



*Wellness
Certified*

*Proud to be a
Live 2 B Healthy®
Certified
Community!*

*Ask us what Wellness Certification
means for the health and well-being of
our residents...*

Better yet, ask our residents:

“In only one month of participating in the Live 2 B Healthy® exercise program, I can now do things I have not been able to do in years. I can bend my leg, touch my toes, go up the stairs. I can't believe the progress I have made and am so very thankful for the Live 2 B Healthy® program.”

~ Senior Program Participant



*“Taking Your Body
Where Your Mind Wants to Go.”*

Learn More!

www.Live2BHealthy.com