

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


January 2022

11:00 New Year's Day
Mass-C+
 1:30 Happy New Year w/Carl
 2:30 Movie & Popcorn-AR☺
 6:30 Wheel of Fortune -AR



New Year's Day

11:00 Mass -C+
 1:30 Emancipation Proclamation w/Carl -AR^
 2:30 Sunday Cinema & Popcorn -AR☺
 6:30 Hall Walking w/Neighbors




10:00 Chair Dancing w/Lori -AR*
 10:30 A-Z Trivia -AR^
 11:00 Adoration/Divine Mercy-C+
 1:30 *The Chosen Series* w/Deacon Jim -AR+
 3:00 Snack -AR☺
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR

10:00 Chair Dancing w/Erin -AR*
 10:30 Fantastic Butterfly Facts -AR^
 1:30 Creative Arts -AR^
 3:00 Snack -AR☺
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR


10:00 Move & Groove w/Erin -AR*
 10:30 National Bird Day -AR^
 11:00 Rosary -C+
 1:30 Bingo -AR☺
 3:00 Snack -AR☺
 3:30 Mass -C+
 6:30 Residents' Choice Movie -AR

10:00 Fitness Frenzy w/Erin -AR*
 10:30 Happy Birthday New Mexico -AR^
 11:00 Interfaith Service -C+
11:30 Original Pancake House w/Erin, Sign up w/Lauren
 2:00 Card Bingo w/Lori -AR☺
 3:00 Snack
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR

10:00 Morning Stretch w/Kathy -AR*
 10:30 Cookbook Day -AR^
 11:00 Bible Study -C+
 1:30 Armchair Travel to Nashville
 3:00 Snack -AR☺
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR



Happy Birthday Roger!
 11:00 Mother Angelica Rosary -DB+
 1:30 Wine & Canvas w/Erin -DB☺
 3:00 Snack -DB☺
 6:30 Wheel of Fortune -AR




Happy Birthday Joan K.!
 11:00 Mass -C+
 1:30 Bingo w/Erin -DB^
 2:30 Sunday Cinema & Popcorn -DB☺
 6:30 Hall Walking w/Neighbors

10:00 Get Moving w/Lori -DB*
 10:30 January IQ -DB^
 11:00 Adoration/Divine Mercy -C+
 1:30 *The Chosen Series* w/Deacon Jim -AR+
 2:30 Snack -DB☺
3:00 Low Vision Support Group -DB
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR

Happy Birthday Kay M.!
 10:00 Strength, Stretching, Relaxation w/Carl -DB*
 10:30 In the Kitchen- Marzipan Pigs -DB☺
 1:30 Elvis Presley -DB^
 3:00 Snack
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR


10:00 Move & Groove w/Lisa -DB*
 10:30 Finish the Quote -DB^
 11:00 Rosary -C+
 1:30 Bingo -DB☺
 3:00 Snack -DB☺
 3:30 Mass -C+
 6:30 Residents' Choice Movie -AR

10:00 Fitness Frenzy w/Lisa -DB*
 10:30 **Daily Chronicles** -DB^
 11:00 Interfaith Service -C+
2:30 Winter Carnival Happy Hour Music by Tim Patrick -DR☺
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR



10:00 Morning Stretch w/Kathy -DB*
 10:30 Fulton Sheen-AR^
 11:00 Bible Study -C+
 1:30 Armchair Travel to Rome -AR^
 3:00 Snack -DB☺
 6:30 Wheel of Fortune -AR


11:00 Mother Angelica Rosary -DB+
 1:30 You Be the Judge w/Lisa -DB^
 3:00 Snack -DB☺
 6:30 Wheel of Fortune -AR



11:00 Mass -C+
 1:30 Chair Yoga w/Lisa -DB*
 2:30 Sunday Cinema & Popcorn -DB☺
 6:30 Hall Walking w/Neighbors



