

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

# January 2022

THE GLENN MINNETONKA - GARDEN SUITES

|  |  |  |   |  |   |   |
|--|--|--|---|--|---|---|
| <p>9:30 Move &amp; Groove with Taylor<br/>10:00 Canine Chester Visits with Taylor<br/>10:30 Monarch Butterfly Migration Day with Taylor<br/>11:00 St. Olaf Catholic Mass with RA's (YouTube)<br/>2:30 Afternoon Movie with RA's: A Bug's Life (Disney+)<br/>7:00 Unwind Night with RA's: Chair Yoga for Seniors (YouTube)</p>                                    | <p>9:30 Yoga Stretches with Taylor<br/>10:30 Trivia Time with Taylor<br/>11:00 The Golden Girls (Hulu)<br/>11:30 Chicken Soup for the Soul Stories with Cindy<br/>1:45 Monday Afternoon Movie: Cheaper by the Dozen (Disney+)<br/>1:45 Live Music by The Jammers with Taylor - Chapel<br/>4:00 Alaska Day with Cindy<br/>4:30 Joe Friday Day with Cindy<br/>7:00 Balloon Toss Game with Cindy</p>  | <p>9:30 Seated Chair Exercises with Cindy<br/>10:00 Trivia with Cindy<br/>10:30 Nutrition Class &amp; Taste Test: Health Benefits of Citrus Fruits with Unidine Dietician Arelis Torres<br/>11:15 Daily Chronicles with Cindy<br/>11:30 Women Writers Day with Cindy<br/>1:45 Painting Apple Trees with Alissa<br/>2:45 Afternoon Movie: Robin Hood: Prince of Thieves (Netflix)<br/>3:00 Church Service with Pastor Sara Moat from Gethsemane Lutheran Church - Chapel with Alissa<br/>4:00 Isaac Newton Day with Alissa<br/>7:00 Gameshow Night with RA's: Game Show Network (Channel 179)</p> | <p>9:30 Sit &amp; Be Fit Exercises with Alissa<br/>10:00 Daily Chronicle: This Day in History with Alissa<br/>10:30 Mary Tyler Moore (Hulu)<br/>10:45 Music Therapy with McKenna<br/>11:30 Community News with Taylor<br/>1:45 Baking Club: Microwave Caramels with Cindy<br/>3:00 National Bird Day with Cindy<br/>3:30 Coffee Around the World Day with Cindy<br/>4:00 Chicken Soup for the Soul Stories with Cindy<br/>7:00 Flute Music with Taylor</p>  | <p>9:30 Live 2B Healthy Exercise Group with Sarah<br/>10:00 A Novel Time Book Reading with Alissa<br/>10:45 National Geographic Documentary: Wild Nordic (Disney+)<br/>11:30 Fascinating Facts with Taylor<br/>1:45 Salt Snowflakes with Taylor<br/>2:45 Travel Thursday: Rockefeller Center with Taylor<br/>3:15 Indoor Garden Club with Taylor<br/>4:00 How It's Made: Snowflakes with Taylor<br/>6:30 A Clarinet Christmas with Lynn &amp; Randy - The Belated Show - Chapel with Taylor</p>  | <p>9:30 Music &amp; Movement with Alissa<br/>10:00 Donut Treats with Alissa<br/>10:15 Cookbook Day with Alissa<br/>10:45 Flute Music with Alissa<br/>11:15 Prayer Group with Deacon Michael<br/>1:45 Afternoon Rounds with Taylor<br/>2:30 Happy Hour Treats from Unidine with Taylor<br/>3:15 Bingo with Taylor<br/>4:00 What's the Difference: Cardinals &amp; Robins with Taylor<br/>7:00 What Am I Game with Taylor</p>   | <p>9:30 Saturday Morning Stretches with Cindy<br/>10:00 Elvis Day with Cindy<br/>10:30 English Toffee Day with Cindy<br/>11:00 I Love Lucy (Hulu)<br/>2:30 Afternoon Movie with RA's: The Upside (Hulu)<br/>4:30 Catholic Mass with Father Marcel - Chapel<br/>7:00 Music &amp; Memory Night with RA's: The Quiet One (Hulu)</p>                    |
