


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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9:30 Seated Cardio Exercises with Taylor 10:00 Puppy Playtime with Taylor 10:30 Ducktona 500 with Taylor 11:00 St. Olaf Catholic Mass (YouTube) 2:30 Spiritual Show with RA's: 7 Years in Tibet (Netflix) 7:00 Chill Out with RA's: Hand & Back Massages	9:30 Yoga Stretches RA's: (YouTube) 10:00 American Flag History (YouTube) with RA's 11:00 America's Got Talent (Hulu) with RA's 1:30 Fourth of July Movie with RA's: America's Heart & Soul (Disney+) 2:30 Musical Performance with Curtis & Loretta - Chapel with RA's 3:30 History of the United States Documentary (YouTube) with RA's 7:00 Spirit of America Concert with RA's (YouTube)	9:45 Nutrition Class: "Metabolism" by Unidine Dietician Jessica Wetzel 10:45 Morning Music with Taylor 11:30 Turn the Page Day with Taylor 1:45 Cracker Jack Day with Cindy 2:45 Movie Event: Dead Poets Society (Hulu) 3:00 Church Service with Pastor Sarah Moat or John Nelson from Gethsemane Lutheran Church - Chapel with Cindy 4:00 P.T. Barnum Day with Cindy 7:00 Animal Night with RA's: Wild Yellowstone (Disney+)	9:30 Morning Stretches with Alissa 10:00 Move it to the Patio with Alissa 10:15 Sing-Along Songs & Music History: Dean Martin on the Patio with Alissa 11:00 Move it on Back Inside with Alissa 11:30 One on One with Taylor 1:45 Baking Club: Deviled Egg Pasta Salad with Cindy 2:45 History Show: Lost Cities (Disney+) 4:00 Book Club with Cindy 7:00 Outdoor Time with Taylor	9:30 Live 2B Healthy Exercise Class 10:00 Happy Birthday Ringo Starr with Alissa 10:15 A Novel Time: Laura Ingalls Wilder with Alissa 11:00 Music Therapy with Maggie 11:30 What's Going on with Taylor 2:00-4:30 Outing: Ice Cream at the Lake with Alissa & Cindy 2:00 Summer Coloring with Taylor 3:00 All Things Lucky with Taylor 3:30 Matinee Movie with RA's: Never Been Kissed (Disney+) 4:30 Afternoon Rounds with Cindy 7:00 Lotion Hand Massages with RA's	9:45 Viola Music with Sonia 10:15 Donut Treats with Alissa 10:30 What is Canada Day with Alissa 10:45 Flute Music with Alissa 11:15 Prayer Group with Deacon Michael 1:45 Quality Time with Taylor & Cindy 2:30 Happy Hour by Unidine with Taylor & Cindy 3:30 Soccer with Taylor & Cindy 4:00 Postal Service History with Taylor & Cindy 7:00 Outside Sparklers with Taylor Canada Day	9:30 Seated Stretches with Taylor 10:00 Halfway Day with Taylor 10:30 What Did You Learn? with Taylor 11:00 Sitcom: The Mary Tyler Moore Show (Hulu) 2:30 Feature Film with RA's: Heart Parade (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel 7:00 Music & Memory with RA's: Doris Day (YouTube)
9:30 Seated Cardio Exercises with Cindy 10:00 Chicken Soup for the Soul with Cindy 10:30 Clerihew Day with Cindy 11:00 Lutheran Church Service Video (YouTube) 2:30 Spiritual Show with RA's: Blue Miracle (Netflix) 7:00 Chill Out with RA's: Classical Music (YouTube)	9:30 Yoga Stretches with Alissa 10:00 Morning Movie: My Girl (Netflix) 10:15 Fingernail Filing & Polishing with Alissa 11:30 Morning Visits with Alissa 1:30 Movie Monday: Underdog (Disney+) 1:30 Live Music by The Jammers - Chapel with Taylor 3:30 Catch 22 with Taylor 4:00 Pet Photo Day with Taylor 6:00 Bonfire with Cindy - Garden Suites Patio	9:30 Chair Exercises with Taylor 10:00 Morning Music with Taylor 10:30 Firework Craft with Taylor 11:30 Family Feud with Taylor 1:45 Movie Event: The Breakfast Club (Hulu) 2:00 Church Service with Pastor Antonio Machado - Chapel with Cindy 3:15 Summer Song Day with Cindy 4:00 Book Club with Cindy 