

May 2021

The Glenn Gazette

The Glenn Buffalo Assisted Living-201 1st Street NE, Buffalo, MN 55313 (763)682-5489
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Celebrating May

Creative Beginnings Month

Physical Fitness & Sports Month

Lemonade Day
May 2

Cinco de Mayo
May 5

**Ladies'/Mother's Day Social
Singing with Joy**
May 7

Mother's Day (U.S.)
May 9

Piano with Craig
May 12

Concertina with Mike
May 14

Music with Mark
May 21

Victoria Day (Canada)
May 24

Memorial Day (U.S.)
May 31

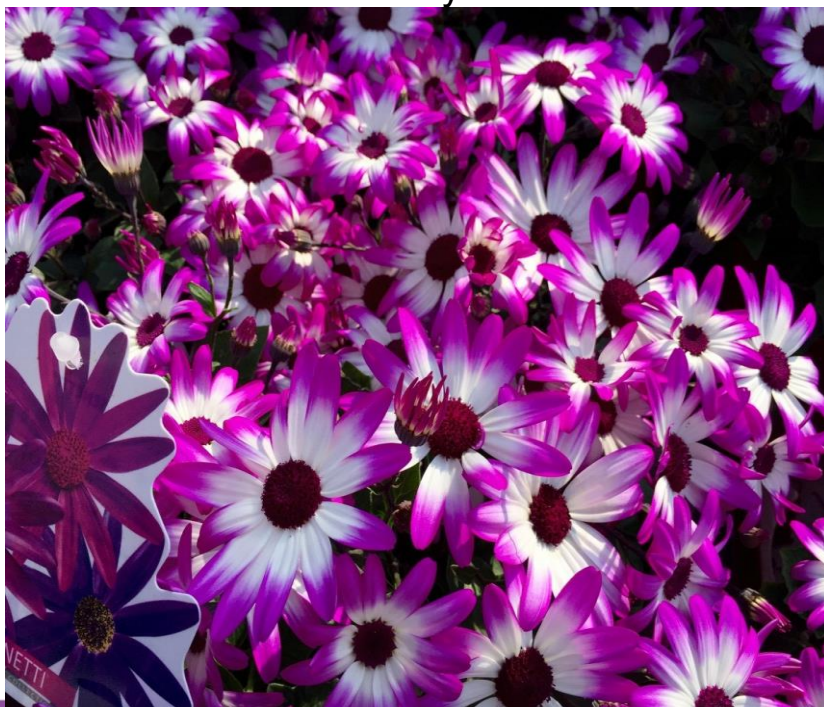
Update from The Glenn

Hello to all! With the warmer weather coming up, we have pulled out the patio furniture.

With warmer weather approaching, we welcome family and friends to visit their loved ones. We at The Glenn are thrilled we can provide a secure, safe, and loving environment for our residents and families.

With a 98% rate of residents vaccinated we are allowing visitors inside the building you do still need to be screened in, wear a mask, and meet in the resident's room.

In honor of all the beautiful mothers who were/are in our lives, we invite all the ladies that live here at The Glenn for Ladies'/Mother's Day on May 7th at 10:00 am in the activity's room.



Birthstone – Emerald



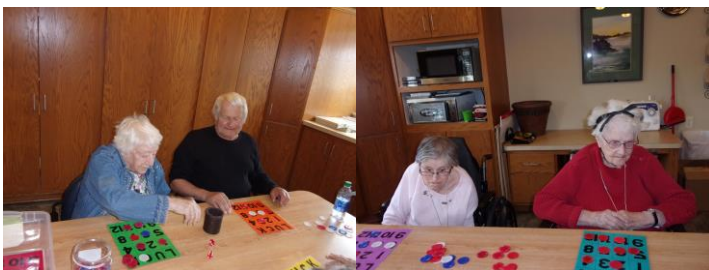
The verdant emerald is the birthstone for May and the anniversary gemstone for the 20th anniversary of marriage. The ancient Romans associated this brilliant green stone with fertility and rebirth. They dedicated the gem to Venus, the goddess of love and beauty. Even today, some believe wearing an emerald brings wisdom, growth, and patience—qualities essential to fulfilling and lasting love. Emeralds are found in the Middle East and South America and get their green hue from small amounts of the chemicals chromium and/or vanadium.



