Sitcom with RA's: M*A*S*H (Hulu) 2:30 Movie with RA's: Purple Hearts (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel 5:45 Music & Memory with RA's: Amazing Grace: Aretha Franklin (Hulu)</p>
<p>9:30 Seated Cardio Exercises with RA's (YouTube) 11 10:00 St. Olaf Catholic Mass with RA's (YouTube) 10:45 Music & Stories with Volunteers Bob & Jeanne 11:30 Spiritual Show with RA's: The Water Man (Netflix) 2:30 Animal Day with RA's: Kingdom of the Polar Bears (Disney+) 3:15 All About Grandparents Day with Lizzie 3:45 Scenic Relaxation with Lizzie 5:45 Remembering 9/11 with Lizzie Grandparents Day</p>	<p>9:30 Yoga Stretches with RA's (YouTube) 12 10:15 Movie: The Absent-Minded Professor (Disney+) 10:15 Fingernail Filing & Polishing with Lizzie 11:30 Prayer Group with Deacon Michael 1:30 Movie: Smart House (Disney+) 1:30 Live Music by The Jammers-Chapel with RA's 4:30 Chicken Soup for the Soul Stories with Lizzie 5:45 Evening Visits with RA's</p>	<p>9:30 Live 2B Healthy Exercise Class 13 10:15 I Love Lucy (Hulu) 10:45 This Day in History with Lizzie 11:15 Hangman Word Game with Lizzie 1:45 Movie: Some Kind of Heaven (Hulu) 2:00 Church Service with Pastor Antonio Machado - Chapel with RA's 4:15 Positive Thinking Day with Lizzie 5:45 Balloon Toss with RA's 6:15 Music with Mike - Joyful Accordion Tunes - Chapel (families are invited & encourage to attend with their loved ones)</p>	<p>9:30 TULIP Exercises (Parkinson's Based) with RA's 14 10:30 Docuseries: Tiny Home Nation (Netflix) 10:30 Morning Visits with Alissa 11:00 Game Time: Cribbage with Alissa 1:45 Movie: The Biscuit Eater (Disney+) 3:30 Craft: Gratitude Garland with Lizzie 4:30 Pandora Music: Violin Music 5:45 Movie Musical Night with RA's: Ella Fitzgerald: Just One of Those Things (Netflix)</p>	<p>Back to School Day! 15 9:30 Seated Exercises with Lizzie 10:15 Music Therapy with Maggie 10:45 Daily Chronicles with Lizzie 11:15 Spelling Bee Game with Lizzie 1:45 Movie: School of Rock (YouTube) 3:30 Back to School Craft with Lizzie 4:30 Reminiscing: School Days with Lizzie Animal Night: Howie Mandel's Animals Doing Things (Disney+) with RA's</p>	<p>9:30 Music & Movement (YouTube) with RA's 16 10:00 Sports Bloopers (YouTube) with RA's 10:45 Piano Music with James Shaw 10:45 Donut Treats with Alissa 11:30 Morning Rounds with Alissa 2:30 Happy Hour with Alissa 3:00 A Novel Time Book Reading: Laura Ingalls Wilder with Alissa 3:30 Flute Music with Alissa 4:00 Nat Geo Documentary: Welcome to Earth (Disney+) 5:45 Game Show Night with RA's: The \$100,000 Pyramid (Hulu)</p>	<p>9:30 Seated Stretches with RA's (YouTube) 17 10:00 Sitcom with RA's: M*A*S*H (Hulu) 11:00 Morning Fun with Maintenance Director Paul 11:30 National Apple Day Morning Movie: The Apple Dumpling Gang Rides Again (Disney+) with RA's 2:30 Movie with RA's: Feel the Beat (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel 5:45 Music & Memory with RA's: The Beatles: 8 Days a Week (Hulu) Oktoberfest Begins</p>
<p>9:30 Seated Cardio Exercises with RA's (YouTube) 18 10:00 Lutheran Church Service Video with RA's (YouTube) 10:45 Music & Stories with Volunteers Bob & Jeanne 11:30 Spiritual Show with RA's: The Miracle (Netflix) 2:30 Animal Day with RA's: Kingdom of the Blue Whale (Disney+) 3:15 National Dog Week Kick-Off with Lizzie 3:45 Friendly Visits with Lizzie 5:45 Broadway Musicals with Lizzie</p>	<p>9:30 Yoga Stretches with RA's (YouTube) 19 10:00 Movie: Bed-knobs & Broomsticks (Disney+) 10:15 Fingernail Filing & Polishing with Lizzie 11:30 Prayer Group with Deacon Michael 1:30 Movie: Tron (Disney+) 1:30 Live Music by The Jammers - Chapel with RA's 3:45 Small Miracle Stories with Alissa 5:45 Evening Visits with RA's</p>	<p>9:30 Live 2B Healthy Exercise Class 20 10:00 Sing-Along Songs with Volunteer Jeanne 10:45 Musical Performance by Colleen Wold-Hiebeler 1:45 Movie: Muppets Take Manhattan (Hulu) 2:00 Church Service with Pastor John Pederson - Chapel with RA's 4:00 Afternoon Rounds with Alissa 5:45 Kickball Game with Lizzie</p>	<p>9:30 TULIP Exercises (Parkinson's Based) with Alissa 21 10:00 Today's News with Alissa 10:30 Docuseries: The Hidden Lives of Pets (Netflix) 10:30 Morning Visits with Alissa 11:00 Game Time: Cribbage with Alissa 1:45 Movie: The Big Year (Netflix) 3:30 Bingo