

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

THE GLENN MINNETONKA - FIRESIDE SUITES



9:30 Saturday Morning Stretches with RA's (YouTube)
 10:00 Catholic Mass with Father Bakatu - Chapel
 10:30 Morning Movie: Sleepless in Seattle with RA's (Hulu)
 2:30 Documentary: A Brief History of the Calendar and Time Keeping with RA's (YouTube)
 7:00 Evening Movie: While You Were Sleeping with RA's (Disney+)

New Year's Day

<p>9:30 Sunday Morning Exercises with RA's (YouTube) 2 10:00 St. Olaf Catholic Mass with RA's (YouTube) 11:00 Canine Chester Visits with Taylor 11:30 Monarch Butterfly Migration Day with Taylor 2:30 Afternoon Movie with RA's: A Bug's Life (Disney+) 5:45 Unwind Night with RA's: Chair Yoga for Seniors (YouTube)</p>	<p>9:30 Monday Morning Exercises with RA's (YouTube) 3 10:00 The Golden Girls with RA's (Hulu) 11:00 Celebrate: J.R.R. Tolkien with Taylor 11:30 Prayer Group with Deacon Michael 1:45 Monday Afternoon Movie: Cheaper by the Dozen (Disney+) 1:45 Live Music with The Jammers with Cindy- Chapel 3:30 Book Club with Taylor 4:00 Trivia Time with Taylor 5:45 Alaska Day with Cindy</p>	<p>9:30 Live 2B Healthy Exercise Class with Sarah 4 10:00 Coffee Filter Snowflakes with Taylor 10:30 Nutrition Class & Taste Test: Health Benefits of Citrus Fruits with Unidine Dietician Arelis Torres 11:30 Who Is: Babe the Blue Ox with Taylor 1:45 Music & Memories: Duke Ellington with Cindy 2:45 Afternoon Movie: Robin Hood: Prince of Thieves (Netflix) 3:00 Church Service with Pastor Sara Moat from Gethsemane Lutheran Church - Chapel with Cindy 4:00 Trivia Time with Cindy 5:45 Gameshow Night with RA's: Game Show Network (Channel 179)</p>	<p>9:30 TULIP Exercises (Parkinson's Based) with Cindy 5 10:00 Music Therapy with McKenna 10:30 National Bird Day with Cindy 11:00 Daily Chronicles with Cindy 1:45 Bingo with Taylor 2:45 Poetry Discussion & Reading with Taylor 3:15 Igloo Craft with Taylor 4:15 Remembering: A Fair Day with Taylor 5:45 Flute Music with Taylor</p>	<p>9:30 Seated Yoga Stretches with Cindy 6 10:00 This Day in History with Cindy 10:15 Cooking: Microwave Caramels with Cindy 11:15 Lotion Hand Massages & Relaxing Music with Cindy 1:45 Caramel Wrapping with Cindy 2:15 Wheel of Fortune with Cindy 3:00 Game: Dominos with Cindy 4:00 Rocking Chair Tales with Cindy 4:30 Charlie Brown Day with Cindy 6:30 A Clarinet Christmas with Lynn & Randy - The Belated Show - Chapel with Taylor</p>	<p>9:30 Music & Movement with Cindy 7 10:00 Donut Treats with Cindy 10:15 Funny Stories with Cindy 11:00 Cookbook Day with Cindy 11:30 National Bobble Head Day with Cindy 1:45 Dice Game with Alissa 2:30 Happy Hour Snacks from Unidine with Alissa 3:00 Stories for the Heart Readings Alissa 3:30 Flute Music with Alissa 4:00 National Geographic Documentary: Wild Nordic (Disney+) 5:45 What Am I Game with Taylor</p>	<p>9:30 Saturday Morning Exercises with RA's (YouTube) 8 10:00 I Love Lucy with RA's (Hulu) 11:00 Elvis Day with Cindy 11:30 English Toffee Day with Cindy 2:30 Afternoon Movie with RA's: The Upside (Hulu) 4:30 Catholic Mass with Father Marcel - Chapel 5:45 Music & Memory Night with RA's: The Quiet One (Hulu)</p>