Residents enjoying bean bags!



More Games!!



Lady Luck here we come!

Residents Birthdays:

Robert E. 5/15

Carol B. 5/19

Kim B. 5/19

Richard F. 5/22

Viola J. 5/24

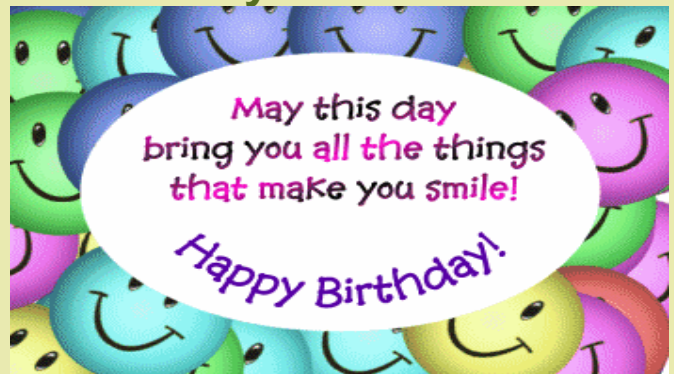
Janice B. 5/27

Deloris H. 5/31

Roger S. 5/31

Staff Birthdays:

Baylie G. 5/21



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Like us on Facebook so you can be updated on what is going on at The Glenn Buffalo and get pictures.

Blasting Off in May

Each May, just before the onset of the rainy season, villages across Thailand celebrate the Bun Bang Fai Rocket Festival, a ceremonial festival that has roots in millennia-old rites.

Anthropologists believe that long before the introduction of gunpowder in the ninth century, it was common for villages to welcome the arrival of the rainy season with rites and rituals. Legend tells of how the god of rain, Phaya Thaen, grew upset and withheld rain for seven years. The Toad King, a mythological spirit, went to war against Phaya Thaen, and the rains returned only with his victory. In the town of Nai Mueang, a gargantuan five-story toad statue overlooks the Chi River. It is not just a statue but inside is a museum dedicated to Thai folklore, and its open mouth acts as a viewing platform so that visitors can watch the many rockets that the festival is named for.



The festival's rockets are absolutely massive, with some measuring up to 30 feet long and weighing over 200 pounds. Traditional rockets are made from hollow stalks of bamboo filled with black powder, but PVC piping

is also common. The rockets are ornately decorated and paraded through the streets on large floats while local musicians play folk music and lead dances in traditional costumes. Some men even cover their bodies in white powder and wear frog masks to honor the Toad King.

At last, the moment arrives to launch the rockets into the heavens, an annual reminder to Phaya Thaen to bless the earth with nourishing rain. The higher the rockets fly, the more auspicious the weather will be for the coming farming season. Betting often accompanies the launches, with locals placing wagers on which rockets they think will reach the highest heights. Losers (and sometimes innocent bystanders) are thrown into giant puddles of mud. There are often so many rockets that the launches last all day, leaving ears ringing from the massive booms, a visceral reminder of the age-old ritual.

The Old Ball Game

On May 2, 1908, songwriters Albert von Tilzer and Jack Norworth submitted their song "Take Me Out to the Ball Game" to the United States copyright office, unaware it would come to be called America's second national anthem. Even though the song's chorus is sung by millions, few know the rest of the lyrics or their feminist inspiration: the celebrity vaudeville star and outspoken suffragette Trixie Friganza.

Norworth was dating Friganza when he wrote the lyrics. While riding the New York City subway, he saw a sign that read "Baseball Today—Polo Grounds." Inspiration so overwhelmed Norworth that he scribbled the lyrics on the back of an envelope that is now on display at the Baseball Hall of Fame in Cooperstown, New York. The star of Norworth's tune is a woman named Katie Casey, a baseball superfan who "Saw all the games / Knew all the players by their first names." She even "Told the umpire he was wrong, / All along, / Good and strong." This outspoken female fan in the song was undoubtedly modeled after his progressive girlfriend, the indomitable Trixie Friganza.