with Lizzie 4:30 Pandora Music: Saxophone Music 5:45 Movie Musical Night with RA's: Barbara: The Music, The Memories, The Magic (Netflix)</p>	<p>9:30 Seated Exercises with Alissa 22 10:15 Music Therapy with Maggie 11:00 Mary Tyler Moore Show (Hulu) with RA's 1:45 Golden Palace (Hulu) 2:00 Autumn Scenic Drive Outing with Alissa 3:00 Taste Testing: All Things Apples with Lizzie 3:45 Autumn Poetry Reading with Lizzie 6:30 Piano Music with Wayzata Symphony Orchestra's Keenhun Nam - Chapel with Lizzie (Families are invited & encouraged to attend this event with their loved ones) Autumn Begins</p>	<p>9:30 Music & Movement (YouTube) with RA's 23 10:15 American Idol Audition Videos (YouTube) with RA's 11:00 Donut Treats with Alissa 11:15 Funny Saying Friday with Alissa 1:45 Broadway Hits at Royal Albert Hall (Disney+) 3:30 Happy Hour with Alissa 3:45 A Novel Time Book Reading: Laura Ingalls Wilder with Alissa 4:00 Nat Geo Documentary: The Wizard of Paws 5:45 Game Show Night with RA's: Press Your Luck (Hulu)</p>	<p>9:30 Seated Stretches with RA's (YouTube) 24 10:00 Sitcom with RA's: M*A*S*H (Hulu) 11:00 Morning Fun with Executive Director Jen 11:30 National Jim Henson Day Morning Movie: The Muppet Movie (Disney+) with RA's 2:30 Movie with RA's: The Pursuit of Happiness (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel 5:45 Music & Memory with RA's: Tommy Dorsey (YouTube)</p>
<p>9:30 Seated Cardio Exercises with RA's (YouTube) 25 10:00 St. Olaf Catholic Mass with RA's (YouTube) 10:45 Music & Stories with Volunteers Bob & Jeanne 11:30 Spiritual Show with RA's: From Stress to Happiness (Netflix) 2:30 Animal Day with RA's: Kingdom of the Apes (Disney+) 3:15 All About Rosh Hashanah with Lizzie 3:45 Do-Re-Mi Day with Lizzie 5:45 Visit Sequoia National Park with Lizzie Rosh Hashanah Begins</p>	<p>9:30 Yoga Stretches with RA's (YouTube) 26 10:15 Movie: Home Team (Netflix) 10:15 Fingernail Filing & Polishing with Alissa 11:30 Prayer Group with Deacon Michael 1:30 Movie: Underdog (Disney+) 1:30 Live Music by The Jammers - Chapel with Alissa 3:30 Stories for the Heart with Alissa 4:00 Docuseries: Our Great National Parks - A World of Wonder (Disney+) 5:45 Evening Visits with RA's</p>	<p>9:30 Live 2B Healthy Exercise Class 27 10:30 Answering Machine Day with Alissa 10:45 Golden Girls (Hulu) 1:45 Movie: Nims Island (Hulu) 2:00 Church Service with Pastor Antonio Machado - Chapel with Alissa 3:15 Baking Group: National Chocolate Milk Day: Whipped Chocolate Milk with Alissa 4:00 Docuseries: Dogs (Netflix) 5:45 Evening Stretches with Lizzie</p>	<p>9:30 TULIP Exercises (Parkinson's Based) with Alissa 28 10:00 Today's News with Alissa 10:30 Docuseries: The Future Of... (Netflix) 10:30 Morning Visits with Alissa 11:00 Game Time: Cribbage with Alissa 1:45 Movie: Emil & The Detectives (Disney+) 3:30 Music with Volunteer Lilia & Friends - Chapel with RA's 4:15 Afternoon Rounds with Lizzie 5:45 Movie Musical Night with RA's: Los Tigres del Norte: At Folsom Prison (Netflix)</p>	<p>9:30 Seated Exercises (YouTube) with RA's 29 10:15 Music Therapy with Maggie 10:45 Daily Chronicles with Lizzie 11:15 National Coffee Day with Lizzie 1:45 German Music (Pandora) 2:15 Taste Testing: Soft Pretzels & Cheese with Lizzie 3:15 Learn German with Lizzie 3:45 Afternoon Visits with Lizzie 4:15 Relaxation Time with Lizzie 5:00 Oktoberfest Themed Dinner 5:45 A Visit to Germany (YouTube) with Lizzie</p>	<p>9:30 Music & Movement with Lizzie 30 10:00 Donut Treats with Lizzie 10:15 National Frisbee Day with Lizzie 10:45 Morning Room Visits with Lizzie 11:15 Love People Day Craft with Lizzie 1:45 Cribbage with Alissa 2:30 Happy Hour with Alissa 3:00 A Novel Time Book Reading: Laura Ingalls Wilder with Alissa 3:30 Flute Music with Alissa 4:15 Nat Geo Documentary: Shark Side of the Moon (Disney+) 5:45 Game Show Night with RA's: Brain Games (Disney+)</p>	<p>Alissa Dvorak Community Life & Volunteer Director 952-345-4422 advorak@greatlakesmc.com Cindy Tague Community Life Coordinator 952-345-4414 ctague@greatlakesmc.com Lizzie Toporek Community Life Coordinator 952-345-4410 etoporek@greatlakesmc.com</p> 

NOTE: All activities are subject to change. Please refer to the Daily Sheet (posted in black frame on wall in TV lounge) for the most updated schedule