<p>9:30 Sunday Morning Exercises with RA's (YouTube) 9 10:00 Lutheran Church Video with RA's (YouTube) 11:00 Dear Abby Day with Cindy 11:30 Soups on Day with Cindy 2:30 Afternoon Movie with RA's: Joan Didion: The Center Will Not Hold (Netflix) 5:45 Unwind Night with RA's: Guided Meditation for Seniors (YouTube)</p>	<p>9:30 Move & Groove with Taylor 10 10:00 Monday Morning Manicures with Taylor 11:15 Celebrate: Ray Bolger with Taylor 11:30 Prayer Group with Deacon Michael 1:45 Monday Afternoon Movie: Cheaper by the Dozen 2 (Disney+) 1:45 Live Music with The Jammers with Alissa - Chapel 3:30 Book Club with Taylor 4:00 Trivia Time with Taylor 5:45 Weird Food Day with Cindy</p>	<p>9:30 Live 2B Healthy Exercise Class with Sarah 11 10:00 Who Is: The Yeti with Taylor 10:30 How to Make Fake Snow with Taylor 11:30 Thinking Tuesday: Imponderables with Taylor 1:45 Afternoon Movie: The Boy Who Harnessed the Wind (Netflix) 2:00 Church Service with Pastor Antonio Machado - Chapel with Alissa 3:15 No-Bake Oatmeal Bites with Alissa 4:00 Eat Your Oats Day with Alissa 5:45 Gameshow Night with RA's: Name That Tune (Hulu)</p>	<p>9:30 TULIP Exercises (Parkinson's Based) with Cindy 12 10:00 Music Therapy with McKenna 10:30 More About the Number 12 with Cindy 11:00 Soup du Jour Day with Cindy 11:30 Daily Chronicles with Cindy 1:45 Bingo with Taylor 2:45 Poetry Discussion & Reading with Taylor 3:15 Cardinal Craft with Taylor 4:15 Indoor Garden Club with Taylor 5:45 Flute Music with Taylor</p>	<p>Winter Wonderland Day 13 9:30 Seated Yoga Stretches with Cindy 10:00 Play with Snow with Cindy 10:45 This Day in History with Cindy 11:15 Wintertime Memories with Cindy 1:45 Hot Chocolate & Oranges with Cindy 2:15 Cooking: Puppy Chow with Cindy 3:30 Making Igloos with Cindy 4:00 Winter Story with Cindy 4:30 Rubber Duckie Day with Cindy 5:45 Evening Stories with Taylor</p>	<p>9:30 Music & Movement with Cindy 14 10:00 Donut Treats with Cindy 10:15 International Kite Day with Cindy 11:00 Travel to Rome Day with Cindy 11:30 Sticker Day with Cindy 1:45 Card Games with Alissa 2:30 Happy Hour Snacks from Unidine with Alissa 3:00 Small Miracle Stories Reading with Alissa 3:30 Flute Music with Alissa 4:00 National Geographic Documentary: Life Below Zero (Disney+) 5:45 Brain Quest Game with Taylor</p>	<p>9:30 Saturday Morning Exercises with RA's (YouTube) 15 10:00 Taxi with RA's (Hulu) 11:00 Good News with Taylor 11:30 All About the Pentagon with Taylor 2:30 Afternoon Movie with RA's: Dream Horse (Hulu) 4:30 Catholic Mass with Father Bakatu - Chapel 5:45 Music & Memory Night with RA's: Judy (Hulu)</p>