Honoring Mother Ocean



Good sons and daughters will remember that May 9 is Mother's Day, a day to shower mom with love and appreciation. But will we also remember that May 10 is

Mother Ocean Day? Just as our mothers gave us life and nurtured us, so too do our oceans sustain life on planet Earth. Oceans produce half of all the world's oxygen and absorb massive amounts of carbon dioxide. Covering 70% of Earth's surface, our oceans are also responsible for regulating climate and weather patterns. Preserving the health of our oceans is our first line of defense against a rapidly warming planet. On this day, perhaps you can visit the beach for a local cleanup or watch a documentary about undersea life.

Not the End of the World



In May of 1910, much of the world was in a panic. Halley's Comet—the celestial nomad that passes Earth every 76 years or so—was right on schedule to make its appearance. But its 1910 pass was forecasted to be especially close, so close that Earth would pass right through the comet's tail. Comets have long been considered harbingers of the end of the world, and 1910 was no different despite advancements in scientific thought and reason.

Much of the blame for the doomsday predictions has fallen on the French astronomer Camille Flammarion. When he spotted the comet in September of 1909, he published his observations thus: "The comet's tail is composed of deadly cyanogen and other gases, including hydrogen. If the earth should pass through his tail, either the hydrogen will ignite, blasting earth asunder in a gigantic explosion, or the comet gases will sweep aside our own atmosphere, reacting with the nitrogen to form the familiar laughing gas, nitrous oxide, and suffocating all animal life in a ghastly parody of death."

Flammarion was not alone in his dire predictions. Another astronomer worried that the comet "would cause the Pacific to change basins with the Atlantic, and the primeval forests of North and South America to be swept by the briny avalanche over the sandy plains of the Sahara, tumbling over and over with houses, ships, sharks, whales, and all sorts of living things in one heterogenous mass of chaotic confusion."

Of course, when Halley's Comet did make its closest approach to Earth between May 14 and 22, none of these fantastic catastrophes manifested. Instead, telescope sales skyrocketed, and Earthlings enjoyed spectacular views of the famous comet. One misfortune that did occur was the uncanny death of Mark Twain. Born under the appearance of Halley's Comet in 1835, he predicted his own death with the reappearance of the comet in 1910. Sadly, on April 21 of that year, his morbid prognostication came true.

May Birthdays

In astrology, those born from May 1–20 are Bulls of Taurus. While Taureans enjoy the comforts of luxury, they are unafraid of hard work and dedicate themselves to the tasks at hand. Their steadfast nature makes them reliable. Those born from May 21–31 are Twins of Gemini. With a feeling that something or someone is always missing, Twins forever seek new friends and opportunities. They are curious, intelligent, and sociable communicators, which makes them valuable colleagues and empathetic friends.

Bing Crosby (singer) – May 3, 1903
 Nellie Bly (journalist) – May 5, 1864
 Toni Tennille (musician) – May 8, 1940
 Salvador Dalí (artist) – May 11, 1904
 Stevie Wonder (musician) – May 13, 1950
 Henry Fonda (actor) – May 16, 1905
 Mr. T (actor) – May 21, 1952
 Naomi Campbell (model) – May 22, 1970
 Sally Ride (astronaut) – May 26, 1951
 Bob Hope (entertainer) – May 29, 1903

A Revelation in Publishing



On May 8, 1373, the great pain that had long afflicted the hermit Julian of Norwich, an affliction so great she believed she would die from it, suddenly left her. Over the next several hours, Julian had a series of visions that she believed were revealed to her by God. Once she recovered, Julian recorded her visions in a book entitled *Sixteen Revelations of God's Love*, the first-ever book authored by a woman in the history of the English language. While this feat in itself is noteworthy, so are the visions she included in her book. While many of her revelations conformed to Christian doctrine, others shocked the establishment, such as her reference to Christ as "our true mother." In her book, she also famously stated how God ensures that "All shall be well, and all shall be well, and all manner of things shall be well."