7:00 Animal Night with RA's: Wild Nordic (Disney+)	9:45 Viola Music with Sonia 10:15 Move it to the Patio with Alissa 10:30 Sing-Along Songs & Music History: Bing Crosby on the Patio with Alissa 11:00 Move it on Back Inside with Alissa 11:30 One on One with Taylor 1:45 Baking Club: Pineapple Pretzel Salad with Cindy 3:00 Cow Appreciation Day with Cindy 3:30 Spa Music and Massages with Cindy 4:00 You Be the Judge with Cindy 7:00 Outdoor Time with Taylor	9:30 Live 2B Healthy Exercise Class 10:00 Happy Birthday William Hanna with Alissa 10:15 A Novel Time: Laura Ingalls Wilder with Alissa 11:00 Music Therapy with Maggie 11:30 What's Going on with Taylor 1:45 Shark Awareness with Taylor 2:30 Celebrating July Birthday Friends with Music by Dale Martell - Lafayette Dining Room 3:45 Paper Roll Lady Bug with Taylor 7:00 Relaxation Night with Taylor	9:30 Sit & Be Fit with Alissa 10:00 Donut Treats with Alissa 10:30 Morning Movie: Clouds (Disney+) 11:15 Prayer Group with Deacon Michael 1:45 Quality Time with Taylor 2:30 Happy Hour by Unidine with Taylor 3:30 Puzzle Time with Taylor 4:00 Rembrandt with Taylor 7:00 Shake Up the Cola with Taylor	9:30 Seated Stretches with Taylor 10:00 Things for A Campfire with Taylor 10:30 Moon Trivia with Taylor 11:00 Sitcom: The Mary Tyler Moore Show (Hulu) 2:30 Feature Film with RA's: Chasing Coral (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel 7:00 Music & Memory with RA's: Bing Crosby (YouTube)
9:30 Seated Cardio Exercises with Taylor 10:00 Past Inventions with Taylor 10:30 Phyllis Diller Birthday with Taylor 11:00 St. Olaf Catholic Mass (YouTube) 2:30 Spiritual Show with RA's: Stories of A Generation (Netflix) 7:00 Chill Out with RA's: Outside Walks	9:45 Viola Music with Sonia 10:15 Morning Movie: The Lake House (Netflix) 10:15 Fingernail Filing & Polishing with Alissa 11:30 Morning Visits with Alissa 1:30 Movie Monday: We Bought a Zoo (Disney+) 1:30 Live Music by The Jammers- Chapel with Taylor 3:30 The Iliad with Taylor 4:00 Nelson Mandela Day with Taylor 7:00 Comedy Night with RA's: Laurel & Hardy (YouTube)	9:30 Chair Exercises with Taylor 10:00 Musical Performance by Colleen Wold-Hiebeler 10:45 MLB Trivia with Taylor 11:30 Morning Hand Massages with RA's 1:45 Movie Event: Peggy Sue Got Married (Hulu) 2:00 Church Service with Pastor Dan Schultz from Zion Lutheran - Chapel with Alissa 3:00 Afternoon Visits with Alissa 3:30 Docuseries: Hidden Lives of Pets (Netflix) 7:00 Animal Night with RA's: Wild Portugal (Disney+)	9:30 Morning Stretches with Alissa 10:00 Move it to the Patio with Alissa 10:15 Sing-Along Songs & Music History: Johnny Cash on the Patio with Alissa 11:00 Move it on Back Inside with Alissa 11:30 One on One with Taylor 1:45 Baking Club: Hot Milk Cake with Cindy 3:00 Red/Black Card Game with Cindy 3:30 Porch Tales with Cindy 4:00 Fun with Baby Food Day with Cindy 6:00 Bonfire with Taylor - Garden Suites Patio	9:30 Live 2B Healthy Exercise Class 10:00 Happy Birthday Robin Williams with Alissa 10:15 A Novel Time: Laura Ingalls Wilder with Alissa 11:00 Music Therapy with Maggie 11:30 What's Going on with Taylor 2:00-4:30 Outing: Arboretum Scenic 3-Mile Drive with Alissa & Taylor 2:00 Funny Tales with Cindy 2:30 Reminisce: Tennis Greats with Cindy 3:00 Nursery Rhymes with Cindy 3:30 Matinee Movie: Freaky Friday (Disney+) 7:00 Relaxation Night with Taylor	9:30 Sit & Be Fit with Alissa 10:00 Donut Treats with Alissa 10:15 Jeopardy Day with Alissa 10:30 Flute Music with Alissa 11:15 Prayer Group with Deacon Michael 1:45 Quality Time with Taylor 2:30 Happy Hour by Unidine with Taylor 3:30 Kickball with Taylor 4:00 Great Garlic History with Taylor 7:00 Bubble Blowing with Taylor	9:30 Seated Stretches with Cindy 10:00 Light House Day with Cindy 10:30 Soap Box Derby Day with Cindy 11:00 Sitcom: The Mary Tyler Moore Show (Hulu) 2:30 Feature Film with RA's: Lean On Me (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel 7:00 Music & Memory with RA's: Johnny Cash (YouTube)