<p>9:30 Sunday Morning Exercises with RA's (YouTube) 16 10:00 St. Olaf Catholic Mass with RA's (YouTube) 11:00 Canine Chester Visits with Taylor 11:30 Superman Comic Day with Taylor 2:30 Afternoon Movie with RA's: Smallville (Hulu) 5:45 Unwind Night with RA's: Chair Yoga for Seniors (YouTube)</p>	<p>9:30 Move & Groove with Taylor 17 10:00 Monday Morning Manicures with Taylor 11:15 Celebrate: Martin Luther King Jr. with Taylor 11:30 Prayer Group with Deacon Michael 1:15 Monday Afternoon Movie: The Apple Dumpling Gang (Disney+) 1:30 Musical Performance: The LeagueAires - Chapel with Alissa 3:30 Book Club with Taylor 4:00 Trivia Time with Taylor 5:45 Craft: Snowflake Day with Cindy Martin Luther King Jr. Day</p>	<p>9:30 Live 2B Healthy Exercise Class with Sarah 18 10:00 Spiral Paper Craft with Taylor 10:45 Musical Performance by Colleen Wold - Hiebeler 11:30 Thinking Tuesday: Imponderables with Taylor 1:45 Afternoon Movie: Titanic (Netflix) 2:00 Church Service with Pastor Dan Schultz from Zion Lutheran Church - Chapel with Cindy 3:30 Music & Memories: Bing Crosby with Cindy 4:00 Hawaiian Day with Cindy 5:45 Gameshow Night with RA's: Celebrity Wheel of Fortune (Hulu)</p>	<p>9:30 TULIP Exercises (Parkinson's Based) with Cindy 19 10:00 Music Therapy with McKenna 10:30 Happy Birthday Dolly Parton with Cindy 11:00 Poe Day with Cindy 11:30 Daily Chronicles with Cindy 1:45 Bingo with Taylor 2:45 Poetry Discussion & Reading with Taylor 3:45 String Owl Craft with Taylor 4:30 Remembering: The Founding of Antarctica with Taylor 5:45 Flute Music with Taylor</p>	<p>9:30 Seated Yoga Stretches with Cindy 20 10:00 This Day in History with Cindy 10:30 Penguin Awareness Day with Cindy 11:15 Roller Coaster Day with Cindy 1:45 This or That with Cindy 2:15 Car 54, Where Are You (YouTube) 2:30 Celebrating January Birthdays with Musical Entertainment by Tim Patrick - Chapel with Cindy 3:15 Cooking: Banana Bread with Cindy 5:45 Evening Stories with Taylor</p>	<p>9:30 Music & Movement with Cindy 21 10:00 Donut Treats with Cindy 10:15 Daily Chronicles with Cindy 10:30 Piano Music with James Shaw 11:30 Squirrel Appreciation Day with Cindy 1:45 Dice Game with Alissa 2:30 Happy Hour Snacks from Unidine with Alissa 3:00 Rocking Chair Tales with Alissa 3:30 Flute Music with Alissa 4:00 National Geographic Documentary: The Wizard of Paws (Disney+) 5:45 Fact or Crap Game with Taylor</p>	<p>9:30 Saturday Morning Exercises with RA's (YouTube) 22 10:00 Cheers with RA's (Hulu) 11:00 Hobby Day with Cindy 11:30 No Need to Knead Day with Cindy 2:30 Afternoon Movie with RA's: Gulliver's Travels (Hulu) 4:30 Catholic Mass with Father Marcel - Chapel 5:45 Music & Memory Night with RA's: Parchis: The Documentary (Disney+)</p>
<p>9:30 Sunday Morning Exercises with RA's (YouTube) 23 10:00 Lutheran Church Video with RA's (YouTube) 11:00 Pie Day with Cindy 11:30 Wine Day with Cindy 2:30 Afternoon Movie with RA's: Somm: Into the Bottle (Hulu) 5:45 Unwind Night with RA's: Guided Meditation for Seniors (YouTube)</p>	<p>9:30 Move & Groove with Taylor 24 10:00 Monday Morning Manicures with Taylor 11:15 Celebrate: Edith Wharton with Taylor 11:30 Prayer Group with Deacon Michael 1:45 Monday Afternoon Movie: The Apple Dumpling Gang: Rocks Again (Disney+) 1:45 