| <p>9:30 Move &amp; Groove with Cindy<br/>10:00 Dear Abby Day with Cindy<br/>10:30 Soups on Day with Cindy<br/>11:00 Lutheran Church Video with RA's (YouTube)<br/>2:30 Afternoon Movie with RA's: Joan Didion: The Center Will Not Hold (Netflix)<br/>7:00 Unwind Night with RA's: Guided Meditation for Seniors (YouTube)</p>                                   | <p>9:30 Yoga Stretches with Alissa<br/>10:00 Monday Morning Movie: Mirror, Mirror (Hulu)<br/>10:15 Fingernail Filing &amp; Polishing with Alissa<br/>11:30 Visits with Alissa<br/>1:45 Afternoon Movie: Cheaper by the Dozen 2 (Disney+)<br/>1:45 Live Music by The Jammers with Taylor - Chapel<br/>4:00 Rocking Chair Tales with Cindy<br/>4:30 Weird Food Day with Cindy<br/>7:00 Music and Memories: Duke Ellington with Cindy</p>   | <p>9:30 Seated Chair Exercises with Cindy<br/>10:00 Cuckoo Dancing with Cindy<br/>10:45 Snowflake Day with Cindy<br/>11:15 True or False Game with Cindy<br/>1:45 Afternoon Movie: The Boy Who Harnessed the Wind (Netflix)<br/>2:00 Church Service with Pastor Antonio Machado - Chapel with Cindy<br/>3:15 Nancy Drew Stories with Cindy<br/>4:00 Sing Along with Cindy<br/>4:30 News Update with Cindy<br/>7:00 Gameshow Night with RA's: Name That Tune (Hulu)</p>   | <p>9:30 Sit &amp; Be Fit with Alissa<br/>10:00 Daily Chronicle: This Day in History with Alissa<br/>10:30 Finish the Phrase Game with Alissa<br/>10:45 Music Therapy with McKenna<br/>11:30 Community News with Taylor<br/>1:45 Baking Club: Chex Mix with Cindy<br/>3:00 More About the Number 12 Cindy<br/>3:30 Soup du Jour Day with Cindy<br/>4:00 Reminisce with Cindy<br/>7:00 Flute Music with Taylor</p>  | <p style="text-align: center;"><b>Winter Wonderland Day</b></p> <p>9:30 Live 2B Healthy Exercise Group with Sarah<br/>10:00 A Novel Time Book Reading with Alissa<br/>10:45 National Geographic Documentary: Life Below Zero (Disney+)<br/>11:30 Fascinating Facts with Taylor<br/>1:45 Hot Chocolate Bar &amp; Oranges with Taylor<br/>2:45 Touch the Snow with Taylor<br/>3:15 Snow Painting with Taylor<br/>4:00 How It's Made: Igloos with Taylor<br/>7:00 Evening Stories with Taylor</p>   | <p>9:30 Music &amp; Movement with Alissa<br/>10:00 Donut Treats with Alissa<br/>10:15 Remembering Andy Rooney with Alissa<br/>10:45 Flute Music with Alissa<br/>11:15 Prayer Group with Deacon Michael<br/>1:45 Afternoon Rounds with Taylor<br/>2:30 Happy Hour Treats from Unidine with Taylor &amp; Cindy<br/>3:15 Bingo with Taylor &amp; Cindy<br/>4:15 What's the Difference: Bobsleds &amp; Ice Skates with Taylor<br/>7:00 Brain Quest Game with Taylor</p> | <p>9:30 Saturday Morning Stretches with Taylor<br/>10:00 Good News with Taylor<br/>10:30 All About the Pentagon with Taylor<br/>11:00 Taxi (Hulu)<br/>2:30 Afternoon Movie with RA's: Dream Horse (Hulu)<br/>4:30 Catholic Mass with Father Bakatu - Chapel<br/>7:00 Music &amp; Memory Night with RA's: Judy (Hulu)</p>                            |