9:30 Seated Cardio Exercises with Cindy 10:00 Porch Tales with Cindy 10:30 Take Care of Yourself Day with Cindy 11:00 Lutheran Church Service Video (YouTube) 2:30 Spiritual Show with RA's: Voices of Fire (Netflix) 7:00 Chill Out with RA's: Snack Time	9:45 Viola Music with Sonia 10:15 Morning Movie: Just Like Heaven (Netflix) 10:15 Fingernail Filing & Polishing with Alissa 11:30 Visits with Alissa 1:30 Movie Monday: Tom & Huck (Disney+) 1:30 Live Music by The Jammers - Chapel with Taylor 3:30 The Catcher in the Rye with Taylor 4:00 Steam Locomotive Day with Taylor 7:00 Comedy Night with RA's: Martin & Lewis (YouTube)	9:30 Chair Exercises with Taylor 10:00 Morning Music with Taylor 10:30 Fruit Fan with Taylor 11:30 Apollo 15 Anniversary with Taylor 1:45 Finish the Phrase with Cindy 2:15 Fun on the Patio with Cindy 3:00 History Show: The Greeks (Disney+) 4:00 Red/Black Card Game with Cindy 7:00 Animal Night with RA's: Wild Hawaii (Disney+)	9:30 Morning Stretches with Alissa 10:00 Move it to the Patio with Alissa 10:15 Sing-Along Songs & Music History: Judy Garland on the Patio with Alissa 11:00 Move it on Back Inside with Alissa 11:30 One on One with Taylor 1:45 Baking Club: Cinnamon Peach Cobbler with Cindy 3:00 Trivia with Cindy 3:30 Music Fun with Volunteer Lilia and Friends - Chapel with Cindy 4:00 Book Club with Cindy 7:00 Outdoor Time with Taylor	Christmas in July Day 9:30 Live 2B Healthy Exercise Class 10:00 Name That Tune: Christmas Edition with Alissa 10:30 Christmas in July with Alissa 11:00 Music Therapy with Maggie 11:30 Celebrating Christmas with Taylor 1:45 Chocolate Milk Bar with Taylor 3:00 Christmas Flute Music with Taylor 3:30 Pin the Beard on The Santa with Taylor 4:00 Christmas Stories with Taylor 7:00 Relaxation Night with Taylor	9:30 Sit & Be Fit with Alissa 10:00 Donut Treats with Alissa 10:15 Hot Air Balloon Day with Alissa 10:30 Flute Music with Alissa 11:15 Prayer Group with Deacon Michael 1:45 Quality Time with Taylor 2:30 Happy Hour by Unidine with Taylor 3:30 Sorting Game with Taylor 4:00 Lipstick History with Taylor 7:00 Balloon Races with Taylor	9:30 Seated Stretches with Taylor 10:00 Friendship Bracelets with Taylor 10:30 Finish the Phrase with Taylor 11:00 Sitcom: The Mary Tyler Moore Show (Hulu) 2:30 Feature Film with RA's: Won't You Be My Neighbor (Netflix) 4:30 Catholic Mass with Father Bakatu - Chapel 7:00 Music & Memory with RA's: Judy Garland (YouTube)
9:30 Seated Cardio Exercises with Taylor 10:00 Did You Know? with Taylor 10:30 Ranger Day with Taylor 11:00 St. Olaf Catholic Mass (YouTube) 2:30 Spiritual Show with RA's: Soul Surfer (Netflix) 7:00 Chill Out with RA's: Laundry Folding	<div> <div> Alissa Dvorak Community Life Director & Volunteer 952-345-4422 advorak@greatlakesmc.com </div> <div> Taylor Simone Community Life Coordinator 952-345-4414 tsimone@greatlakesmc.com </div> <div> Cindy Tague Community Life Coordinator 952-345-4410 ctague@greatlakesmc.com </div> </div>					

*** NOTE: All activities are subject to change. Please refer to the Daily Sheet (posted in black frame on wall in dining/day room) for the most updated schedule ***