



FOR IMMEDIATE RELEASE:
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CHRISTOPHER ADHANJA NAMED DISTRICT CAREGIVER OF THE YEAR

Saint Paul – (February 6, 2020) – Christopher Adhanja, LPN, Memory Care Nurse Manager at The Glenn Minnetonka, was recently honored by LeadingAge Minnesota with the District G Caregiver of the Year Award.

The District Caregiver of the Year Award honors individuals in older adult services who demonstrate exceptional commitment to older adults and enhance and enrich the quality of life of those in their care. Christopher was one of seven caregivers selected for the regional award out of a field of 60,000 professional caregivers throughout the state.

Beyond his dedication to nursing at The Glenn Minnetonka, it is wonderful to witness the extraordinary commitment to the residents he serves. The greatest testament to Christopher's attention to detail, commendable clinical skills, and utmost dedication to his level of care is his overall ability to recognize physical, cognitive, health, and social changes not only to support the resident's immediate needs, but to work as a team with care providers and family to promote quality of life and reinforce resident dignity.

Christopher accepted the award at the LeadingAge Minnesota Institute, the state's largest and most comprehensive aging services conference. Nearly 4,000 professionals in all aspects of older adult services attend the annual three-day event to learn about new and innovative programs, share best practices and network with their peers.

One of The Glenn Minnetonka's rounding physicians recently said this of Christopher:

"Christopher speaks gently to the patients and encourages them to trust him. When we need information about patients we care for, Christopher is always ready to help us and it is clear that he knows his patients well. Christopher is a joy to work with and we greatly appreciate his knowledge, kindness, and compassion."

Photo Caption:

Christopher Adhanja received the District Caregiver of the Year award at the LeadingAge Minnesota Institute & Expo, the state's largest and most comprehensive aging services conference attended by more than 4,000 older adult services professionals. Pictured (l to r): Sara Sterling, Chair, LeadingAge Minnesota Awards & Recognition Committee, Gayle Kvenvold, President and CEO, LeadingAge Minnesota; Christopher Adhanja; and Nancy Stratman, Chair, LeadingAge Minnesota Board of Directors.

About LeadingAge Minnesota

Driven to transform and enhance the experience of aging, LeadingAge Minnesota works alongside its members, caregivers, advocates and consumers to collectively shape the future of aging services and ensure older adults in every community live with dignity, meaning and purpose. Together with more than 60,000 caregivers, LeadingAge Minnesota members provide quality services and supports to nearly 70,000 older adults every day in independent senior housing, assisted living, adult day, home care and skilled nursing settings.