| <p>9:30 Move &amp; Groove with Taylor<br/>10:00 Canine Chester Visits with Taylor<br/>10:30 Superman Comic Day with Taylor<br/>11:00 St. Olaf Catholic Mass with RA's (YouTube)<br/>2:30 Afternoon Movie with RA's: Smallville (Hulu)<br/>7:00 Unwind Night with RA's: Chair Yoga for Seniors (YouTube)</p>  | <p>9:30 Yoga Stretches with Alissa<br/>10:00 Monday Morning Movie: Billie (Hulu)<br/>10:15 Fingernail Filing &amp; Polishing with Alissa<br/>11:30 Celebrate: Betty White Turns 100 with Cindy<br/>1:15 Monday Afternoon Movie: The Apple Dumpling Gang (Disney+)<br/>1:30 Musical Performance: The LeagueAires - Chapel with Cindy &amp; Taylor<br/>4:00 Snowflake Day Craft with Cindy<br/>4:30 Nancy Drew and The Clues Crew Story Reading with Cindy<br/>7:00 Kid Inventers Day with Cindy</p> <p style="text-align: center;">Martin Luther King Jr. Day</p> | <p>9:30 Seated Chair Exercises with Cindy<br/>10:00 Musical Performance by Colleen Wold - Hiebele<br/>10:30 Hawaiian Day with Cindy<br/>11:00 Rocking Chair Tales with Cindy<br/>11:30 Music and Memories: Glen Campbell with Cindy<br/>1:45 Afternoon Movie: Titanic (Netflix)<br/>2:00 Church Service with Pastor Dan Schultz from Zion Lutheran Church - Chapel with Alissa<br/>3:15 Taste Testing: Hawaiian Fruits with Alissa<br/>4:00 Gourmet Coffee Day with Alissa<br/>7:00 Gameshow Night with RA's: Celebrity Wheel of Fortune (Hulu)</p>  | <p>9:30 Sit &amp; Be Fit Exercises with Alissa<br/>10:00 Daily Chronicle: This Day in History with Alissa<br/>10:30 You Be the Judge with Alissa<br/>10:45 Music Therapy with McKenna<br/>11:30 Community News with Taylor<br/>1:45 Baking Club: Banana Bread with Cindy<br/>3:00 Happy Birthday Dolly Parton with Cindy<br/>3:30 Rocking Chair Tales with Cindy<br/>4:00 Spa Music and Massage with Cindy<br/>7:00 Flute Music with Taylor</p>   | <p>9:30 Live 2B Healthy Exercise Group with Sarah<br/>10:00 A Novel Time Book Reading with Alissa<br/>10:45 National Geographic Documentary: The Wizard of Paws (Disney+)<br/>11:30 Fascinating Facts with Taylor<br/>1:45 Tin Foil Icicles with Taylor<br/>2:15 Car 54, Where Are You (YouTube)<br/>2:30 Celebrating January Birthdays with Musical Entertainment by Tim Patrick - Chapel with Taylor &amp; Alissa<br/>3:30 Indoor Garden Club with Taylor<br/>4:00 How It's Made: Icicles with Taylor<br/>7:00 Evening Stories with Taylor</p> | <p>9:45 Piano Music with James Shaw<br/>10:00 Donut Treats with Alissa<br/>10:30 Music &amp; Movement with Alissa<br/>10:45 Flute Music with Alissa<br/>11:15 Prayer Group with Deacon Michael<br/>1:45 Afternoon Rounds with Taylor<br/>2:30 Happy Hour Treats from Unidine with Taylor<br/>3:15 Bingo with Taylor<br/>4:15 What's the Difference: Snowboards &amp; Skis with Taylor<br/>7:00 Fact or Crap Game with Taylor</p>                                    | <p>9:30 Saturday Morning Stretches with Cindy<br/>10:00 Hobby Day with Cindy<br/>10:30 No Need to Knead Day with Cindy<br/>11:00 Cheers (Hulu)<br/>2:30 Afternoon Movie with RA's: Gulliver's Travels (Hulu)<br/>4:30 Catholic Mass with Father Marcel - Chapel<br/>7:00 Music &amp; Memory Night with RA's: Parchis: The Documentary (Disney+)</p> |
| <p>9:30 Move &amp; Groove with Cindy<br/>10:00 Pie Day with Cindy<br/>10:30 Wine Day with Cindy<br/>11:00 Lutheran Church Video with RA's (YouTube)<br/>2:30 Afternoon Movie with RA's: Somm: Into the Bottle (Hulu)<br/>7:00 Unwind Night with RA's: Guided Meditation for Seniors (YouTube)</p> <p style="text-align: center;">Activity Professionals Week</p> | <p>9:30 Yoga Stretches with Alissa<br/>10:00 Monday Morning Movie: And So, It Goes (Hulu)<br/>10:15 Fingernail Filing &amp; Polishing with Alissa<br/>11:30 Visits with Alissa<br/>1:45 Monday Afternoon Movie: The Apple Dumpling Gang: Rocks Again (Disney+)<br/>1:45 Live Music by The Jammers with Taylor - Chapel<br/>4:00 Hooray! Peanut Butter Day with Cindy<br/>4:30 Chicken Soup for the Soul Stories with Cindy</p>   | <p>9:30 Seated Chair Exercises with Taylor<br/>10:00 Who Is: The Snow Queen with Taylor<br/>10:30 History with RA's: History 101 (Netflix)<br/>1:45 Afternoon Movie: 101 Dalmatians (Disney+)<br/>2:00 Church Service with Pastor Antonio Machado - Chapel with Taylor<br/>3:15 Trivia Tuesday with Taylor<br/>4:00 Poem Reading with RA's: 50 Classic Poems (YouTube)<br/>7:00 Gameshow Night with RA's: To Tell the Truth (Hulu)</p>   | <p>9:30 Sit &amp; Be Fit Exercises with Alissa<br/>10:00 Daily Chronicle: This Day in History with Alissa<br/>10:30 The Game of If with Alissa<br/>10:45 Music Therapy with McKenna<br/>11:30 The Dick Van Dyke Show with RA's (Hulu)<br/>1:45 Baking: 1 2 3 Cookie Day with Cindy<br/>3:00 Australia Day with Cindy<br/>3:30 Ivy Bean with Cindy<br/>4:00 Trivia Time with Cindy<br/>7:00 Music with RA's: Flute Classical Music (YouTube)</p> <p style="text-align: center;">Australia Day (observed)</p> | <p>9:30 Live 2B Healthy Exercise Group with Sarah<br/>10:00 A Novel Time Book Reading with Alissa<br/>10:45 National Geographic Documentary: Drain the Oceans (Disney+)<br/>11:30 Fascinating Facts with Taylor<br/>1:45 Penguin Splat Craft with Taylor<br/>2:45 Travel Thursday: Jigokudani Park with Taylor<br/>3:15 The Outer Space Treaty with Taylor<br/>4:00 How It's Made: Fake Snow with Taylor<br/>7:00 Evening Stories with Taylor</p>  | <p>9:30 Music &amp; Movement with Alissa<br/>10:00 Donut Treats with Alissa<br/>10:15 Eiffel Tower Day with Alissa<br/>10:45 Flute Music with Alissa<br/>11:15 Prayer Group with Deacon Michael<br/>1:45 Afternoon Rounds with Taylor<br/>2:30 Happy Hour Treats from Unidine with Taylor &amp; Cindy<br/>3:15 Bingo with Taylor &amp; Cindy<br/>4:15 What's the Difference: Blizzards &amp; Snowstorms with Taylor<br/>7:00 Table Talk Game with Taylor</p>        | <p>9:30 Saturday Morning Stretches with Taylor<br/>10:00 Good News with Taylor<br/>10:30 All About Edgar Allen Poe with Taylor<br/>11:00 Mary Tyler Moore (Hulu)<br/>2:30 Afternoon Movie with RA's: Treasure Planet (Disney+)<br/>4:30 Catholic Mass with Father Bakatu - Chapel<br/>7:00 Music &amp; Memory Night with RA's: Audrey (Disney+)</p> |

9:30 Move & Groove with Taylor  
10:00 Canine Chester Visits with Taylor  
10:30 The Lone Ranger Story with Taylor  
11:00 St. Olaf Catholic Mass with RA's (YouTube)  
2:30 Afternoon Movie with RA's: Dances with Wolves (Hulu)  
7:00 Unwind Night with RA's: Chair Yoga for Seniors (YouTube)

9:30 Yoga Stretches with Alissa  
10:00 Monday Morning Movie: The Upside (Hulu)  
10:15 Fingernail Filing & Polishing with Alissa  
11:30 Trivia Time with Cindy  
1:45 Monday Afternoon Movie: Annie (Disney+)  
1:45 Live Music by The Jammers with Cindy & Taylor - Chapel  
4:00 Virtual Art Tour with Cindy  
4:30 Twist Off Day with Cindy  
7:00 Music and Memories: Bing Crosby with Cindy



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\*\*\* NOTE: All activities are subject to change. Please refer to the Daily Sheet (posted in black frame on wall in dining/day room) for the most updated schedule \*\*\*