Live Music with The Jammers with Alissa - Chapel 3:30 Book Club with Taylor 4:00 Trivia Time with Taylor 5:45 Hooray! Its Peanut Butter Day with Cindy</p>	<p>9:30 Live 2B Healthy Exercise Class with Sarah 25 10:00 History with RA's: History 101 (Netflix) 10:30 Paper Icicles with Taylor 11:15 Thinking Tuesday: Imponderables with Taylor 1:45 Afternoon Movie: 101 Dalmatians (Disney+) 2:00 Church Service with Pastor Antonio Machado - Chapel with Deacon Michael 3:15 Poem Reading with RA's: 50 Classic Poems (YouTube) 4:00 Opposite Day with Taylor 5:45 Gameshow Night with RA's: To Tell the Truth (Hulu)</p>	<p>9:30 TULIP Exercises (Parkinson's Based) with Cindy 26 10:00 Music Therapy with McKenna 10:30 Australia Day with Cindy 11:00 Peanut Brittle Day with Cindy 11:30 Daily Chronicles with Cindy 1:45 Bingo with Taylor 2:45 Poetry Discussion & Reading with Taylor 3:15 Origami Penguin with Taylor 4:00 Indoor Garden Club with Taylor 5:45 Music with RA's: Flute Classical Music (Youtube) Australia Day (observed)</p>	<p>9:30 Seated Yoga Stretches with Cindy 27 10:00 This Day in History with Cindy 10:30 A Funny Thing Happened with Cindy 11:00 The History of National Geographic with Cindy 1:45 Cooking: Chocolate Cake with Cindy 2:45 Mozart's Birthday with Cindy 3:30 Famous Sock Puppets with Cindy 4:00 Reminiscing with Cindy 5:45 Evening Stories with Taylor</p>	<p>9:30 Music & Movement with Cindy 28 10:00 Donut Treats with Cindy 10:15 Happy 86 Alan Alda with Cindy 11:00 Birdbath Day with Cindy 1:45 Card Games with Alissa 2:30 Happy Hour Snacks from Unidine with Alissa 3:00 Chicken Soup for the Soul Stories with Alissa 3:30 Flute Music with Alissa 4:00 National Geographic Documentary: Drain the Oceans (Disney+) 5:45 Table Talk Game with Taylor</p>	<p>9:30 Saturday Morning Exercises with RA's (YouTube) 29 10:00 Mary Tyler Moore with RA's (Hulu) 11:00 Good News with Taylor 11:30 All About Edgar Allen Poe with Taylor 2:30 Afternoon Movie with RA's: Treasure Planet (Disney+) 4:30 Catholic Mass with Father Bakatu - Chapel 5:45 Music & Memory Night with RA's: Audrey (Disney+)</p>

Activity Professionals Week

<p>9:30 Sunday Morning Exercises with RA's (YouTube) 30 10:00 St. Olaf Catholic Mass with RA's (YouTube) 11:00 Canine Chester Visits with Taylor 11:30 The Lone Ranger Story with Taylor 2:30 Afternoon Movie with RA's: Dances with Wolves (Netflix) 5:45 Unwind Night with RA's: Chair Yoga for Seniors (YouTube)</p>	<p>9:30 Move & Groove with Taylor 31 10:00 Monday Morning Manicures with Taylor 11:15 Celebrate: Zane Grey with Taylor 11:30 Prayer Group with Deacon Michael 1:45 Monday Afternoon Movie: Annie (Disney+) 1:45 Live Music with The Jammers with Alissa - Chapel 3:30 Book Club with Taylor 4:00 Trivia Time with Taylor 5:45 Virtual Art Gallery Tours with Cindy</p>
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*** NOTE: All activities are subject to change. Please refer to the Daily Sheet (posted in black frame on wall in TV lounge) for the most updated schedule ***