10:00 Chair Dancing w/Lori -DB*
 10:30 Write Word Game-MLK -DB^
 11:00 Adoration/Divine Mercy -C+
 1:30 *The Chosen Series* w/Deacon Jim -AR+
 3:00 Snack -DB☺
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR



Martin Luther King Jr. Day


10:00 Strength, Stretching, Relaxation w/Carl -DB*
10:30 Resident Council -C
 10:30 In the Kitchen- Pistachio Cake -DB☺
 1:30 The Artic & Exploration -DB^
 2:30 **Men's Group** -DB☺
 3:00 Snack
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR

10:00 Move & Groove w/Erin -DB*
 10:30 Norman Rockwell's Art -DB^
 11:00 Rosary -C+
 1:30 Bingo -DB☺
 3:00 Snack -DB☺
 3:30 Mass -C+
 6:30 Residents' Choice Movie -AR

10:00 Fitness Frenzy w/Lisa -DB*
 10:30 Things That Make You Go "Huh?" -DB^
11:30 Out to Lunch w/Lisa Sign up w/Lauren
 2:00 Manicures & Massages -DB☺
 2:30 Snack
3:00 Memorial Mass -C+
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR

10:00 Strength Training w/Erin -DB*
 10:30 Never Have I Ever...-DB^
 11:00 Bible Study -C+
 1:30 Card Bingo-DB☺
 3:00 Snack -DB☺
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR

11:00 Mother Angelica Rosary -DB+
 1:30 Where in the World? w/Kathy -DB^
 3:00 Snack -DB☺
 6:30 Wheel of Fortune -AR




11:00 Mass -C+
 1:30 Bingo w/Kathy -DB^
 2:30 Sunday Cinema & Popcorn -DB☺
 6:30 Hall Walking w/Neighbors



Activity Professionals Week


10:00 Get Moving w/Lori -DB*
 10:30 Peanut Butter Day -DB^
 11:00 Adoration/Divine Mercy -C+
 1:30 *The Chosen Series* w/Deacon Jim -AR+
 3:00 Snack w/Nut Butters -DB☺
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR

10:00 Strength, Stretching, Relaxation w/Carl -DB*
 10:30 Klondike Kate -DB^
 1:30 St. Paul Winter Carnival -DB^
 3:00 Snack
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR



10:00 Move & Groove w/Erin -DB*
 10:30 Paul Newman Day -DB^
 11:00 Rosary -C+
2:30 January Birthday Party Music by Bill Mann
 3:30 Mass -C+
 6:30 Residents' Choice Movie -AR


Australia Day (observed)




10:00 Fitness Frenzy w/Lisa -DB*
 10:30 Things That Make You Go "Huh?" -DB^
 1:30 Manicures & Massages -DB☺
 3:00 Snack
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR

10:00 Morning Stretch w/Kathy -DB*
 10:30 Daily Chronicle -DB^
 11:00 Bible Study -C+
 1:30 Armchair Travel to the Eiffel Tower -DB^
 3:00 Snack -DB☺
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR

11:00 Mother Angelica Rosary -DB+
 1:30 Inspire Your Heart with Art Day w/Erin -DB^
 3:00 Snack -DB☺
 6:30 Wheel of Fortune -AR



11:00 Mass -C+
 1:30 Bingo w/Erin -DB☺
 2:30 Sunday Cinema & Popcorn -DB☺
 6:30 Hall Walking w/Neighbors



Happy Birthday Marge L.!
 10:00 Chair Dancing w/Lori -DB*
 10:30 Random Trivia -DB^
 11:00 Adoration/Divine Mercy -C+
 1:30 *The Chosen Series* w/Deacon Jim -AR+
 3:00 Snack -DB☺
 3:30 Mass -C+
 6:30 Wheel of Fortune -AR

ASSISTED LIVING

Dimensions of Wellness

- Exercise *
- Intellectual ^
- Spiritual +
- Social ☺

Community Service #

